
EDUCATION

- Kansas State University, DPD (distance)** Anticipated May 2017
• GPA: 3.89
- Yale School of Public Health, Master of Public Health** 2011
• Jan A. Stolwijk Fellow 2010-2011, awarded to qualified students to support creative environmental research
• Thesis research contributed to publication of data in peer-reviewed journal *Environmental Research*
- University of Miami, Bachelor of Science in Biology** 2009
Double minor in Chemistry, Human and Social Development
• Dean's List, Spring 2006, Spring 2008, Fall 2008, Spring 2009
• George E. Merrick Scholarship, a four-year scholarship based on academic achievement

RELEVANT WORK & VOLUNTEER EXPERIENCE

- Volunteer Intern (remote)** June 2016 - Present
Nutrition Instincts, San Diego CA
• Research and create all social media posts for a private practice registered dietitian, focusing content on intuitive eating, eating disorder recovery, and postpartum nutrition
• Design handouts for client sessions by summarizing research and news articles in readable, user-friendly layouts
• Created a first-ever resource containing an archive of all past blog posts, social media content, and expert interviews for ease of future sharing
- Co-Founder and Volunteer Instructor** May 2016 - Present
Small Farm and Kitchen (食農小廚房), Taipei, Taiwan
• Together with a Taiwanese registered dietitian, co-founded an after-school cooking and nutrition class for 2nd-5th graders at Xinyi Elementary School in Taipei, Taiwan
• Collaborated on an 18-week curriculum focused on cultural foods, nutrition, and developing cooking skills
• Teach all classes using Mandarin Chinese
- Mealtime Volunteer** February 2016 - June 2016
Harmony Home, Taipei, Taiwan
• Assisted in lunch service at an HIV/AIDs shelter by preparing food and feeding babies and toddlers
- Production and Administrative Coordinator** January 2015 - December 2015
Milk Truck LLC, New York NY
• Maintained daily financials for an established NYC mobile food and catering business, including managing payroll, performing cost analysis, and paying all vendor and insurance bills on time
• Secured NYC Food Service Establishment permits for commissary kitchen, mobile truck, and market stands, oversaw all health and food safety inspections, and acquired Certificate of Authority for Sales Tax
• Managed over 80 catering events, including fielding client inquiries, submitting proposals, and building production sheets for event
• Compiled first-ever job training manual for the Production and Administrative Coordinator position for future hires
- Public Program Volunteer** January 2014 - November 2015
Astor Center, New York NY
• Provided volunteer event support for public programs at a historic food and wine education center, including room set up, food production and service, and kitchen cleanup

Communications Associate

July 2011 - January 2015

United Neighborhood Houses, New York NY

- Managed all communication efforts for a social services policy and advocacy non-profit organization that supports the work of community centers in NYC, including developing and managing the website, production of external reports, and event planning
- Represented UNH's food access efforts in the Partnership for a Healthier NYC and contributed to the coalition's first-ever handbook on developing successful community gardens
- Acted as program manager for two new programs I launched at UNH, focusing on professional development for fundraising interns and creating community awareness about college access issues in NYC
- Developed tools to communicate advocacy efforts to constituents and local government
- Lead organizer and recruiter for all volunteer activities with corporate partners and led UNH's Junior Board to an all-time high in membership, fundraising dollars, and community involvement
- Created the UNH Hub, a collaborative online platform for local NYC human services employees to share resources and best practices
- Collaborated with all UNH departments to clearly define role and provide effective team support

Intern

September 2010 - January 2011

New Haven Food Policy Council, New Haven CT

- Authored a policy brief for the city of New Haven, proposing a pilot composting project for local businesses

SKILLS, LEADERSHIP, AFFILIATIONS

Skills and Certifications

- Level 3 (intermediate) Proficiency in Mandarin Chinese, Test of Chinese as a Foreign Language December 2016
- ServSafe Food Protection Manager Certification, Certificate #12154170 March 2015

Leadership Activities

- Student Membership Subcommittee, Academy of Nutrition and Dietetics Public Health/Community Nutrition Practice Group, 2016
- BronxWorks NYC Marathon Team, surpassed individual fundraising goal of \$3,000, 2013
- Co-Founder and Treasurer of Yale University Chapter of the Foundation for International Medical Relief of Children, 2010
- General Biology (BIL 150) Workshop Leader, University of Miami Biology Department, 2009
- Peer Advisor, University of Miami Peer Advising Program, 2007-2009

Affiliations

Academy of Nutrition and Dietetics

- Public Health/Community Nutrition Practice Group
- American Overseas Dietetic Association
- Nutriton Entrepreneurs