

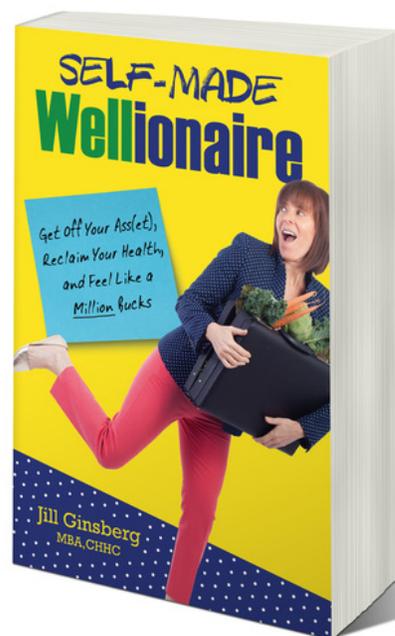
# SELF MADE Wellionaire™

What happens when you combine an MBA with a holistic health coach and a wicked sense of humor? You get absurdly rational and easily applicable strategies to reclaim your health and live your life like a boss.

In this irresistibly entertaining self-health book, coach Jill Ginsberg offers busy people like you a compelling new system for implementing wellness change. Utilizing strategies and tools you've already mastered in your professional life, Jill will show you how to become the CEO of your own health and wellness. Simple exercises delivered with comedic insight and a no-holds-barred style will show you how to stop wasting time so you can start making wellions.

Ready to get your shit together and achieve your super self? Read the book and learn what thousands of Wellionaires have already discovered: Nothing is more empowering than feeling good—and nothing feels better than laughing your ass(et) off while getting it done.

VISIT [www.JillGinsberg.com](http://www.JillGinsberg.com) TO DOWNLOAD FREE HEALTH AND WELLNESS GUIDES



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*Includes images, charts and guides*

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Rave Reviews!



FIVE STAR average on Amazon!

"I loved this book! As usual, Jill's writing manages to be **inspiring, practical** and **often hilarious**. The book is packed with ideas and action steps that are invaluable to anyone interested in ways to live a healthy and happy life."

—Ben Relles, head of Comedy, YouTube

"I've read tons of self-help books that don't ever push me to action, but this one is brilliant. **Jill is a genius for taking basic business tools and translating them to everyday life to get healthy.** And with a nice dose of humor!"

—Sarina Godin, president, *butter LONDON* cosmetics

"Inspiring, motivating and wildly funny, *Self-Made Wellionaire* is the wellness book you've been searching for. Jill Ginsberg will not only help you create a better life but a better mind to go with it. ... Her **wicked humor** doesn't hurt, I laughed the whole read!"

—Heather K. Terry, founder of *NibMor Chocolate*

"My wellness account was practically empty; to paraphrase *Top Gun*, I was writing checks that my body couldn't cash. Luckily Jill Ginsberg has me well on my way to becoming a "Self-Made Wellionaire." The **sound strategies** and **warm humor** she offers will land any reader in the wellthiest tax bracket."

—Wendy Shanker, author of *Are You My Guru? How Medicine, Meditation & Madonna Saved My Life*