



6-Ingredient Chocolate Chip Cookies

Makes: 3 Dozen Cookies

Total Time: 17 Minutes



Ingredients

- ½ cup Benecol® Original
- 1 cup dark Brown Sugar
- 1 Egg, large
- 1.5 cups All-Purpose Flour
- ½ tsp. Baking Soda
- ½ cup Semi-Sweet Chocolate Chips

*if available, ½ tsp. of Vanilla Extract adds delicious flavor!

Preparation

1. Preheat oven to 350 degrees F.
2. In a medium mixing bowl, cream together the Benecol® with the dark brown sugar using a hand held mixer, or by hand! Add the egg and continue to mix for another 30 seconds.
3. Add the flour and baking soda and mix on low for 15 seconds.
4. Using a wooden spoon or spatula, fold in the chocolate chips.
5. Place 1 tablespoon size scoops of dough on a nonstick baking sheet. Bake for 10 minutes or until golden brown.
6. Enjoy with a cold glass of skim milk!