The First Lesson. The Reader begins
A Reading from the
Letter of Paul to the Philippians
Rejoice in the Lord always; again I will say, Rejoice. Let all men know your forbearance. The Lord is at hand. Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus. Finally, brethren, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me, do; and the God of peace will be with you.
The Reader concludes The Word of the Lord.
Psalm 34: 1–8

At Said Mass the Reader says
Please join me in reading Psalm 34, verses 1 through 8, found in the red Prayer Book beginning on page 627. (The Reader repeats the above information as needed.)

At Sung Mass the Reader says
Please join me in reading Psalm 34 as found in the service bulletin.

1 I will bless the LORD at all times; *
   his praise shall ever be in my mouth.

2 I will glory in the LORD; *
   let the humble hear and rejoice.

3 Proclaim with me the greatness of the LORD; *
   let us exalt his Name together.

4 I sought the LORD, and he answered me *
   and delivered me out of all my terror.

5 Look upon him and be radiant, *
   and let not your faces be ashamed.
6 I called in my affliction and the LORD heard me * and saved me from all my troubles.

7 The angel of the LORD encompasses those who fear him, * and he will deliver them.

8 Taste and see that the LORD is good; * happy are they who trust in him!

The Reader says
Please stand for the Gospel.

The Gospel Acclamation
The Reader leads the appointed acclamation.

Reader Alleluia.
People Alleluia.
Reader I am the light of the world; * he who follows me will not walk in darkness.
People Alleluia.

The Reader returns to his or her seat.
The Holy Gospel

The Minister says  The Lord be with you.
People  And also with you.
Minister  ✝ The Holy Gospel of our Lord Jesus Christ according to Luke.
People  Glory to you, Lord Christ.

Jesus came down with the twelve apostles and stood on a level place, with a great crowd of his disciples and a great multitude of people from all Jude'a and Jerusalem and the seacoast of Tyre and Si'don, who came to hear him and to be healed of their diseases; and those who were troubled with unclean spirits were cured. And all the crowd sought to touch him, for power came forth from him and healed them all. And he lifted up his eyes on his disciples, and said: “Blessed are you poor, for yours is the kingdom of God. Blessed are you that hunger now, for you shall be satisfied. Blessed are you that weep now, for you shall laugh. Blessed are you when men hate you, and when they exclude you and revile you, and cast out your name as evil, on account of the Son of man! Rejoice in that day, and leap for joy, for behold, your reward is great in heaven; for so their fathers did to the prophets.”

The Minister says  The Gospel of the Lord.