Fertility chart

Length of shortest cycle = day: 27 minus 20 = day: 7
(based on past 12 cycle lengths)

Length of this cycle = 29 days

Temperature taking route: Oral | Vaginal | Rectal *(tick appropriate box)*

Time of taking temperature: 7 a.m.

Name Jo

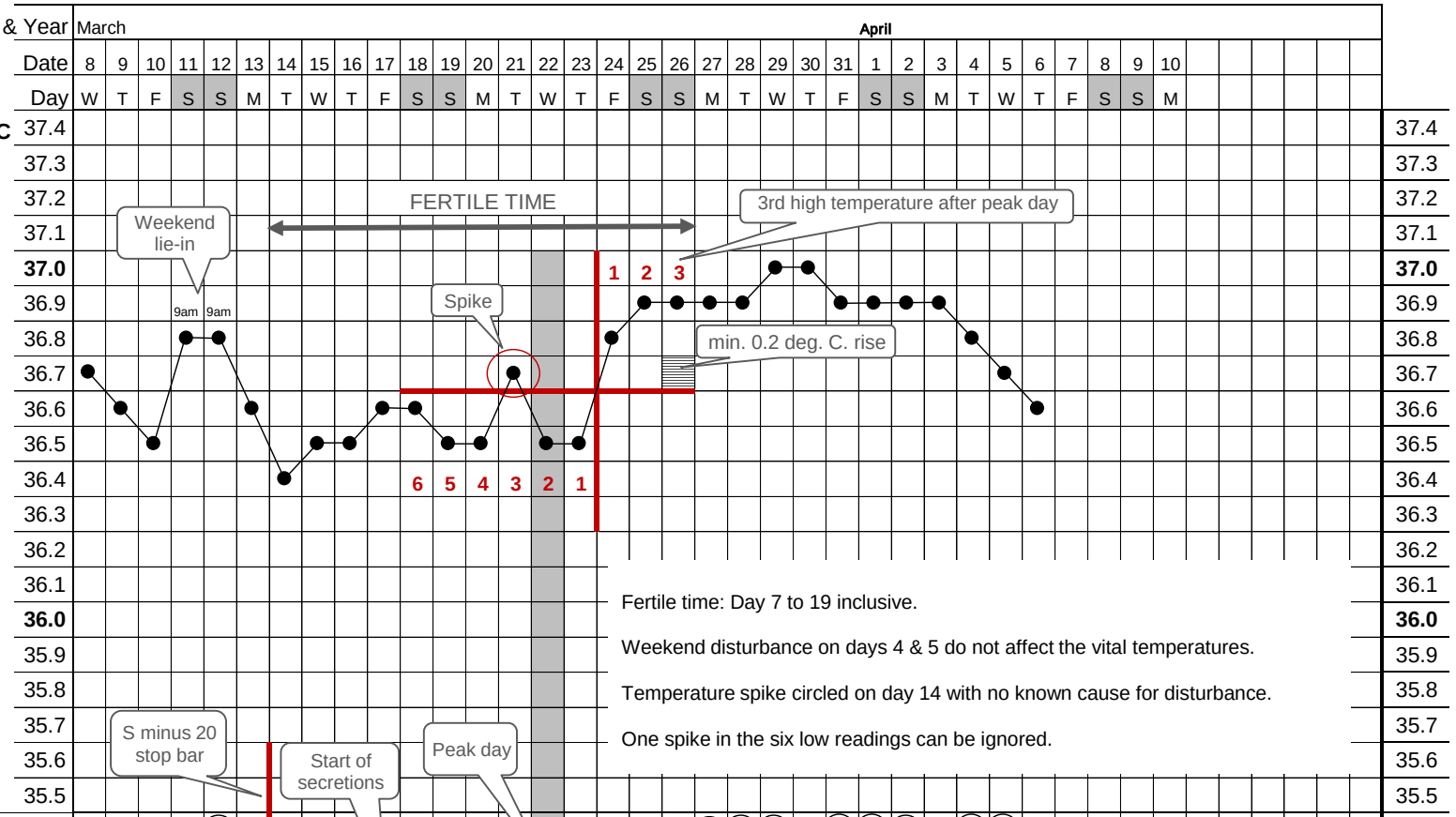
Age 26

Chart No. 6

Comments

Motivation: Avoid Pregnancy

Last cycle: Biphasic



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