

## Food Portsmouth Action Plan 2016-2018

**Key** - Timescales : Short - up to 1 year (2016), Medium - 2-3 years (2017/18)

Outcome measures - green when achieved, amber when on track, red when falling behind

Food Portsmouth Links	Identified Gap (via Food Review)	Action required	Timescale (Short, Medium, Long)	Lead organisation /person	Outcome measures	Resource required	Comments Up-dated 6-6-16
<b>Food and Health Inequalities</b>	Better cross-sector support for those experience food poverty, learning from those affected, exploring the causes and identifying upstream solutions to enable residents to have a healthy and nutritious diet	Local definition of food poverty	Short	Food & Health Sub-group	Food poverty definition		Definition agreed
		Collate the current data available from Food banks, Red Cross, FoodCycle, Advice Portsmouth to try and give a rounded picture of food poverty affecting individuals and families within the city	Short	Mark Sage	Better understanding of food poverty in Portsmouth via one document, using the various data sets	Time	An initial document was presented which pulls together stats for use of food banks. This document will be added to over the next few months to give a fuller picture on food poverty within Portsmouth.
		Insight - Engage those affected by food poverty in meaningful discussions as to what would help them now and what could of been helpful to stop them reaching crisis (find up-stream solutions). Linked into the lottery bid that has been submitted by Advice Portsmouth, Roberts Centre and Portsmouth Food Bank (if it is successful)	Short	Mark Sage	Local insight into needs of those living in food poverty and areas identified as needing targeted support to reduce food poverty	Time	The Big Lottery Bid was successful, 5 year funding pot for collaborative work between the organisations is tackling food poverty. Over the next few months the organisations will be developing programmes which will include engagement with target audience and thus providing much needed real life insight to build upon.
		Upon gaining the insight (above) plan changes to systems to help reduce food poverty long-term.	Medium	Food & Health Sub-group	Changes to systems and potentially interventions to reduce food poverty	Time Funding?	Once insight gained this will be progressed.

	Food related poverty initiatives (increase Free School Meal, Out of school hunger etc.)	Review of Free School Meals (FSM) up-take after the introduction of free meals for all infant school pupils, plus review junior and secondary school meal up-take (inc. FSM) and compare against national data set	Short	Asha	Up-to-date picture of FSM and School Meal up-take for all schools* * Academies are excluded from data collected	Time	Latest school meals data was presented and sharing of knowledge around this area from PH and ISS (catering providers) on past and current experiences.
		Design of appropriate FSM interventions based on insight and consultation with families (if appropriate), ensuring links with Healthy Schools Programme (nutrition/healthy eating section) and work of ISS (school catering providers) around increasing school meals	Medium	Food & Health Inequalities Sub-group	Targeted interventions that are acceptable to parents/children in relation to FSM	Time Funding? Partners	Further sharing of information will occur over the next few months, Judy's role as food ambassador is crucial as is the links into the new Healthy Schools Programme which is being launched in Sept 16. From there targeted interventions can be developed (if necessary).
		Review of breakfast clubs, including numbers attending, funding source, food provided, additional support wanted etc.	Short	Asha	Better understanding of breakfast clubs and how they operate across the city	Time	Asha collated and circulated the responses from the schools that got back. Mixed levels of feedback received (some short responses, some lengthy). Many schools expressed an interest of having the opportunity to further discuss breakfast clubs.
		Based on the review if necessary provide breakfast clubs with nutritious breakfast ideas, guidance on portion size etc.	Short	Asha	Tailored resources for breakfast clubs	Time Funding?	An initial workshop was held 13 <sup>th</sup> June with 9 schools in attendance, sharing of information, best practice, available resources etc. Schools indicated they would like a quarterly meeting to progress breakfast clubs, so this will be taken forward with the others who couldn't attend initial meeting but expressed interest also being invited.
		Establish a Holiday Hunger Working Group	Short	Megan	Working group established		Working group established.

		Review of Out of School/Holiday Hunger, examining what holiday clubs and other services (e.g. adventure playground etc.) offer in terms of food outside school hours and in particular during school holiday period to establish a baseline understanding of current picture	Short	Holiday Hunger Working Group	Current understanding of what happens in the city during school holiday periods for children living in food poverty	Time	Initial pilot with Somertown adventure went well during the Easter holidays, this has led to roll out in all the adventure playgrounds during the summer, to test the free hot lunch concept with each setting, whilst collecting data from the children in attendance. Report on the 2 <sup>nd</sup> phase of the initiative at the next meeting, including where it goes in the future.
		Consult with vulnerable families as to how best we can support them short-term, whilst unpicking the underpinning factors around food poverty esp. in children and over holiday periods	Short	Holiday Hunger Working Group	Local insight into needs of families and how we can best address these	Time	Consultation is being built into the holiday hunger 2 <sup>nd</sup> phase pilot, results will inform future work.
		Design appropriate support based on the insight gained from families	Short	Holiday Hunger Working Group	Interventions to support families during school holiday periods	Time Funding? Partners	Pilots happening over the summer, the impact and interventions will be analysed along with the consultation info to improve the initiative and/or develop alternative support as required.
	Community cookery leaders and champions	Snapshot mapping exercise of what is already happening across the city in relation to cookery and also a city-wide map of facilities available for cookery sessions	Short	Asha	Better understanding of cookery opportunities within the city and a map of cooking facilities	Time	Asha disseminated a spreadsheet containing all the cooking facilities across the city, with details on size, equipment, cost to hire etc.
		Signposting of cardiac cookery patients to other opportunities to continue cooking such as FoodCycle etc.	Short	Mavis	Better volunteer signposting for existing cookery participants	Time	Cardiac cookery patients are now routinely given information of opportunities to continue to build on their knowledge and skills through opportunities like FoodCycle etc.

		Review community cookery leaders and explore ideas around how initiatives like this can be provided and mainstreamed	Short	Andrea	Development of cookery leaders proposal for PHP	Time Funding	PHP produced a peer cookery leaders proposal. Funding sources will need to be found in order to progress the proposal any further.
		Explore peer-to-peer mentoring as an on-going support mechanism for trained cookery leaders	Short	Andrea	Mentoring and regular network catch-ups implemented as part of the cookery leader project	Time	Plans are in place but this will be determined and progressed should the peer cookery leader project get funded and become operational.