

FOLLOW
JESUS CHRIST
15 STEPS

A GUIDELINE FOR
FOLLOWING AND
DISCIPLESHIP



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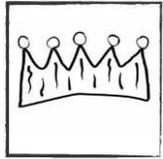
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STEP 1

GOD'S KINGDOM IS AT HAND

ENCOURAGEMENT → "How are you doing?"
(Briefly share news, listen to one another, pray, encourage).

LOVING → Share with one another your story with God.
ACCOUNTABILITY

SCRIPTURE →
1. Read this verse: In Matthew 4:16-17 Jesus says: ...
2. Read the story aloud: The two sons returning to the father, in Luke 15:11-32.
3. Tell each other the story.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:

- What do we learn about **God** from this story?
- What do we learn about **people** from this story?
- Is there anything in this story that Jesus wants me to **implement**?

DISCOVER MORE What?

It is an invitation into the family of the Kingdom of God. When we accept this invitation, we find we belong in God's family. As His sons and daughters, we receive His authority. John 1:12; 14:21; 1 John 3:1; Ephesians 2:18-19; Revelation 22:17; Luke 10:19-20

Who? For all who come to Jesus and receive Him as a child.
Matthew 11:27-30; Mark 10:14-15; Luke 7:36-50

How? The Kingdom of God has the power to spread and permeate everything.
Matthew 13:31-33; Colossians 1:6; Matthew 28:18-20; 1 Corinthians 4:20

SET GOALS → Follow: What, from today's lesson, does Jesus want you to follow in the coming days?
Fish: Who will you share this gospel lesson with in the days ahead?

COMMISSION → Pray and ask God for His power to help you accomplish these goals.



STEP 2

REPENT AND BELIEVE!

ENCOURAGEMENT → "How are you doing?"
(Briefly share news, listen to one another, pray, encourage).

LOVING ACCOUNTABILITY → Give a brief account of where you are at with your "Fish and Follow" goals that you set last week. (Mark 1:17)

SCRIPTURE →

1. Read this verse: In Mark 1:15 Jesus says: ...
2. Read the story aloud: Zacchaeus, in Luke 19:1-10 and/or The Adulterer, in Luke 7:36-50.
3. Tell each other the story.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:

- What do we learn about **God** from this story?
- What do we learn about **people** from this story?
- Is there anything in this story that Jesus wants me to **implement**?

DISCOVER MORE

What? Repentance means turning away from ungodliness and sin and following Jesus with all your heart. John 8:34-36; Matthew 16:24-26
Faith means putting your trust in Jesus as your Lord. John 14:6

Why? Read Romans 3:23; 6:23; 10:9
The Treasure in the Field and the Pearl of Great Price: Matthew 13:44-46

Who? Acts 2:38-41; Acts 17:30 Everyone is called to repent in order to receive forgiveness.

Promise on this? 1 John 1:9 Says that He is faithful to forgive us if we confess our sin.
John 10:28; Mark 10:28-31

SET GOALS → Follow: What, from today's lesson, does Jesus want you to follow in the coming days?
Fish: Who will you share this gospel lesson with in the days ahead??

COMMISSION → Pray and ask God for His power to help you accomplish these goals.



STEP 3

BE BAPTISED!

ENCOURAGEMENT → "How are you doing?"
(Briefly share news, listen to one another, pray, encourage).

LOVING ACCOUNTABILITY → Give a brief account of where you are at with your "Fish and Follow" goals that you set last week. (Mark 1:17)

SCRIPTURE →
1. Read this verse: In Matthew 28:19 Jesus says: ...
2. Read the story aloud: Philip and the New Believer, in Acts 8:26-39.
3. Tell each other the story.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:

- What do we learn about **God** from this story?
- What do we learn about **people** from this story?
- Is there anything in this story that Jesus wants me to **implement**?

DISCOVER MORE

What? Romans 6, in baptism you die to sin and are raised to a new life in Christ.
Why? Matthew 3:13-15 Jesus was baptised to fulfil all righteousness. Colossians 2:11-15; Galatians 3:25-29
 Baptism signifies the change of rulership → from sin to Jesus as your Lord. Colossians 1:13-14

Who? Acts 2:38 Everyone who repents and believes shall be baptised.
How? Matthew 3:15 Jesus was baptised in water when he was a grown man.
 John 3:22; 4:2 He baptised his disciples, and they baptised the following....
 Acts 8:35-38; 9:18; 22:16 Immediately he was baptised.

SET GOALS → Follow: What, from today's lesson, does Jesus want you to follow in the coming days?
Fish: Who will you share this gospel lesson with in the days ahead??

