



Permanent Makeup Pre-Procedure Guidelines and Policies

Please read ALL information carefully

Policies

A deposit is required at the time of booking your service and does apply to the cost of service.

We understand that sometimes extraordinary circumstances are unavoidable and you may need to change your schedule. We kindly ask that you give us **3-business days** notice for canceling or rescheduling an appointment. This notification enables us to schedule another guest and, in turn, maintains a higher availability for you as well as others. If you cancel your appointment and the applicable **3-business days** notice is not given, you will forfeit your deposit. Late cancellations and missed appointments or "no shows" will not only forfeit their deposit but an additional \$50 missed appointment fee will be charged to the card on file. Full payment of service will be required prior to rescheduling a new appointment. Late cancellations, rescheduling and "no shows" leave gaps in our schedules that cannot be filled without timely notice.

Because every client's experience is important to us, we ask that you arrive on time. If you are running more than 15 minutes late, please, let us know and we will let you know if we can accommodate you. In the event we cannot, you will forfeit your deposit and a new deposit will be required to reschedule.

CDC and OSHA guidelines will not allow observers in the procedure area during the procedure process. **Absolutely NO children, including infants in carriers**, may be present at the appointment. We are mothers and love children, but this is not an appropriate time to have children present. If you bring a child with you, you will forfeit your deposit and a new deposit will be required before we will re-schedule.

Communication is vital during your procedure. If English is your second language and you need help communicating, please bring someone with you to assist in this communication. This person will need to be present for the entire procedure. If you don't bring someone with you and WE find it difficult to communicate, we will have to reschedule and you will forfeit your deposit. A new deposit will be required up front, before we will re-schedule you.

Permanent cosmetic procedures are a multi-session process. Follow up visit will be scheduled 4 - 6 weeks after the initial procedure, and has an additional fee associated. Follow up visit must be completed no more than 12 weeks from the initial procedure. Failure to complete the follow up within 12 weeks will result in a higher fee for follow up treatment.

Permanent Cosmetic procedures are not an exact science. There are various skin types and undertones, and they all accept and retain pigment differently. Therefore, no guarantees can be made. Should a client fall into the small percentage of those who do not retain pigment easily, additional touch-ups may be necessary and are separately priced. Absolutely no refunds will be given for any procedure.

There are different types of tattoo pigments; body tattoo pigment and permanent cosmetic pigments. We use only pigments that are designed for permanent cosmetics to be used on the face. These pigments are also designed to fade over time and will require a color boost to keep your permanent makeup looking fresh. How often you will require this color boost varies from person to person, and we cannot make any guarantees as to how long your pigment will last. Some clients color boost on an annual basis. Body tattoo pigments stay in the skin much longer, but are not intended for use in permanent makeup.

Be prepared for the color intensity of your procedure to be significantly larger, sharper, brighter, or darker than what is expected for the final outcome. It will take time for this transition, based on how quickly the outer layer of your skin exfoliates.

While these injected tones may initially simulate the exact color and tone desired, it will not always remain a perfect match. Injected tones are constant, while your own skin tones will vary depending on exposure to cold, heat, sun, and circulatory changes.

Since delicate skin or sensitive areas may swell slightly or redden, some clients feel it best not to make any social plans for a day or two, following any procedure.

Pre Procedure Guidelines

If you under a Doctor's care for any reason, please notify us before scheduling your procedure.

If you have had permanent makeup in the past it may take more treatments (3 or more) to achieve the desired result. Scar tissue that isn't highly visible may be present or color correction may be needed, and in these instances more procedures are sometimes required. Additional fees will apply for each visit.

Organ Transplant Recipients may not receive permanent makeup.

Absolutely NO sun, or tanning prior to the procedure for 7 days. Do not have a sunburn on your face at least 10 days prior to your procedure. The tan/sunburn will exfoliate taking color with it as it fades. If you come to your appointment with a sunburn/peeling skin, you will be required to re-schedule your appointment and your deposit will be forfeited.

Do not workout the day of the procedure as body heat expands the pores. It is recommended not to sweat heavily for 7 - 10 days post procedure. Sweat is salty and salt pulls pigment out of the skin and will cause poor pigment retention.

Please eat a low sodium diet for three days leading up to the procedure. Avoid pre-packaged foods, as they are very high in sodium. If your body is retaining excess water, it can be difficult to get pigment into the skin.

