## Sun \& Surf Restaurant Family owned \& operated since 1965

## ToStart



## Sandwiches

Fried Haddock Sandwich 1
Beer-battered fresh haddock filet, lettuce, bulkie roll

## Swordfish Sandwich

Grilled swordfish, lettuce, tomato, pineapple-mango salsa, bulkie roll

## Salmon Sandwich

Grilled salmon fillet, lettuce, tomato, pineapple-mango salsa, bulkie roll

## Surf Burger

$1 / 2 \mathrm{lb}$ burger, lettuce, tomato, bulkie roll

$$
\text { add cheese } 1 \text { add bacon } 2.50
$$

Cowboy Burger
$1 / 2 \mathrm{lb}$ burger, cheddar, lettuce, tomato, onion rings, homemade Jim Beam Bourbon $B B Q$ sauce


Lobster Roll 27
Maine lobster knuckle and claw meat, celery, mayo, lettuce, brioche roll

Chicken Salad Wrap13

Grilled chicken breast, walnuts, cranberries, mayo, lettuce, tomato, flour tortilla

Chicken Caesar Wrap13

Grilled chicken breast, romaine, Parmesan, Caesar dressing, flour tortilla

Fried Whole Clam Roll 17
Hand-breaded whole belly clams
Fried Clam Strip Roll
13
Hand-breaded clam strips

## Salads

## Seaside Greens

10/12
Mixed greens, carrots, red bell peppers, cucumbers, grape tomatoes, croutons

Summer Salad
13
Mixed greens, strawberries, blueberries, toasted almonds, goat cheese, lemon poppy seed dressing

Caesar Salad
13
Romaine lettuce, Parmesan cheese, croutons, Caesar dressing

Cranberry Walnut Salad
13
Mixed greens, dried cranberries, walnuts, gorgonzola cheese, raspberry vinaigrette

## Sun \& Surf Restaurant

## Family owned \& operated since 1965

## Entrees


#### Abstract

Broiled Haddock 22


Fresh haddock, lemon-wine butter sauce, sherried bread crumbs

Pan Seared Scallops 29
Fresh pan seared scallops, pork lardons, bourbon-pomegranate glaze, sweet potato puree
Shrimp Scampi
24
Five tiger shrimp, lemon-wine butter sauce, tomatoes, basil, Parmesan cheese, linguini

| $\begin{array}{l}\text { Tortellini Alfredo } \\ \text { Three cheese tortellini, creamy alfredo sauce, } \\ \text { aged Parmigiano-Reggiano cheese } \\ \text { add chicken } 6 \text { add shrimp (4) } 9\end{array}$ | 20 |
| :--- | :--- |
| $\begin{array}{l}\text { Maine Salmon } \\ \text { Grilled salmon, maple-walnut glaze }\end{array}$ | 26 |
| $\begin{array}{l}\text { New York Strip Sirloin } \\ \text { Grilled sirloin steak, roasted garlic-thyme butter }\end{array}$ | 28 |
| Boiled Maine Lobster | MKT |

1 1/4 Maine Lobster, drawn butter

## Broiled Combo

27
Haddock, scallops, lemon-wine butter sauce, sherried
bread crumbs add shrimp 2.00
P.E.I. Mussels

21
Blue shell mussels, lemon-wine butter sauce, garlic, tomatoes, linguini, garlic bread
Baked Stuffed Haddock
Fresh haddock, lemon-wine butter sauce, seafood stuffing, hollandaise
Lobster Ravioli 28
Maine lobster ravioli, vodka pink sauce, aged ParmigianoReggiano cheese
Roasted Veggie Ravioli
Veggie and cheese ravioli, pistou sauce, sweet cherry pepper, baby spinach, aged Parmigiano-Reggiano cheese

Cioppino
25
Swordfish, salmon, scallops, shrimp, mussels, fennel, lobster-tomato broth, garlic bread

Entrees (excluding pasta dishes and cioppino) are served with a choice of garlic mashed potatoes, French fries, or rice

## Fried Favorites

## Fried Scallops

Hand breaded sea scallops, French fries, coleslaw
Haddock \& Chips
Beer battered haddock, French fries, coleslaw

28

22

Fried Clam Strips
21
Hand breaded clam strips, French fries, coleslaw

Fried Combo
Select 2: shrimp, scallops, haddock, clam strips, French fries, coleslaw

Fried Shrimp
Hand-breaded baby Atlantic shrimp, French fries, coleslaw

## Captain's Platter <br> 34

Beer battered haddock, hand-breaded scallops, baby Atlantic shrimp, and clam strips, French fries, coleslaw

## Substitute garlic mashed potatoes or rice 1 Extra plate charge 3

Please inform your server if you have any food allergies before you place your order. Many dishes can be prepared gluten free.
RARE - center cool and red MEDIUM RARE - center warm and red MEDIUM - center warm and pink
MEDIUM WELL - uniformly brown throughout
Consuming raw or undercooked food can cause food borne illnesses.
We can accommodate up to 4 split checks per party