COMMISSION → Pray and ask God for His power to help you accomplish these goals.



STEP 4

RECEIVE THE HOLY SPIRIT

ENCOURAGEMENT → "How are you doing?"
(Briefly share news, listen to one another, pray, encourage).

LOVING ACCOUNTABILITY → Give a brief account of where you are at with your "Fish and Follow" goals that you set last week. (Mark 1:17)

SCRIPTURE →

1. Read this verse: In Acts 1:8 Jesus says: ...
2. Read the story aloud: Simon the Sorcerer, in Acts 8:4-25 and/or The First Believers in Ephesus, in Acts 19:1-7.
3. Tell each other the story.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:

- What do we learn about **God** from this story?
- What do we learn about **people** from this story?
- Is there anything in this story that Jesus wants me to **implement**?

DISCOVER MORE

Who... ...is the Holy Spirit?
Read John 14:15-18 and John 16:12-15.

Why? Romans 8:14-17; Ephesians 1:13-14 The Holy Spirit is the seal that confirms us as children of God and enables us to be His heirs. 1 Corinthians 12:1-11

To whom? ...does God want to give the Holy Spirit?
Read Matthew 3:11; Acts 2:17-21; John 7:37-39

How? ...do we get the Holy Spirit?
The Father wants us to trustingly ask Him for His Spirit. Luke 11:9-13
We can also receive it by the laying on of hands. Acts 19:6

SET GOALS → Follow: What, from today's lesson, does Jesus want you to follow in the coming days?
Fish: Who will you share this gospel lesson with in the days ahead?

COMMISSION → Pray and ask God for His power to help you accomplish these goals.



STEP 5
LOVE

ENCOURAGEMENT → "How are you doing?"
(Briefly share news, listen to one another, pray, encourage).

LOVING ACCOUNTABILITY → Give a brief account of where you are at with your "Fish and Follow" goals that you set last week. (Mark 1:17)

SCRIPTURE →
1. Read this verse: In Matthew 22:37-39 Jesus says: ...
2. Read the story aloud: The Good Samaritan, in Luke 10:25-37.
3. Tell each other the story.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:

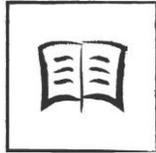
- What do we learn about **God** from this story?
- What do we learn about **people** from this story?
- Is there anything in this story that Jesus wants me to **implement**?

DISCOVER MORE

What? Love is ... John 15:13; 1 Corinthians 13
Why? Because Jesus loved us first. John 13:34-35
 Because this love shows Jesus to the world. 1 John 4:7-12
Whom? God first, then our neighbour, as well as ourselves. Matthew 22:37-39
 Most of all, the household of faith. Galatians 6:10
How? -We abide in the love of God (He first loved us), love Him and obey Him.
 John 15:9-11; 1 John 4:19
 -Bear with each other, forgive and love one another! Colossians 3:11-14
 -Love sets us in motion, we will tell what God has done for us. John 3:16;
 John 21:17

SET GOALS → Follow: What, from today's lesson, does Jesus want you to follow in the coming days?
Fish: Who will you share this gospel lesson with in the days ahead?

COMMISSION → Pray and ask God for His power to help you accomplish these goals.



STEP 6

DEVOTE YOURSELF TO SCRIPTURE

ENCOURAGEMENT → "How are you doing?"
(Briefly share news, listen to one another, pray, encourage).

LOVING ACCOUNTABILITY → Give a brief account of where you are at with your "Fish and Follow" goals that you set last week. (Mark 1:17)

SCRIPTURE →

1. Read this verse: In John 8:31 Jesus says: ...
2. Read the story aloud: The House on the Rock, in Matthew 7:24-28.
3. Tell each other the story.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:

- What do we learn about **God** from this story?
- What do we learn about **people** from this story?
- Is there anything in this story that Jesus wants me to **implement**?

DISCOVER MORE

How? John 10:4 and 27 We read the Bible like sheep who know their shepherd and follow Him.

When? ...should we commit to engaging with God's Word?
Read Psalm 1:1-3; Proverbs 4:20-22; John 15:7; Colossians 3:16

Why? -The Bible strengthens our trust in God. Romans 4:18-20; Romans 10:17; Hebrews 11
-God teaches us in this. 2 Timothy 3:16-17; John 8:31-32; Psalm 19:8-11; Psalm 119
-It tests our thoughts and our heart. Hebrews 4:12-13

SET GOALS → Follow: What, from today's lesson, does Jesus want you to follow in the coming days?
Fish: Who will you share this gospel lesson with in the days ahead?