Please do NOT take green tea, vitamin supplements, natural supplements including fish oil, and herbs of any kind, caffeine, aspirin, niacin or ibuprofen unless medically necessary for 3 days (72 hours) prior to your procedure. Tylenol is fine. If your Doctor has you on aspirin everyday we will need your Doctor's approval in written form for you to stop taking the aspirin.

You must be off of Accutane for 1 year prior to any permanent makeup or micro needling procedure.

If you take medication to see the Dentist please do so on the day of your procedure just as you would if you had a Dentist appointment.

If you are on blood thinners we require a note from your Doctor allowing you to go off of them for 3 days prior to your procedure and the note must also have the Doctors approval for the procedure (Please make sure you stop taking these 3 full days prior to your appointment).

If you have Diabetes, we require approval from your Doctor.

If you have Rheumatoid Arthritis, you may experience a slower healing process

If you are under treatment for any form of cancer, you must wait until your treatment is complete. It is recommended to get permanent makeup before you start any cancer treatment.

No alcohol for 3 days (72 hours) prior to your procedure.

Please be advised that women that are on or near their menstrual cycle have a tendency to bleed a bit more during the procedure than women that are not. If you wish to avoid this please let us know.

If you have well water, please get a gallon of distilled water and Dove soap to clean the procedure site.

Eyeliner

Please know that for clients who have darker skin (Indian, African American, Filipino etc.), the eyeliner WILL NOT appear as defined or as dark as on lighter skin types, due to the skin color already being naturally darker. This creates less contrast and the healed color often appears more gray or light brown than black.

It is your responsibility to inform us of any eye surgeries you have had or eye conditions you currently have, as this will determine if you are a good candidate for eyeliner or lash enhancement procedure.

If you have had any eye surgery, i.e.; Lasik, Cornea, Upper or Lower Blepharoplasty, lens repair etc., you will need to wait at least 6 months before doing permanent makeup on your eyes. You will also need to bring a Doctors note saying you are clear to have the procedure performed. If you have tear duct plugs, we will not do an eyeliner procedure.

If you have any type of eye condition we require approval from your Doctor.

You may NOT use Latisse for one month before and after your eyeliner procedure. You must be off of any other brand lash growth enhancement product for two weeks prior to and after the procedure.

Any eyelash curling should be done no sooner than 48 hrs. before the procedure or two weeks after.

You may NOT be wearing lash extensions at the time of procedure, and may not have lash extensions applied for at least 2 weeks after procedure. If you come to your appointment wearing lash extensions, we will reschedule your appointment and a \$100 rescheduling fee will be charged.

You may NOT use any product for dark circles around the eyes for 2 weeks prior to the procedure.

If you have hypersensitive eyes, watery eyes **or experience seasonal allergies**, more follow up visits may be required than the average person to get good pigment retention. Our eyes produce saline salt water and this will cause the area treated to fade or not take as well. **Some clients find that taking anti-histamines for a week or at least a couple of days prior to their procedure has helped their eyes to be less watery.**

Do NOT wear contact lenses to your appointment. Bring your glasses. Clean contacts can be worn 24 hours after your procedure. You CANNOT use saline to wet the eyes. Use only sterile water. Check that the wash is NOT saline. It will fade the liner out.

Come with your eyeliner on if you would like to show us how you like to wear it. Otherwise come with no makeup on.

DO NOT USE Oil based makeup remover, baby oil, mineral oil, heavy creams, and especially glycol's around the eyes for 2 weeks before and 2 weeks after the procedure. Check your makeup and eye or facial creams for these common ingredients. They may prevent the color from correctly applying under the epidermis. The result may be no color retention at all.

Swelling, redness and minor bruising are very common during and after a permanent eyeliner procedure. Minor bruising usually recedes very quickly, often the same day. You may choose to purchase witch hazel and place it in your refrigerator. After your procedure, applying cold witch hazel on flat cotton pads may reduce eyelid swelling and usually feels very soothing. Cold packs may also be used with caution. Place them in the freezer to use when you return home.

Preparing your eyelids will be beneficial to your procedure. We recommend that you consider purchasing OCuSOFT Lid Scrub. It can be purchased from grocery or drug stores in different forms including individual packs of wipe on pads or a foaming cleanser. Any version will benefit you. Begin using ASAP or 3 weeks in advance of your appointment. Use this product daily and **scrub** your eyelids, specifically focusing on the lash area. This will remove any unseen dry skin and makeup, which can collect there and create a build-up.

