

MEET THE PROS



GREGORY MARTIN, USPTA
gmartin10s@aol.com

Director of Tennis

Gregory Martin, a Washington native, attended the University of Virginia. He has been teaching tennis to adults and juniors in the Potomac area for almost 30 years. Previously head pro at Bullis Tennis Center, Greg now serves as Director of Tennis for Potomac Swim & Tennis Club. He has created innovative programs uniquely suited to

his members' wide range of skill levels and has remained committed to providing a high standard of instruction. Greg is extremely energetic and his programs are exceptional, particularly with his littlest players. His engaging approach to the game makes it easy for the kids to stick with tennis and to make it a sport to enjoy for life. Greg's unique approach focuses on the physics and technical aspects of the game. Some consider Greg one of the best technical instructors in the region.



ED TRIPP, USPTA

**Coordinator, Winter Daytime
Adult Programs**

edtriptennis@aol.com | 240.338.9099

Ed Tripp, originally from Ishpeming MI, attended Ferris State University where he was undefeated in singles. He has been teaching in Montgomery County since 1988 and USPTA certified since 1989. For the past 23 years, Ed has been teaching at The Bullis School and has been the head pro at Westleigh Recreation Club in North Potomac. He has coached many players from a young age who have gone on to play for their high school and college teams. In 2003, Ed received the Mid-Atlantic Unsung Hero award from USTA Magazine.



TED MATTHEUSSEN
tedmattheussen@gmail.com

Assistant Head Pro

Ted Mattheussen, our head assistant-pro and club online administrator, has grown up in the Potomac area under the tutelage of the Martin Tennis Program. A recent Virginia Tech graduate and lifetime member of PSTC, he has been teaching on our courts for over 10 years. Ted is very enthusiastic and engaging with all skill levels and

players.

POTOMAC SWIM & TENNIS CLUB

WINTER 2017-18 ADULT & JUNIOR PROGRAMS

SESSION 1:
BEGINS OCTOBER 23, 2017

SESSION 2:
BEGINS JANUARY 22, 2018



10531 OAKLYN DRIVE • POTOMAC, MD 20854
WWW.POTOMACSWIMANDTENNIS.COM

ADULT PROGRAMS



LADIES CLINICS

Our ladies clinics are taught by Ed, Greg and another highly skilled professional. They are designed for players of all abilities and will be grouped accordingly. Clinics are run on 3 courts with a pro on each court. We have a wide variety of drills combined with our unique teaching style that combines balance and relaxation to create a more natural stroke. We emphasize the technical aspect of the game and incorporate the physics of the sport as well. Classes include improving footwork, stroke technique and doubles and singles strategy. We practice all types of baseline, mid court volley and overhead shots. Clinics are comprised on an hour and a half of drills and a half hour of match play. Classes are held on the following days and times:

DOUBLES \$550	2.5-3.0 (Beginner, Low Intermediate)	
	Mondays	9:30-11:30
	3.0 (Intermediate)	
	Tuesdays	9:30-11:30
	Wednesdays	9:30-11:30
	Thursdays	9:30-11:30
	3.5-4.0 (Advanced Intermediate)	
	Mondays	11:30-1:30
	Wednesdays	11:30-1:30

LADIES DOUBLES LEAGUE (TRI-LEVEL)

Each team will consist of 3 doubles teams at the entry level (2.5), intermediate level (3.0-3.5) and advanced (3.5 - 4.0) Sign up individual or with a partner or two.

\$250 per player	Fridays	9:30 or 11:00
\$500 per team		

For All Membership and Class Registration Go To
www.potomacswimandtennis.com

JUNIOR PROGRAMS



TOTS CLASS

Designed for 4 - 6 year olds. We focus on hand-eye coordination, footwork and basic introduction to the game. We concentrate on each child's level of comprehension for better learning and offer lots of fun and games. This program is great for socialization and skills building.

\$310	Mondays	Saturdays
	4:00-5:00	12:00-1:00

BEGINNER/LOW INTERMEDIATE

Designed for 6 - 10 year olds. Each child is grouped according to age and skill level. We focus on physical conditioning, game fundamentals and technique. We also introduce each child to basic strategies and score keeping, all of which are needed for the team level player.

\$310	Tuesdays	Thursdays	Saturdays
	4:30-5:30	4:30-5:30	12:00-1:00

INTERMEDIATE

Age range from 9-12 years old. Each tennis player should complete basic training (Including scoring and tennis match play) before joining this team. Focus is on singles and doubles game strategies, conditioning, and stretching.

\$465	Tuesdays	Thursdays	Saturdays
	5:30-7:00	5:30-7:00	1:00-3:00
	<i>*Saturday only \$600</i>		

TOURNAMENT PROGRAM

Level 1: Designed for the Mid-Atlantic-ranked junior. This class also includes those players ranked in the top 10 of their Varsity high school teams. (Must try out)

Level 2: This player aspires to be at Level 1. Typically an alternate on a Varsity high school team.

Level 3: Designed for our younger player that has completed all basic training to play at competitive tournament level.

\$600	<i>Level 1</i>	<i>Level 1</i>	<i>Level 2 & 3</i>
	Mondays	Wednesdays	Wednesdays
	5:00-7:00	3:00-5:00	5:00-7:00
	<i>Level 3</i>	<i>Level 1 & 2</i>	<i>Level 3</i>
	Fridays	Saturdays	Saturdays
	4:00-6:00	3:00-5:00	1:00-3:00

JUNIOR MATCH PLAY PROGRAM

This limited 12-week program is the perfect program to get the extra court experience, without the pressure. Each Junior will be placed in the appropriate level.

Limited Space!

\$245	Sundays		
	12 and under	14 and under	17 and under
	12:00-1:30	1:30-3:00	3:00-4:30

**All Junior Program costs include 10% membership fee*