COMMISSION → Pray and ask God for His power to help you accomplish these goals.



STEP 7

PRAYER - TALKING WITH GOD!

ENCOURAGEMENT → "How are you doing?"
(Briefly share news, listen to one another, pray, encourage).

LOVING ACCOUNTABILITY → Give a brief account of where you are at with your "Fish and Follow" goals that you set last week. (Mark 1:17)

SCRIPTURE →

1. Read this verse: In Matthew 6:9-13 Jesus says: ...
2. Read the story aloud: Jesus Teaches us how to Pray, in Matthew 6:5-15 and/or Luke 11:1-13.
3. Tell each other the story.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:

- What do we learn about **God** from this story?
- What do we learn about **people** from this story?
- Is there anything in this story that Jesus wants me to **implement**?

DISCOVER MORE

Why?

Prayer is communication and encounter with the Triune God. Luke 9:28-36; Psalm 37:4-7

-We speak: Philippians 4:6-7; John 17

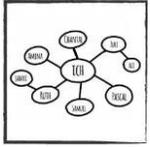
-We listen: Luke 6:12-13; John 5:19-20; John 16:12-15; Isaiah 50:4

Where/how?
When?

In secret and in all places. Without anger and doubt. Matthew 6:5-7; 1 Timothy 2:8
Jesus prayed at His baptism, before he chose His disciples, in Gethsemane. Prayer was his priority. 1 Thessalonians 5:16-18; Mark 1:35; Luke 5:15-16; Mark 6:46

SET GOALS → Follow: What, from today's lesson, does Jesus want you to follow in the coming days?
Fish: Who will you share this gospel lesson with in the days ahead?

COMMISSION → Pray and ask God for His power to help you accomplish these goals.



STEP 8

GO... MAKE DISCIPLES!

ENCOURAGEMENT → "How are you doing?"
(Briefly share news, listen to one another, pray, encourage).

LOVING ACCOUNTABILITY → Give a brief account of where you are at with your "Fish and Follow" goals that you set last week. (Mark 1:17)

SCRIPTURE →

1. Read this verse: In Matthew 28:18-20 Jesus says: ...
2. Read the story aloud: The Woman at the Well, in John 4:4-42.
3. Tell each other the story.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:

- What do we learn about **God** from this story?
- What do we learn about **people** from this story?
- Is there anything in this story that Jesus wants me to **implement**?

DISCOVER MORE

To whom? We take the gospel of the Kingdom of God to our families, our friends and neighbours, and to all who are far from God. John 4:16; Acts 2:39

What? Jesus saw the woman, loved her and did not condemn her. He told her a word of knowledge. John 4:7-18

Who? The woman went and told all her people what she had experienced. John 4:29

How? The Samaritan woman was qualified to go and tell! John 4; Acts 1:8; Acts 4:20
In groups of two or three, to our families, in our neighbourhood or in our city.
Mark 6:7-13:
-Pray and set out,
-Love, share and let them experience,
-Look for a "person of peace" to teach the same things we are learning here.

SET GOALS → Follow: What, from today's lesson, does Jesus want you to follow in the coming days?
Fish: Who will you share this gospel lesson with in the days ahead?

COMMISSION → Pray and ask God for His power to help you accomplish these goals.



STEP 9

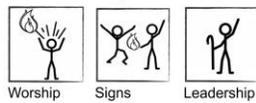
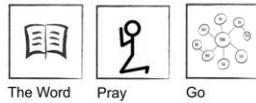
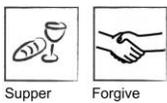
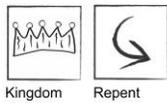
FELLOWSHIP

ENCOURAGEMENT → "How are you doing?"
(Briefly share news, listen to one another, pray, encourage).

LOVING ACCOUNTABILITY → Give a brief account of where you are at with your "Fish and Follow" goals that you set last week. (Mark 1:17)

SCRIPTURE →

1. Read this verse: In Matthew 26:26-28 Jesus says: ...
2. Read the story aloud: The First Church in Jerusalem, in Acts 2:36-47.
3. Tell each other the story.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:



- What do we learn about **God** from this story? - What do we learn about **people** from this story? - Is there anything in this story that Jesus wants me to **implement**?

These symbols represent aspects that make up a church. In the first church described in Acts 2:36-47, we find them all.



