AB 3032: Hospital Maternal Mental Health

This becomes effective 1/1/2020 and requires hospitals to:

• Train clinicians that interact with pregnant and postpartum women on the range of maternal mental health disorders and signs and symptoms.

• Inform pregnant and postpartum women about the range of maternal mental health disorders, signs and symptoms and how to seek help if they may be suffering.

Training Resources

Postpartum Support International (PSI) – 2020 Mom Web-based Training

MMH 101
Frequency
2 hour training offered once a quarter to the public.
No charge, no CEUS, cert of attendance available starting for Q3

Postpartum.net

Email:
Training@postpartum.net

Postpartum Support International (PSI)

Customizable in person hospital trainings are available.

Postpartum.net

Email:
Training@postpartum.net

Maternal Mental Health Now

Self-paced web-based training:
“Bringing Light to Motherhood”
12 hours. 12 CMEs, 8 CEUs available $495
Segments 01, 02, 03 meet legislative requirements. $70.75 each
No CEUs
Offered in SCORM format for upload to institution training systems

MaternalMentalHealthNow.org

Customizable in person hospital trainings are available.

Email:
Training@maternalmentalhealthnow.org
## California Hospital Maternal Mental Health Legislation Resources

### Patient Education Materials

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<th>Materials</th>
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| **2020 Mom** | Rack cards  
2020Mom.org/materials  
Customizable with hospital or local treatment options |
| **Postpartum Support International (PSI)** | Video for patient viewing  
DVD  
Note: information about local treatment options would also need to be provided |
| **Maternal Mental Health Now** | Speak Up campaign posters and brochures  
maternalmentalhealthnow.org/campaigns/materials |
| **Cherished Mom** | Videos for Patient Viewing  
cherishedmom.org/educational-videos/ |

### Misc. Hospital Support

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| **Perinatal Psychiatry Consultation Service** | For provider support with diagnosis, treatment planning and medication management of pregnant and postpartum women with depression and anxiety.  
Free service for all providers in California provided by Common Spirit Health.  
Phone: 1.833.205.7141  
Perinatal Psychiatrist: Miriam Schultz, MD  
Hours: Mondays to Fridays, 1PM – 5PM (PST)  
Calls will be answered immediately or returned within 30 minutes. |
| **CA Hospital Quality Institute Learning Network** | Complementary Resources Available by April 1, 2020:  
- An online course on maternal mental health for perinatal staff and providers  
- A quick reference guide with tools and resources for perinatal staff and providers |