



PROGRAM WAIVER (Required)

I, _____ recognize that the activities of the
(please PRINT name)

club/program I will be participating in may have some inherent risks. I knowingly and voluntarily assume the risks of engaging in this activity. I acknowledge that it is my responsibility to be aware of the risks associated with the activity and to safeguard my person by ensuring:

1. that I am physically able/capable of the activity,
2. that I exercise safety measures appropriate to the activity, and
3. that I do not participate beyond my capabilities.

I understand that the North Edmonton Seniors Association endeavours to provide the best possible leadership and instruction for the club/program I am joining.

I acknowledge that the North Edmonton Seniors Association organizes activities only and does not necessarily possess any special skill or knowledge in relation to any of the activities. I understand that NESAs is **not** responsible for any personal property I bring into the building.

I hereby release the North Edmonton Seniors Association from any liability arising out of my participation.

Signed _____ Date _____

Address _____ Postal Code _____

Phone _____ Membership Number _____

In case of an Emergency, please contact _____

Phone # _____