Draw a dotted circle. Go through the symbols one by one and share with each other the meaning they have in your community/group. Inside the circle, draw the ones you are familiar with and already live and practise. Place the other symbols outside the circle. Once you are practising them and have integrated them into your life/community, they can be added inside the circle.



The goal is that each growing community/group can grow into a healthy church/family, where all the aspects handed down to us from the first church in Acts 2:36-47 are lived together.

Such churches, gathering here and there in homes and multiplying, are lighthouses for the people around them and show Jesus to the world. (You can find more details in the "Toolbox").

SET GOALS → Follow: What, from today's lesson, does Jesus want you to follow in the coming days?
Fish: Who will you share this gospel lesson with in the days ahead?

COMMISSION → Pray and ask God for His power to help you accomplish these goals.



STEP 10

THE LORD'S SUPPER

ENCOURAGEMENT → "How are you doing?"
(Briefly share news, listen to one another, pray, encourage).

LOVING ACCOUNTABILITY → Give a brief account of where you are at with your "Fish and Follow" goals that you set last week. (Mark 1:17)

SHARE VISION → Read Acts 2:36-47 and draw the church circle to define the vision for a healthy church. (p. 19)



SCRIPTURE →

1. Read this verse: In Matthew 26:26-28 Jesus says: ...
2. Read the story aloud: Jesus' Last Supper, in Luke 22:7-20 and/or the Lord's Supper, in 1 Corinthians 11:23-34.
3. Tell each other the story.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:

- What do we learn about **God** from this story?
- What do we learn about **people** from this story?
- Is there anything in this story that Jesus wants me to **implement**?

DISCOVER MORE

What? In the Lord's Supper, we celebrate our covenant with God. Remembering the death of Our Lord who redeemed us. "He who eats my flesh and drinks my blood abides in me and I in him". 1 Corinthians 11:23-26; John 6:48-58

Why? 1 Corinthians 11:23-26 Jesus gave His body and blood for us. Isaiah 53:5; Hebrews 10:10

How? 1 Corinthians 11:27-29 We are to examine ourselves, confess our sins to God, and remember that Jesus died so that He could forgive us. We are also called to wholeheartedly forgive all those we still hold a grudge against. Matthew 18:21-35 ...should celebrate the Lord's Supper? Acts 2:42; 1 Corinthians 11:27-32, baptised disciples devoted to Jesus.

SET GOALS → Follow: What, from today's lesson, does Jesus want you to follow in the coming days?
Fish: Who will you share this gospel lesson with in the days ahead?

COMMISSION → Pray and ask God for His power to help you accomplish these goals.



STEP 11

FORGIVE LIKE JESUS!

ENCOURAGEMENT → "How are you doing?"
(Briefly share news, listen to one another, pray, encourage).

LOVING ACCOUNTABILITY → Give a brief account of where you are at with your "Fish and Follow" goals that you set last week. (Mark 1:17)

SHARE VISION → Read Acts 2:36-47 and draw the church circle to define the vision for a healthy church. (p. 19)



SCRIPTURE →

1. Read this verse: In Matthew 6:12 and 14 Jesus says: ...
2. Read the story aloud: Jesus Teaches about Reconciliation, in Matthew 18:23-35.
3. Tell each other the story.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:

- What do we learn about **God** from this story?
- What do we learn about **people** from this story?
- Is there anything in this story that Jesus wants me to **implement**?

DISCOVER MORE

Why?

- God has forgiven ALL our guilt and given us the righteousness of Jesus. Colossians 2:13-15; Ephesians 1:7; Psalm 103:12; Micah 7:18-19; Titus 3:3-7
- We are ambassadors of reconciliation: 2 Corinthians 5:18-21
Living and bringing forgiveness is our business.
- We are to be merciful as our Father is merciful: Luke 6:36-38; Matthew 5:20-26
- We are peacemakers: Romans 12:17-21; 1 Thessalonians 5:15
- That we may be free to pray: Mark 11:24-25; Hebrews 12:14-15

How?

Luke 6:37 (Don't judge, don't condemn, forgive!); Ephesians 4:32; Colossians 3:13
Christ forgives us - so we forgive others!).

SET GOALS → Follow: What, from today's lesson, does Jesus want you to follow in the coming days?
Fish: Who will you share this gospel lesson with in the days ahead?

COMMISSION → Pray and ask God for His power to help you accomplish these goals.



STEP 12

SHARE!

ENCOURAGEMENT → "How are you doing?"
(Briefly share news, listen to one another, pray, encourage).

