



2018 CLASS SCHEDULE

Please note: there is a maximum of six clients per mat class. Mat class packs are valid for 40 days. Classes are by appointment only. Booking is by email or phone. 24 hours cancellation policy applies to all appointments. Classes are paid by either cash or bank transfer prior to the class commencing. For bookings or queries please email info@pilatesforapurpose.com.au, or call 0413 340 030. All classes run for 1 hour unless specified.

TIME	MON	TUE	WED	THU	FRI	SAT
7:00AM						Semi / Private
8:00AM						Barre Class
9:00AM				Semi / Private		
9:15AM	Initial Assessments		P4P Mums (Bree)			
4:30PM		Semi / Private				
5:15PM				Semi / Private		
5:30PM		Semi / Private				
6:15PM	Mat Class (Bree)			45min Express Mat Class		
6:30PM		Mat Class				
7:00PM				NEW Group Class Starting 2018		
7:15PM	Semi / Private					