



Pledge to Self Love

Print and sign, this is your commitment to the program and to yourself.

.....

I, _____, have made a commitment, not only financially, but spiritually, to work on my self love and happiness with full force over the next six weeks.

I understand there will be moments of doubt, I understand this will be difficult. But I pledge to continue to work, relentlessly, on myself. To better myself, to gain the confidence I need to live my best life, to live fully.

I pledge right now that this is my priority and I commit to it fully.

Signed,

.....