

**SMALL PLATES**

Soy glazed pork belly bites	5.5
Garlic & chilli prawns, flatbread	6.5
Fried chicken, sriracha ketchup	5.5
Cauliflower cheese croquettes	5.5
Maryland crab cakes, crème fraiche, tomato chutney	6.5
Hummus, flatbread, olives	5.0
Salt & pepper squid, aioli	5.5
Lamb crubeens, mint mayo	6.0
Fried aubergine, blossom honey	5.0
Serrano ham, quince & manchego	6.0

**4 SMALL PLATES + TRIPLE COOKED CHIPS 20.0**

**BURGERS**

Courgette & halloumi burger (v)	11.5
Buttermilk chicken burger, sriracha ketchup, avocado	11.5
Chuck & rib burger	11.5

ALL SERVED WITH TRIPLE COOKED CHIPS

UPGRADE TO SWEET POTATO FRIES FOR 50p

**LUNCH WRAPS** *Mon - Fri until 4pm*

Pulled BBQ chicken	5.0
Feta, grilled pepper & aubergine, hummus (v)	5.0
<b>ADD CHIPS 2.5 / SWEET POTATO FRIES 3.0</b>	

**SIDES**

Triple cooked chips	3.5
Sesame spinach	3.5
Kale, almonds & soy	3.5
Garden salad	4.0
Greek salad	4.0
Sweet potato fries	4.0

**2 COURSE SUNDAY ROAST - £17.0**

*Every Sunday from midday.*

**ROTISSERIE CHICKEN**

**HALF 8.5 / WHOLE 15.0**

Suffolk crown chicken marinated in our own blend of herbs & spices. served with two sauces.

**AIOLI / BBQ / HOT SAUCE / CURRY BUTTER  
HARISSA MAYO / EXTRA SAUCE 1.0**

**MAINS**

Flatiron steak, triple cooked chips	14.5
Slow braised beef blade, crisp bacon, anna potatoes, spinach, chestnut mushrooms	14.0
Baked Atlantic cod fillet, prawns & mussels, tomato & fennel sauce, croutons, manchego, aioli	14.0
Spit roasted Waveney Valley pork belly, smoked white beans, kale	13.5
Beer battered North Sea haddock, triple cooked chips, tartare sauce, mushy peas	12.0
Today's pie, mash & greens	12.5
Pappardelle, Jerusalem artichokes & wild mushrooms, truffle oil, parmesan	10.0
Sweet potato, pumpkin, kidney bean & coconut curry, garlic naan	10.0

**DESSERTS**

Sticky toffee pudding, butterscotch sauce, vanilla ice cream	6.0
Royal oak sundae - Chocolate or fruit	6.0
Banana split	6.0
Chocolate brownie, chocolate sauce, vanilla ice cream	6.0
Ice cream union selection	per scoop 1.5 / 3 for 4.0
<i>ask the team for our current flavours</i>	