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UTAH’S POLICY AND ADVOCACY TRANSLATING INTO PROGRAMS

Maternal Mental Health Innovations
Gwen Latendresse, PHD CNM FACNM
Brook Dorff, MA CHES
THE MANY PLAYERS

- PSI Utah
- Utah Department of Health
- Advocacy Groups
- Utah Women and Newborns Quality Collaborative
- University of Utah
- Intermountain Healthcare + other hospital systems
## MMH Timeline in Utah

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>NOV 2017</td>
<td>UMMHC became PSI Utah</td>
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<tr>
<td>MAR 2018</td>
<td>S.C.R. 11</td>
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<td>MAY 2018</td>
<td>Governor Designation</td>
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<td>JUNE 2019</td>
<td>Designated MMH Person</td>
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<td>MARCH 2019</td>
<td>Appropriations Request</td>
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<td>FEB 2019</td>
<td>Governor Designation</td>
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<td>MID 2019</td>
<td>Building Block Request</td>
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<td>NOV 2017</td>
<td>WHITE PAPER</td>
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<td>MAR 2018</td>
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TELEHEALTH: INCREASING ACCESS TO MENTAL HEALTH SERVICES FOR RURAL CHILDBEARING WOMEN

METHODS AND PROCESS

• Three rural public health district collaborators
• Implemented universal electronic screening for PD
• Screening: electronic tablet at the public health clinic with data collection via REDCap
• On-the-spot interpretation of scores; education and resources
• Screen positive: invited to videoconference group facilitated by a mental health professional
• Individual one-on-one mental health services available as needed
• Women attend from location they chose
• All urgent mental health issues addressed locally
• Utah Telehealth Network – videoconference platform
Screen Positive vs. Screen Negative

- Screen Negative: 69%
- Screen Positive: 31%

Screen Positive: Interest in Contact

- Interest in Contact: 47%
- Decline Contact: 53%

Screening Results

- Screen Positive: 31%
- High Risk: 49%
- Low Risk: 20%
Q&A

Learn More at

https://www.2020mom.org/innovation-awards