LOVING ACCOUNTABILITY → Give a brief account of where you are at with your "Fish and Follow" goals that you set last week. (Mark 1:17)

SHARE VISION → Read Acts 2:36-47 and draw the church circle to define the vision for a healthy church. (p. 19)



SCRIPTURE →

1. Read this verse: In Luke 6:38 Jesus says: ...
2. Read the story aloud: The Feeding of the 5000, in Luke 9:10-17 and/or The Account of the Collection of Money in Jerusalem, in 2 Corinthians 8:1-15.
3. Tell each other the story.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:

- What do we learn about **God** from this story?

- What do we learn about **people** from this story?

- Is there anything in this story that Jesus wants me to **implement**?

DISCOVER MORE

What?

The first believers shared everything they had. Acts 2:44-46; 4:32

With whom?

-With people who serve God: 1 Corinthians 9:13-14; Philippians 4:15-16

-With your neighbour: 1 Timothy 5:8 and 16

-With the needy: Proverbs 19:17; Luke 14:13

How?

Generously: Luke 21:1-4; Proverbs 11:24-25; 2 Corinthians 8:7

Voluntarily: 1 Chronicles 29:16-18; 2 Corinthians 9:7

Why?

So that in every circumstance everyone has enough. 2 Corinthians 8:13-15
God's provision in glory is shown where we first seek His Kingdom and His righteousness. Matthew 6:19-34

SET GOALS → Follow: What, from today's lesson, does Jesus want you to follow in the coming days?
Fish: Who will you share this gospel lesson with in the days ahead?

COMMISSION → Pray and ask God for His power to help you accomplish these goals.



STEP 13

WORSHIP THROUGH PERSEVERANCE

ENCOURAGEMENT → "How are you doing?"
(Briefly share news, listen to one another, pray, encourage).

LOVING ACCOUNTABILITY → Give a brief account of where you are at with your "Fish and Follow" goals that you set last week. (Mark 1:17)

SHARE VISION → Read Acts 2:36-47 and draw the church circle to define a vision for a healthy church. (p. 19)



SCRIPTURE →

1. Read this verse: In Matthew 4:10 Jesus says: ...
2. Read the story aloud: Paul and Silas in Prison, in Acts 16:23-34.
3. Tell each other the story.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:

- What do we learn about **God** from this story?
- What do we learn about **people** from this story?
- Is there anything in this story that Jesus wants me to **implement**?

DISCOVER MORE

What? We are to worship God by singing, praising, and giving thanks to God at all times. Ephesians 5:18-21; Colossians 3:16-17; 1 Thessalonians 5:16-18; Hebrews 13:15

Why? Taking our eyes off our circumstances and looking up to heaven with praise and worship, releases heaven on earth. 2 Chronicles 20:21-22; Isaiah 61:3; Acts 16:24-25

In trials and temptations like Paul and Silas: 1 Peter 1:6-7; James 1

Let your heart be good soil: Luke 8:4-15

A fine and good heart that becomes neither bitter nor hard holds fast to the gospel and bears fruit through patience.

SET GOALS → Follow: What, from today's lesson, does Jesus want you to follow in the coming days?
Fish: Who will you share this gospel lesson with in the days ahead?

COMMISSION → Pray and ask God for His power to help you accomplish these goals.



STEP 14

SIGNS AND MIRACLES

ENCOURAGEMENT → "How are you doing?"
(Briefly share news, listen to one another, pray, encourage).

LOVING → Give a brief account of where you are at with your "Fish and
ACCOUNTABILITY → Follow" goals that you set last week. (Mark 1:17)

SHARE VISION → Read Acts 2:36-47 and draw the church circle to define the
vision for a healthy church. (p. 19)



SCRIPTURE →
1. Read this verse: In Matthew 10:7-8 Jesus says: ...
2. Read the story aloud: The Great Commission in Mark 16:14-20 and The Lame Beggar Healed, in Acts 3:1-16.
3. Tell each other the story.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:

- What do we learn about **God** from this story?
- What do we learn about **people** from this story?
- Is there anything in this story that Jesus wants me to **implement**?

DISCOVER MORE

What? Signs and miracles show people the power and love of God.
1 Corinthians 4:20; Luke 4:18-19; Matthew 4:23; John 9:3-4; Matthew 11:1-6; Acts 10:38

Why? Jesus bore every guilt, every disease and every curse on the cross, he destroyed the works of the devil. Isaiah 53:4-5; 1 Peter 2:25; Luke 5:17-26; Galatians 3:13-14; 1 John 3:8

Who? Those who believe will see signs and miracles. Mark 16:17-20; John 14:12

How? Jesus has all power in heaven and on earth. Matthew 28:18; Colossians 2:15; Hebrews 10:13. He shares with us His authority to heal, set people free and perform miracles in His name. Luke 9:1-2; Luke 10:19; Acts 3:6; 8:8; 14:3

SET GOALS → Follow: What, from today's lesson, does Jesus want you to follow in the coming days?
Fish: Who will you share this gospel lesson with in the days ahead?

