

ROOTS *Catering*

The Effortless Lunch Menu YOU ORDER. WE DELIVER. TASTEBUDS REJOICE.

Our Roots Catering Effortless Lunch Menu is perfect for feeding your office as a group, or individually.

Choose from crowd pleasing options such as our Southern Comfort or Taco Bar, or let people choose from our healthier options such as our Southwest Quinoa and Kale Bowl, or our Coconut Curry Soba Noodles. We have options for all diets such as gluten free, vegetarian and vegan.

We can go as casual or as high end as you like and we are very experienced with both kinds of events. Whether it is a luncheon meeting for 2,000 people or Lunch for 8 for your financial firm, we can take care of you. All orders will require a 24-48 Hour lead time.

For custom creations and full service catering, please contact us to receive a full custom catering menu.

ROOTS Catering

Boxed Lunches

Pricing is per individually packaged lunch box. Lunch boxes can be ordered in quantities of 5 or more per order. All boxed lunches come with black eyed pea salad or pasta salad, and chef's choice dessert.

Additional sides can be purchased as well.

Handhelds

Market Chicken Salad

Creamy Chicken salad with fresh herbs and veggies and organic lettuce on fresh baked bread or in lettuce cups for a gluten free option. *\$9.10*

Chicken Bacon Wrap

Roasted Chicken with Crispy Bacon, Herbed Mayo, Fresh Greens and Grated Cheese. *\$9.80*

Sliced Roasted Turkey

Slow roasted sliced turkey breast with pickled onion, organic greens, creamy herb spread, and thin sliced cucumbers. *\$9.40*

Grilled Veggie

Fire roasted veggies with melted cheese, and roasted red pepper coulis, cast iron pressed. *\$8.00*

Italian

Sliced soppressata, southern prosciutto, and turkey with pickled peppers, a blend of Italian cheeses, fresh greens, dried herbs, oil and vinegar on a soft roll. *\$10.00*

Pastrami

Sliced pastrami, house made pickles, whole grain mustard, and Swiss cheese melted together in our cast iron press. *\$11.00*

Sandwich Board (not individually boxed)

3 Sandwiches, 3 Sides and Chef's Choice Dessert
\$11.99 pp (minimum 10)

Bowls and Lunch Salads

Add Chicken \$3 Add Shrimp \$5 Add Salmon \$5

Southwest Black Bean and Corn

Marinated kale, quinoa, black beans, and corn with a smoky chili vinaigrette and crispy tortilla. *\$8.20*

Kale Caesar

A blend of organic greens and kale, shaved red onion, garlic croutons, and house made Caesar dressing. *\$7.50*

Coconut Curried Soba Noodle

Sautéed veggies, fresh herbs, and soba noodles in our almost famous coconut curry sauce. *\$8.20*

Market Green Salad

Organic greens and fresh seasonal veggies with grated cheese and choice of Balsamic vinaigrette or Creamy Herb Dressing. *\$7.00*

Sides

Additional Sides \$3.00

Black Eyed Pea Salad, Side Market Salad, Side Caesar Salad, Cucumber Salad, Pasta Salad, Fresh Fruit, Chips

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Community Lunches

Buffet style set-up for everyone to enjoy. We require a minimum of 15 guests for community lunches.

Taco Bar

\$13.00

Flour and Corn Tortillas (GF), Choice of 2 Proteins, Smoked Chili Simmered Black Beans, Spanish Style Rice, Shredded Lettuce, Cilantro Sour Cream, Grated Cheese, House Made Salsa, and Pickled Peppers

Mole Spiced Chicken, Ground Beef Simmered in Spices, Carnitas Style Pork, or Fire Roasted Veggies

Asian Bar

\$14.00

Low Mein Noodles, White Rice, Choice of 2 Fillings, and Includes: Fresh Cilantro, Green Onion, Sweet and Spicy Chili Sauce, Ginger Soy Sauce, Szechuan Green Beans, and Crispy Egg Rolls
Fillings: Orange Glazed Chicken, Sesame Seared Beef, Stir Fried Veggies with Fresh Ginger, Sweet and Sour Pulled Pork

Italian Bar

\$13.00

Choice of 2 Kinds of Pasta, and 2 Proteins, Includes Caesar Salad and Garlic Bread

Pasta: Roasted Tomato Penne, Creamy Garlic Fusilli, Butter and Parm Fettuccini, Creamy Pomodoro Cavatapi

Proteins: Grilled Chicken, Meat Balls in Tomato Sauce, Beef Ragu, Chicken Ragu, Fire Roasted Veggies

Southern Comfort

\$14.00

Choose from 2 proteins, Includes: Cornbread, Mac and Cheese, Sautéed Greens, Baked Beans

Proteins: Smoked Pulled Pork BBQ, Grilled Pulled Chicken, BBQ Beef Brisket, Boneless Fried Chicken

Salad Bar

\$13.00

Choice of 2 Proteins and Includes 2 Types of Lettuce, Shaved Red Onion, Pickled Peppers, Feta Cheese, Shredded Cheese, Cherry Tomatoes, Cucumbers, Croutons, Creamy herb Dressing and Balsamic Vinaigrette

Choice of Grilled Chicken and Salmon or Shrimp

Grilled Steak (Add \$3.00 per person)

Beverages

Priced per Gallon

Sweet Tea \$5. Un-Sweet Tea \$4. Lemonade \$5. Acai Tea \$6. Infused Water \$5. Lavender