Meet your neighbors at Chapel Medical Group

Chapel Medical Group began in New Haven around 1940, and arrived at its present location at 1308 Chapel Street in approximately 1956. The group currently consists of 3 Board Certified internists who have additional interests beyond traditional primary care. Sunil Menon, M.D. has special interests in complementary/alternative medicine as well as weight management. Patrick Asiedu, M.D. holds a Ph.D. in pharmacology, and has special interests in travel medicine/international health as well as diabetes. Wayne Warren, M.D. has additional board certifications in lipidology (cholesterol) and hypertension (high blood pressure) and is a contributing author to the recent book for patients 100 Questions & Answers About Managing your Cholesterol.

In addition, the practice has recently added Jennifer Clark, APRN, to its panel of providers. Jennifer is seeing new patients on a regular basis. In addition to routine primary care, there is blood drawing and an X-ray facility on site. The Group also offers: testing of pulmonary function, evaluation of heart arrhythmias, and in home testing of sleep disorders.

The providers are supported by a capable and dedicated staff, most of whom have been part of the group for many years. For nearly 40 years, the practice was led by Marvin Cousins, M.D. A number of current patients were delivered by Dr. Cousins in the 1950s and 1960s. A majority of our current patients have been counting on Chapel Medical Group for their care for more than 20 years.

Each of the physicians has a faculty appointment at the Yale School of Medicine and are active in the teaching program there and at the Hospital of St. Raphael. They are proud to be a part of Chapel West and to care for many local residents. For more information, call 203-865-5111 or visit them at www.ctmedgroup.com.

North Haven High Student of the Month

Dr. Russell Dallai, principal of North Haven High School, recently introduced the semester’s first two Students of the Month for September and October to the Rotary club describing them as seniors who are “wonderful representatives” of the school and “worthy” of the honor. As he introduced one of the students, Ramneet Singh, a popular sportscaster on cable access, the principal stated that the AP student has also far exceeded the graduation requirement of 40 service hours, topping 200 hours. Although particularly interested in basketball, Singh said he puts his sports knowledge to use as an editor for two sport websites, writes game reviews, and heads a club for like-minded students.

In Memorium

Our condolences to the family of local developer Wendell Harp who passed away on Friday 12/2/11. His wife, State Sen. Toni Harp and his brother Ray Harp along with Wendell have been long time friends of Chapel West. Our prayers are with them.

Squash anyone?

To fry zacabon:
- Peel squash & cut into French fry potato shapes.
- Dip into mixture of beaten egg and milk and roll in mixture of fish fry and flour.
- Fry until golden brown, being careful not to overcook.
100 plus CW property owners and guests graze and rock at Rudy’s.

Tidbits

As this newsletter goes to press, more than 65 CW bows have been liberated from CW trees. Any witnesses?

Tidbits by Vin Romei

I pointed to two old drunks sitting across the bar from us and told my friend: “That’s us in 10 years.” He said, “that’s a mirror, you idiot!”

Congrats to Ramneet Singh on his selection of “Student of the Month” by the North Haven Rotary Club. Mr. & Mrs. Singh own and operate Chapel Mini Mart. Last year, their daughter Rachneet was singled out by Yale University as an outstanding student from North Haven. I don’t think Chapel West can take all of the credit but it’s nice to know that Mom and Pop hold Chapel West dear to their hearts.

Cucuzza is the Italian name for the “Large” Zucchini grown by Kasbah Garden Cafe. There are many recipes for cooking this squash. I have included one of them.

The weather has been beautiful compared to last year’s winter (snow). Let’s hope it stays friendly.

A warm Chapel West Welcome for new Police Chief Dean Esserman. During his last tenure here, community policing was very popular with the New Haven locals and we were sorry to see it taken away. We look forward to it’s return and hope it has some positive results.

A member of Parliament to Disraeli: “Sir, you will either die on the gallows or of some other unspeakable disease.” “That depends, Sir”, said Disraeli, “whether I embrace your policies or your mistress.”

Around the District

Sorry to see Rena Leddy leave the Town Green District. She was a classy lady and did much to move them forward in the right direction. They’re fortunate to have Win and Daisy in reserve to carry on with the fine work that has been going on. It helps us all to have good, strong leadership in the various Special Districts. It’s a win-win situation for New Haven.

Nice to see our retailers getting into the holiday spirit with all the storefronts dressing up their windows. Even the restaurants have joined in. Good to see the holiday spirit.

As this newsletter goes to press, more than 65 CW bows have been liberated from CW trees. Any witnesses?

Check out the new hi-tech parking meters installed on Chapel St. We asked the City to turn over to Chapel West all parking meter revenues collected in our District, but so far we haven’t heard back from them. Heh, heh! Somehow I think we’ll have a long wait.

The colorful decorations in the whiskey barrels throughout Chapel West came out great. Thanks to our supplier, Kogut Florist and Landscaping, who does a very professional job. We’re delighted with their services.

Chapel West, along with Rudy’s, co-sponsored a reception for our new Alderman. It was well attended along with many department heads and other administration officials. We thank the Mayor for attending. A great time was had by all and it gave everyone a chance to visit our District. Rudy’s did an outstanding job hosting the event with us.

Til next time...VR

We’re always interested in new stories and “tidbits”. Call 203 787-3000 —Vincent Romei

CWSSD

Tel: 203-987-3000

Vin Romei, Pres. romeiromei@aol.com
Brian McGrath, Bus. Mgr. chapeldistrict@aol.com