Timeline

**Three years prior**
- Psychiatric fellows in one high risk clinic per week for one year each

**Then loss of psychiatric fellows**

**One year prior**
- Meeting of current psychiatric attending (former fellow)—MFM—Clinical Social Worker
- Multiple meetings with Stakeholders
  - OB chief—Psych chief—Clinic chief—Budget chief
- Trial Run of one year than Reassessment

Addition of Post Partum Support Groups
Referred from OB clinics for specialized psychiatric care

Presence of Social Worker, Maternal Fetal Specialist and Psychiatrist

Old Referral Pattern: took 6-7 months to establish care with psychiatry

Current Pattern: immediate assessment and can be seen by psychiatry immediately if necessary

Presence of Trained Staff to foresee issues and preemptively plan for post partum care

Getting Better Together: Post Partum Support Group
How Virginia MOMS is making a difference
Making A Difference

120 patients triaged by Social Worker

100 patients referred for detailed psychiatric intervention

41 patients seen in our post partum support group
How we are making a difference

• Collaboration: Postpartum Support Virginia, PSI, others

• Timely referrals to psychiatrists, therapists, community support groups

• Richmond Coalition for Maternal Mental Health
Special thanks

- VCU Health Departments of Obstetrics and Gynecology and Psychiatry
- Dr. David Chelmow, Professor and Chair of Obstetrics and Gynecology
- Dr. James Levenson. Professor and Chair Psychosomatic Medicine
- The Coalition for Maternal Mental Health
- Adrienne Griffen, Postpartum Support Advocate
- Staff of VCU OB/GYN and Psychiatry
Questions and Answers
THANK YOU!

Upcoming Webinars:

• Tuesday Dec 17- Appalachian Perinatal Mental Health Alliance (Community Solutions)
• Monday Jan 13– Better Postpartum, Social Media Campaign (Community Solutions)

For more Information and to register: https://www.2020mom.org/innovation-awards