Up to 1 in 5 of those who are pregnant and in the postpartum period will suffer from a maternal mental health disorder like postpartum depression.

Less Than 15% receive treatment.

1 in 7 will experience depression during pregnancy.

Up to 50% living in poverty will suffer from a maternal mental health disorder.

Anxiety and depression have risen 37% in teen girls. This will increase the number suffering postpartum depression in the future.

Not Just Moms
Maternal mental health disorders impact the whole family.

More Than 600,000 will suffer from a maternal mental health disorder in the U.S. every year.

Anxiety and depression rates are more than doubled in the Black Population due to cumulative effects of stress called “weathering.”

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