COMMISSION → Pray and ask God for His power to help you accomplish these goals.



STEP 15

LEADERSHIP

ENCOURAGEMENT → "How are you doing?"
(Briefly share news, listen to one another, pray, encourage).

LOVING ACCOUNTABILITY → Give a brief account of where you are at with your "Fish and Follow" goals that you set last week. (Mark 1:17)

SHARE VISION → Read Acts 2:36-47 and draw the church circle to define the vision for a healthy church. (p. 19)



SCRIPTURE →
1. Read this verse: In John 21:17 Jesus says: ...
2. Read the story aloud: Of Ruling and Serving, in Luke 22:24-30; and/or of The Washing of Feet, in John 13:3-15.
3. Tell each other the story.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:

- What do we learn about **God** from this story?
- What do we learn about **people** from this story?
- Is there anything in this story that Jesus wants me to **implement**?

DISCOVER MORE

How?

Feed my sheep: To care and shepherd, in a place where there is enough food. (spiritual parenting). This presupposes a selfless love for Jesus and the realisation that the sheep belong to Jesus. (John 21, "Do you love me?" asks Jesus and "my sheep", says Jesus). 1 Corinthians 3:6-9

Volunteer, without dominating, as role models. John 21:15-17; 1 Peter 5:2; 2 Timothy 2:15

Why?

Sheep without a shepherd go astray. Mark 6:34; John 10:11-15

Who?

Leaders equip and build edited up, they are given by God and gifted differently. They serve others and build them up. They do not exalt themselves, but are role models as fathers and mothers who bring their sons and daughters to maturity and set them free. Proverbs 15:22; Ephesians 4:11-16; Matthew 23:8-12; 1 Timothy 4:12-16

Leaders study the Scripture. 2 Timothy 4:2-5; Titus 1:5-9

SET GOALS → Follow: What, from today's lesson, does Jesus want you to follow in the coming days?
Fish: Who will you share this gospel lesson with in the days ahead?

COMMISSION → Pray and ask God for His power to help you accomplish these goals.



NEXT STEPS

BEGIN LONG-TERM DISCIPLESHIP!

ENCOURAGEMENT → "How are you doing?"
(Briefly share news, listen to one another, pray, encourage).

LOVING ACCOUNTABILITY → Give a brief account of where you are at with your "Fish and Follow" goals that you set last week. (Mark 1:17)

SHARE VISION → Read Acts 2:36-47 and draw the church circle to define the vision for a healthy church. (p. 19)



SCRIPTURE →

1. Read aloud the first chapter of Mark.
2. Read the chapter several times: Mark 1
3. Discover: Pray and then use the previously applied questions to discover the Bible.
4. You can also use additional discovery questions:

e.g. the **S.T.A.R.** method, **S.T.A.R.** means:

- **Scripture**= Scripture; Read the passage again silently.
- **Think**= Think; think personally about what you read.
- **Application**= Application; what can you take away and apply from it? Choose a specific verse or topic that speaks to you or challenges you.
- **Reminder**= Reminder; create a short mnemonic, (a word, song, phrase) to help you easily remember the word that God has spoken to you and allow it to shape you through the coming week.

or the **P.R.O.C.** method, which helps you discuss the story and reveal its meaning for our lives. **P.R.O.C.** means:

- **Promise** you want to claim?
- **Role model** you want to follow?
- **Order** you want to follow?
- **Correction** you want to take?

SET GOALS → Follow: What, from today's lesson, does Jesus want you to follow in the coming days?
Fish: Who will you share this gospel lesson with in the days ahead?

COMMISSION → Pray as God leads you and continue to pray for love and courage. Ask for wisdom on how to proclaim the gospel and make disciples. Continue to pray for all those who are on your "oikos map." Pray for harvesters and for multiplication. Pray for 4th generation disciples and churches for God's kingdom to spread to the ends of the earth- that no place will be left and Jesus can come again.

LONG-TERM DISCIPLESHIP READING PLAN

Now that you have completed the 15 STEPS of "Following Jesus," you can move on to "long-term discipleship" using the 3/3rds "three-thirds" format (below) and the Bible Discovery Questions as your method. This will allow you to learn more Bible passages in new steps and discuss them together. We suggest that you begin with the Gospel of Mark, following the schedule below. When you are finished with Mark, we suggest you continue with another book of the Bible or a thematic study using Scripture passages.

