

Sacred Spirit Yoga and Healing Arts Center
343 Broadway, Dobbs Ferry, NY 10522
sacredspiritogacenter.org

WAIVER (As of January 2017)

All new students and event participants are required to sign a waiver for insurance purposes. Please review the waiver below.

All exercise programs involve a risk of injury. Consult with your physician before embarking on any exercise program.

By choosing to participate in yoga classes and events offered by Sacred Spirit Yoga and Healing Arts Center (SSYAHAC) located at South Presbyterian Church, 343 Broadway, Dobbs Ferry, NY, I voluntarily acknowledge and assume responsibility for this risk. It is my responsibility to monitor each activity offered, and to determine whether or not it is appropriate to participate and at what level. I am responsible for my safety and wellbeing. I am responsible for informing the instructors of any health conditions.

SSYAHAC is not responsible for any lost, damaged or stolen personal property. By signing this form, I hereby release, acquit or discharge SSYAHAC and South Presbyterian Church, their officers, employees, agents and/or assigns from any and all fines, claims, demands, damages, action, suit, judgment, debts, liabilities, for injuries and causes of action of every nature. I confirm that I have read this waiver and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

Name _____
(Please print)

Address _____

Email _____ Phone _____

Signature _____

Date _____