

Meru Women's Garden Project Curriculum

Week	Theme	Sub-category
1	Group formation and dynamics	
2	Leadership	
3	Intensive land preparation methods	Sunken beds
4		Raised beds
5		Double digging Multi storey gardens
6	Planting	Seed selection Bulking
7	Integrated soil fertility management	How to look after soil
8		Compost
9		Liquid manure Plant tea (use of tithonia)
10	Indigenous foods	Promoting indigenous plants Value addition of indigenous foods Other way to cook/use indigenous foods
11	Environmental Conservation	Climate change
12		Tree planting Nursery establishment Energy efficient stoves Renewable energy
13	BREAK	
14	Women in development	Leadership
15		Esteem
16		Property ownership Childcare and nutrition Family life orientation Girls education and self-realisation
17	Livestock	Small animal husbandry Dairy goats, chickens, rabbits, bees

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20	Integrated pest and disease management	
21	Effective communications in groups	
22	Conflict resolution and group sustainability	
23	Book keeping	Table banking
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