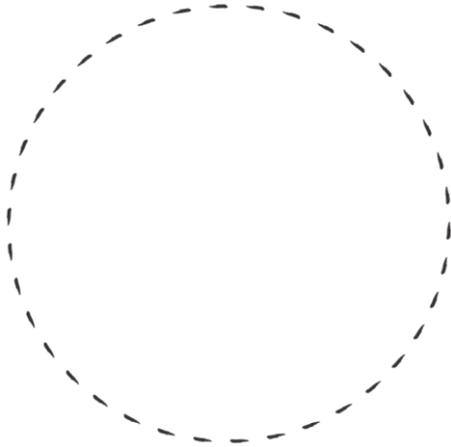
- | | | | |
|-----------|------------------|------------------|-------------------|
| 1. Mark 1 | 7. Mark 6:33-56 | 13 Mark 10:32-52 | 19. Mark 14:53-72 |
| 2. Mark 2 | 8. Mark 7 | 14. Mark 11 | 20. Mark 15 |
| 3. Mark 3 | 9. Mark 8 | 15 Mark 12 | 21. Mark 16 |
| 4. Mark 4 | 10. Mark 9:1-29 | 16. Mark 13 | 22. and so on |
| 5. Mark 5 | 11. Mark 9:30-50 | 17 Mark 14:1-31 | |
| 6. Mark 6 | 12. Mark 10:1-31 | 18 Mark 14:32-52 | |

3/3S ("THREE-THIRDS") DISCIPLESHIP FORMAT

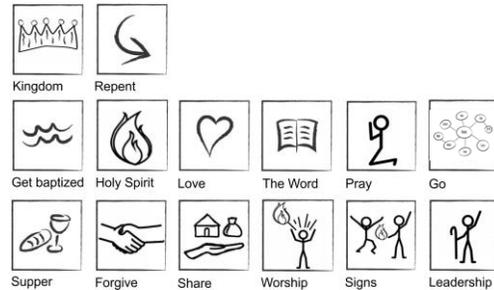
 LOOK BACK	 LOOK UP 	LOOK AHEAD 
1. Encouragement Share, listen, pray, encourage. 2. Worship Sing, giving/sharing, Holy Communion. 3. Take responsibility. Share with each other about "Fish and Follow". 4. Share vision Church circle, Acts 2, Kingdom Family or other vision.	5. New STEPs - Read the story aloud. - Tell each other the story. - Discover the story with discovery questions. 6. Practice - Practise telling the story. - 3 circles, witnessing, healing the sick, serving one another prophesying, etc.	7. Set goals for "Fish and Follow". 8. Commission /Pray

THE CHURCH CIRCLE

1. Draw a dashed circle. This circle represents a gathering of believers, a church family. We often call it simply "a group/community".



2. These symbols represent aspects of the life of a healthy disciple and a healthy church as we see in Acts 2:36-47. They are presented in the 12 STEPs of Follow Jesus.



The arrow represents Jesus' command to repent and believe. Most draw it outside the circle. When people experience the love and power of God's kingdom, it begins a growing relationship with Jesus and their journey into the church family.



3. Draw each of the symbols that you already practise and live together as a church family inside the circle. Leave the other symbols, you can place outside the circle.



In the above example, the congregation has already practised and internalised some very important aspects of a church. Other aspects are not yet familiar to this group. Once these have been discovered and integrated....

4. The goal is that each group/community that is being built can grow into a healthy church family where all the aspects of the first church in Acts 2:36-47 are lived out together.

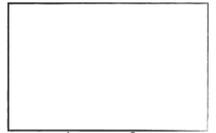
Such healthy church families, gathering here and there in homes and multiplying, are beacons to those around them, showing Jesus to the world.



THE "411"

DISCIPLE-MAKING TRAINING

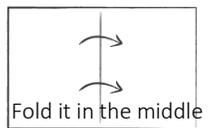
→ Read Matthew 28:18-20: Jesus says, "Go.... make disciples".



