Moderated By:
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California Maternal Mental Health Policy

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Maternal Mental Health NOW (formerly the Los Angeles County Perinatal Mental Health Task Force), is a non-profit organization that works to remove barriers to the prevention, screening, and treatment of prenatal and postpartum depression in Los Angeles County.
ACR 148 established a task force on the status of maternal mental health care.

Task Force published California’s Strategic Plan: A catalyst for shifting statewide systems to improve care across California and beyond.

A rally on the Capitol’s steps secured authors for all 3 bills.

CA’s first maternal mental health bill package was signed into law.

Survivors, family members & professionals provided testimony.


- AB 1893: Maternal Mental Health Federal Funding
- AB 2193: Maternal Mental Health Screening
- AB 3032: Maternal Mental Health Conditions Education, Early Diagnosis, and Treatment Act
CA’s Maternal Mental Health Legislation

AB 1893: Maternal Mental Health Federal Funding

• Requires the state Department of Public Health to investigate and apply for federal funding opportunities including but not limited to the funding made available by the 21st Century Cures Act;
• Requires the Department to notify the legislature of its efforts by January 1, 2020;
• Effective July 20, 2018
CA’s Maternal Mental Health Legislation

AB 2193: Maternal Mental Health Screening

- Requires OB/GYNs, nurse practitioners, physician assistants, nurse midwives, naturopathic doctors, and licensed midwives to screen for perinatal mood disorders; and
- Orders health insurers to develop maternal mental health programs that promote quality and cost-effectiveness
- Effective July 1, 2019
CA’s Maternal Mental Health Legislation

AB 3032: Maternal Mental Health Conditions Education, Early Diagnosis, and Treatment Act

- Requires all birthing hospitals in California to provide education and information to postpartum people and their families about maternal mental health conditions, post-hospital treatment options, and community resources;
- All regular staff in labor and delivery departments (e.g. registered nurses and social workers) must receive education and information about maternal mental health disorders; and
- Hospitals must develop an additional service (to be determined by the hospital) to ensure optimal care
- Effective January 1, 2020
Q&A
THANK YOU!

Upcoming Webinars:

• Monday Dec 2 – VCU’s Virginia MOMS Program (Programs in Care)
• Tuesday Dec 10 – Better Postpartum, Social Media Campaign (Community Solutions)
• Tuesday Dec 17 - Appalachian Perinatal Mental Health Alliance (Community Solutions)

For more Information and to register:
https://www.2020mom.org/innovation-awards