



THE BE YOUR OWN HEROINE

MANIFESTO

- 1 *WE BELIEVE THAT YOU MUST COME FIRST.*
- 2 WE LISTEN TO OUR INNER VOICE, TRUST IT AND ACT ON IT.
- 3 *WE WON'T WASTE OUR POTENTIAL WISHING WE WERE SOMEONE ELSE.*
- 4 WE BELIEVE ACTION TRUMPS INTENTION.
- 5 *WE WON'T FEAR FAILURE, BUT EMBRACE IT AS A GIFT OF LEARNING.*
- 6 WE WON'T COMPETE WITH EACH OTHER, OR COMPARE OURSELVES NEGATIVELY WITH EACH OTHER. WE ARE UNIQUE AND HAVE OUR OWN GIFT TO GIVE.
- 7 *WE BELIEVE THAT LOVE IS TIME. CAREFULLY CHOOSE WHO YOU SPEND IT WITH.*
- 8 RIGHT HERE. RIGHT NOW. WE ARE MINDFUL.
- 9 *WE BELIEVE NOTHING CHANGES WITHOUT A CONVERSATION.*
- 10 WE DO WHAT MAKES US COME ALIVE. BE FILLED WITH THE PASSION THAT DRIVES YOU.
- 11 *WE KNOW YOU ARE STRONG AND YOU ARE WORTHY.*
- 12 SLOW IS THE NEW FAST.
- 13 *WE PROMISE TO LISTEN AND ACTUALLY HEAR.*
- 14 WE SPEAK FROM THE HEART, WITH REAL MEANING AND TRUTH.
- 15 *WE SERVE RATHER THAN PLEASE.*
- 16 WE DON'T HAVE TO BE PERFECT TO BE GREAT.
- 17 *WE ARE LEADERS, NOT VICTIMS.*
- 18 WE BELIEVE CIRCUMSTANCE IS IRRELEVANT.
- 19 *WE COME FROM A PLACE OF LOVE, AND NEVER LET FEAR DRIVE OUR DECISIONS.*
- 20 WE HAVE FAITH IN OUR ABILITY TO MAKE THINGS HAPPEN. WE ARE STRONG, WE ARE POWERFUL, WE ARE SMART, WE ARE TALENTED, AND WE ARE MAKING A DIFFERENCE.