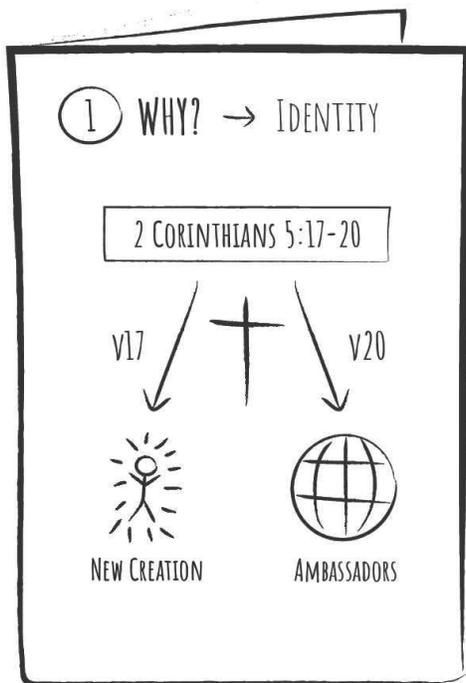
One sheet of paper

→ The "411" training equips followers of Jesus to make disciples by answering these 4 questions, in 1 hour (or less), on 1 sheet of paper:

- | | | | |
|---------------------------|---------------------|--------------------|----------------------------|
| 1. WHY
make disciples? | 2. WHO
to reach? | 3. WHAT
to say? | 4. WHEN
To get started? |
|---------------------------|---------------------|--------------------|----------------------------|



Fold it in the middle



→ Read 2 Corinthians 5:17-21

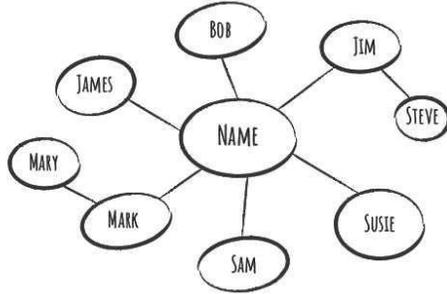
→ **Cross:** we see in these verses that if you are in Christ Jesus, the following two things are true for you:

→ **V17 (person)** - You are a NEW creation! He has forgiven all your sins.

→ **V20 (globe)** - He has given you a new identity as His ambassador.

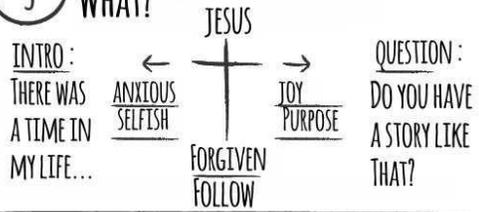
You cannot separate these two characteristics. You cannot be a new creation without also being an ambassador of Jesus, and you cannot be an ambassador of Jesus without being a new creation.

2 WHO? → OIKOS MAP

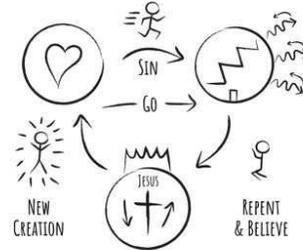


* JOHN 17:20

3 WHAT? MY STORY IN 1 MINUTE



3 CIRCLES



DEMONSTRATION OF POWER



WHEN YOU ENTER A HOUSE:
 • HEAL THE SICK • RAISE THE DEAD
 • CLEANSE THE LEPERS • CAST OUT DEMONS
 YOU RECEIVED FOR FREE, GIVE FOR FREE. MATTHEW 10:8

4 WHEN? → SET GOALS

- PRAY  _____
DAILY TIME
- SHARE  _____
NAMES / TIME
- TRAIN 4:11 _____
NAMES / TIME
- START TO SHARE THE 15 STEPS WITH CHRIST
 - WHEN? _____
 - WHERE? _____
 - WHO ELSE? _____

THE 8 FIRST STEPS WITH

CHRIST

	STEP 1 The kingdom of God is at hand	Matthew 4:16-17 Story: The Two Sons Luke 15:11-32
	STEP 2 Repent and believe	Mark 1:15 Story: Zacchaeus or The Adulterer Luke 19:1-10 or Luke 7:36-50
	STEP 3 Be baptized	Matthew 28:19 Story: Philip Acts 8:26-39
	STEP 4 Receive the Holy Spirit	Acts 1:8 Story: Simon the Magician or The First Believers in Ephesus Acts 8:4-25 or Acts 19:1-7
	STEP 5 Love	Matthew 22:37-39 Story: The Good Samaritan Luke 10:25-37
	STEP 6 Devote yourself to Scripture	John 8:31 Story: house on the rock Matthew 7:24-28
	STEP 7 Prayer- Talking with God	Matthew 6:9-13 Story: Jesus teaches to pray Matthew 6:5-15 & Luke 11:11-13
	STEP 8 Go...make disciples	Matthew 28:18-20 Story: The woman at the well John 4:4-42

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