

## THE KARMA LUNCH BOXED

### STEP 1: CHOOSE YOUR NOURISHMENT

#### GET OUR CLASSIC NAAN BREAD BOWLED/ WRAPPED/ GRILLED

- VIETNAMESE BANH MI
- CRUNCH IT OUT VEGGIE
- CLASSIC TANDOORI PANEER
- TWIST ON TUSCANY
- VERY YOGINI (VEGAN)

### STEP 2: CHOOSE YOUR SIDE

- SOUP / SALAD (DEPENDING ON AVAILABILITY)
- VEGGIE/ FETA & SPINACH SAMBUSA

### STEP 3: DESSERT OF THE DAY

AND WE WILL BOX IT ALL UP FOR YOU!

#### SOUPS: (4.49 EACH)

- MOROCCAN CHICKPEA SOUP
- LEMON CILANTRO SWEETCORN SOUP
- MAC & MINESTRONE SOUP
- LENTIL & SPINACH SOUP
- TOM KHA COCONUT THAI CURRY SOUP WITH WILD RICE
- ZESTY POTATO & CHEESE
- CREAMY ROASTED MUSHROOM & BRIE CHEESE SOUP

#### SALADS: (5.25 EACH)

- SALADS ON A STICK- PASTA SALAD, ITALIAN CAPRESE SALAD & GREEK SALAD
- THE CLASSIC WALDROF SALAD
- CHATPATA THREE CHICKPEA SALAD
- GREEK SALAD
- LEBANESE FATTOUSH SALAD WITH CRISP SEASONED PITA
- QUINOA SUMMER ROLLS W/ THAI PEANUT SAUCE
- HERBED FALAFEL & TZATZIKI BOWL

#### MAIN MEALS: (8.99 EACH)

- MAC & CHEESE
- VEGGIE LASAGNE / SPINACH & RICOTTA LASAGNE
- MEXICAN RICE CASSEROLE
- VEG AU GRATIN / PROVOLONE & MUSHROOM GRATIN



### DESSERTS: (4.49 PER PERSON)

- SPECIALITY DESSERT SHOOTERS
- CUPCAKES TRAY \$30 PER DOZEN
- FRENCH MACAROONS \$21 PER DOZEN
- CLASSICS: THE VICTORIAN SPONGE CAKE,  
MOCHA POUND CRUMBLE,  
CARROT CAKE WITH CREAM CHEESE FILLING

### TRAYS: (4.29 PER PERSON)

CHOOSE FROM ARTISAN BREADS, FRESH FRUIT, COOKIES, DAINTIES,  
BREAKFAST OR LUNCH AND WE'LL CREATE A PERFECT TRAY FOR YOUR FUNCTION.

### DRINKS: (3.99 PER PERSON)

- OUR SPECIALTY: KESARIYA INDIAN CHAI TEA
- FRESHLY BREWED IN-HOUSE COFFEE
- COLD BREW
- ICED TEA
- CHOICE OF SODA
- BOTTLED WATER

\*\* A PRIOR NOTICE OF 24HRS IS REQUIRED FOR ALL ORDERS.



ADDRESS: 157 2ND AVE N, SASKATOON

PHONE: (306)251-1130

DELIVERY CHARGE: \$10 (WITHIN SASKATOON)

*The*  
**Karma**  
CONSCIOUS CAFE & EATERY