After your procedure, we recommend you use a gentle cleanser such as baby shampoo or Cetafil. The brand does not matter, it just needs to be gentle and not dry out the skin. This will be soothing and aid in your healing process. It conditions the lashes and continues to prevent the build up of dry skin, keeping your permanent eyeliner feeling and looking fresh for longer.

Eyebrows

Come to your appointment with your eyebrows penciled the way you like them. Bring your pencil with you.

If you get your eyebrows waxed or tinted, please have this done at least 72 hours prior to your scheduled procedure. Have electrolysis hair removal no less than 5 days before. Do not resume any method of hair removal for at least two weeks after your procedure.

Botox – Do you plan on maintaining Botox throughout your lifetime? If not, consider your brow service first. If you plan on maintaining the Botox, we can do the procedure after as long as the Botox has had time to settle. We recommend a minimum of 2 weeks. If at some point you don't maintain the Botox your brow may appear slightly uneven.

Regular makeup can be worn immediately after your procedure, just NOT on or near your eyebrows for 6-7 days or until they are fully healed. Apply absolutely NOTHING on the brows. No makeup, lotions or pencil etc. Use only after care ointment as directed.

Using a high quality sunscreen daily will protect your permanent cosmetics and delay the fading process. We recommend *IMAGE Prevention Moisturizer with SPF 50 (\$30.00.)* We find it to be light and comfortable to wear. This sunscreen is available

for you to purchase at the conclusion of your appointment.

Please know that for clients who want hair strokes and have oily skin, skin with large pores or darker skin (Indian, African American, Filipino etc.), the hair strokes WILL NOT appear as defined or as dark as on lighter skin types, due to the skin color already being naturally darker.

Lips

No breakout of cold sores within the past 2 weeks.

If you are having lip procedures and have ANY history of cold sores, fever blisters, or herpes simplex, you will be required to contact your physician to obtain the proper prescription medication to prevent such outbreaks. Many physicians prescribe Valtrex (12 capsules of 500mg each). These can be taken 2x a day, two days before micro pigmentation and four days after, or as the physician prescribed.

Avoid contact with makeup & food. Don't put any makeup on, particularly just after treatment. In the case of food it may be challenging to eat. Avoid biting or licking your lips as much as possible and make sure no food or drink stays on your lips.

Take care to not expose your face to the sun for about two weeks.

Lips can take 1-3 treatments for desired depth of color.

Keep lips moist with a thin coat of after care while it heals. After they are healed, be sure to wear a lip product with SPF.

3D Nipple Areolas

The 3D Nipple Areola procedure requires no physical preparation in advance of your appointment.

Your aftercare will require keeping the tattooed area dry and covered with bandages, which will be provided at your appointment. You will need to keep the areas dry which includes no swimming or prolonged contact with water for 2 weeks. Exercise should be eliminated or be very minimal for that period of time.

Photos of your breast before surgery **are not required**, but if you have photos and would like for us to see them for our reference, you may bring them.

If you have any questions or are unable to keep your appointment please call us. 407-574-8383

IF YOU GIVE LESS THAN 3 BUSINESS DAYS NOTICE YOUR \$50 DEPOSIT IS NON REFUNDABLE. WE NEED AT LEAST 3 BUSINESS DAYS NOTICE IN ORDER TO ALLOW SOMEONE ELSE THE OPPORTUNITY TO TAKE YOUR APPOINTMENT TIME. Thank you!

DIRECTIONS

Heading West on I-4 from Orlando

Take exit 74A for FL-482/Sand Lake Rd. Keep right at the fork. Follow signs for Universal Studios/City Walk and merge onto W Sand Lake Rd. Go 0.7 miles and turn Rt. Onto Dr. Phillips Blvd. Go 0.2 miles and we are on the right hand side in Phillips Place, Suite #155 next to Chatham's Place.

Heading East on I-4 from Disney

Take exit 74A for FL-482 W/W Sand Lake Rd. Turn Left onto FL-482 W/W Sand Lake Rd. Go 0.9 miles and turn Rt. Onto Dr. Phillips Blvd. Go 0.2 miles and we are on the right hand side in Phillips Place, Suite #155 next to Chatham's Place.