As we approach the year's end, we wanted to celebrate some of the amazing ways that together, we made a difference in our community. The statistics that we share are from Fiscal Year 2018.

All identifying details have been changed, but these are real stories from our neighbors. These stories illustrate the impact our work has on our community. As we approach this time of giving, we hope you'll join us in helping our neighbors in need. And if you have a Required Minimum Distribution for your investments, please consider a gift to ICA.

Thanks,
Peg Keenan, Executive Director

P.S. To protect client privacy, we also used stock photos to tell these stories.

WE HELPED 171 FAMILIES AVOID HOMELESSNESS
TOGETHER, WE HELPED MELISSA & HER CHILDREN STAY IN THEIR HOME

Melissa is a mother of two and lives in our community. Last winter, her son was hospitalized due to severe breathing issues. Melissa missed work so that she could be with him at the hospital. Her job does not offer paid time off, so missing work meant a missed paycheck. Due to her lack of income that month, Melissa needed help paying her utility bills, so that she and her young children could stay in their home.

ICA was able to help Melissa through our Homelessness Prevention Program, which provides one-time grants to help families stay in their homes. Melissa also visited the food shelf for the first time, where she chose lots of healthy food to nourish her kids, including fresh fruits and vegetables. Her son is better and Melissa is back to work. She was so grateful for the food and help that she received and looks forward to giving back to ICA and the community that supported her in her time of need.
**WE HELPED 469 SENIORS IN OUR COMMUNITY**

**TOGETHER, WE HELPED THOMAS AFTER HIS HEART ATTACK**

Thomas and his wife Kelly retired to Excelsior about 10 years ago. Shortly after, Kelly was diagnosed with cancer, and after a lengthy battle with the illness, passed away. Medical bills depleted much of their savings, so Thomas found a job at his local grocery store to supplement his income. He recently suffered a heart attack, and has been in and out of the hospital, unable to work.

While Thomas waited for his disability benefits to begin, ICA was able to help him with his rent, so that he was able to stay in his home. He has also visited the food shelf and received healthy foods to help him regain his health. He is so grateful that he was able to stay in his home and in the community that he loves.

**FOOD SHELF VISITS BY SENIORS (65+) INCREASED 9% THIS YEAR**

**WE PROVIDED FOOD FOR 1,162,323 MEALS**

**TOGETHER, WE PROVIDED HEALTHY FOOD FOR MOLLY**

Anna has a fixed income due to a disability. She recently found out that her rent was increasing by over $100 per month, though her income level is staying the same. She was worried about how she will make ends meet with this major change in her cost of living.

As a longtime resident of our community, Anna knew about ICA, but had never visited. She came to the food shelf for the first time this summer, and was so happy to receive food, including fresh produce, dairy, protein, and non-perishables. Anna expressed her deep gratitude for the help and was so excited to receive such great food. She feels hopeful that she can remain in the community she calls home with the help of ICA when she needs it.

**ICA FOOD SHELF**

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  12990 St. Davids Road
  Minnetonka, MN 55305

* Food and client services
  11588 K-Tel Drive
  Minnetonka, MN 55343

**952.938.0729 · icafoodshelf.org**

ICA is a 501(c)3 organization. Your donation is tax deductible to the fullest extent allowed by law.

Serving Hopkins, Minnetonka, Excelsior, Shorewood, Deephaven, Greenwood, & Woodland since 1971.