

The 21-Day Gratitude Challenge

- Week 1**
1. One of your favorite foods to eat?
 2. Someone who makes your life better?
 3. A person who has had a great impact on your life?
 4. A movie that touched your heart? How so?
 5. A person you are thankful to have in your life?
 6. A song that you love to sing along to?
 7. Someone in your life that you love with all your heart?

- Week 2**
8. What type of weather do you enjoy the most?
 9. The most fascinating thing about life?
 10. Something that you like about yourself?
 11. The best gift you have ever received?
 12. Something that causes you to laugh hysterically?
 13. One positive thing that happened today?
 14. One of your favorite parts about nature?

- Week 3**
15. A place that you loved visiting?
 16. A good memory from your childhood?
 17. One of your favorite days you remember?
 18. Something that was hard to do but you are glad you did it anyway?
 19. What happened today for which you can give thanks to God?
 20. What about modern life are you thankful for?
 21. Where have you seen God at work lately in your life?

Reflections

