

Masood Ali Khan Bio

Masood Ali Khan has a unique musical performance and voice that inspires a meditative experience with his mesmerizing combination of the 'Hang' (drum), hand pans and sacred mantras. Masood's soul spirit songs are infused with the power of the heart and mind to help humanity.

Masood was born in London into Indian/Muslim heritage and is a musician of eclectic qualities. He has been practicing yoga for over 25 years, and embodies an innate spiritual desire to continue his soul mission to help humanity with every talent possible.

Masood studied and practiced Acupuncture and homeopathy and received his PhD at the Open International University of Complementary Medicine in Colombo, Sri Lanka where he was also was head of the faculty for Universal Energy from his Universal Energy teacher 'Master Luong Minh Dang.

Masood is a Foundation Training Student Instructor trained by Dr Eric Goodman. "Through a series of postures, poses, and movements, Foundation Training activates your posterior muscle chain, anchors the hips, decompresses the spine, and teaches you to take the burden of supporting the body out of your joints and put it where it belongs: in your muscles." Dr Eric Goodman

Masood also is a Certified Teacher for the Heather Lyle Vocal Yoga Method® Incorporating vocal exercises and postures to strength to the sounding vessel (the whole body) . Great for beginners to overcome their fear of singing and their first steps to singing.

