Up to 1 in 5 of those who are pregnant and in the postpartum period will suffer from a maternal mental health disorder like postpartum depression.

Less than 15% receive treatment.

1 in 4 will experience depression during pregnancy.

Up to 56% of those living in poverty experience postpartum depression.

Not Just Moms
Maternal mental health disorders impact the whole family.

More Than 600,000 will suffer from a maternal mental health disorder in the U.S. every year.

Almost HALF of adolescent girls struggle with their mental health. This will increase the number suffering postpartum depression in the future.

Rates of Depression are more than doubled in the Black Population due to cumulative effects of stress called “weathering.”

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