

Origins Drink Up Intensive Mask, £24; visit origins.co.uk. "When I'm flying I whack on a hydrating mask. This one just goes on like a cream"

ghd Curve Soft Curl Tong, £100 (was £120); visit ghdhair.com. "I tong the ends of my hair in thick sections away from my face"

Laura Mercier Foundation Primer in Radiance Bronze, £29, from Space NK. "Mix with tinted moisturiser for coverage that just looks like healthy skin"

WelleCo The Super Elixir Alkalisng Greens Travel Set, £23 for seven sachets; visit welleco.co.uk. "Perfect for travel. I mix one with a drink in the morning for a vitamin boost"

Dr Pawpaw Original Balm, £6.95; visit drpawpaw.com. "I reapply throughout the day to hydrate my lips"

ghd Platinum Styler, £145 (was £165); visit ghdhair.com. "I always rough-dry my hair then straighten it with this to smooth it before tonging"

ghd Smooth & Finish Serum, £14.95. "The product I use to smooth over the ends of my hair and add definition"

Tom Ford Lip Colour in First Time, £39, from Selfridges. "During the day I keep my look fresh with a nude lipstick"

La Roche-Posay Anthelios XL Ultra-light Fluid SPF50+, £12.37 (was £16.50), from Boots. "Nice and lightweight. I have it on me all day to keep my skin protected"

Chantecaille Just Skin Tinted Moisturiser, £58, from Space NK. "The one beauty product I couldn't live without."

This Works Deep Sleep Pillow Spray, £16; visit thisworks.com. "I never fly without this, along with an iPad and silk eye mask"



BEAUTY

Millie Mackintosh... #BAGSPILL

FROM IN-FLIGHT ESSENTIALS TO HAIR HEROES, THE REALITY TV STAR TURNED FASHION AND FITNESS FANATIC SHARES HER BEAUTY STASH WITH US

More than just a reality star, Millie Mackintosh is a fitness inspiration to her more than one million Instagram followers, a fashion designer with her own eponymous label and fledgling stylist and make-up artist. HELLO! asked Millie to spill her beauty secrets and summer travel bag to share with us her best buys