



Be Well Mini Bouquet # 4

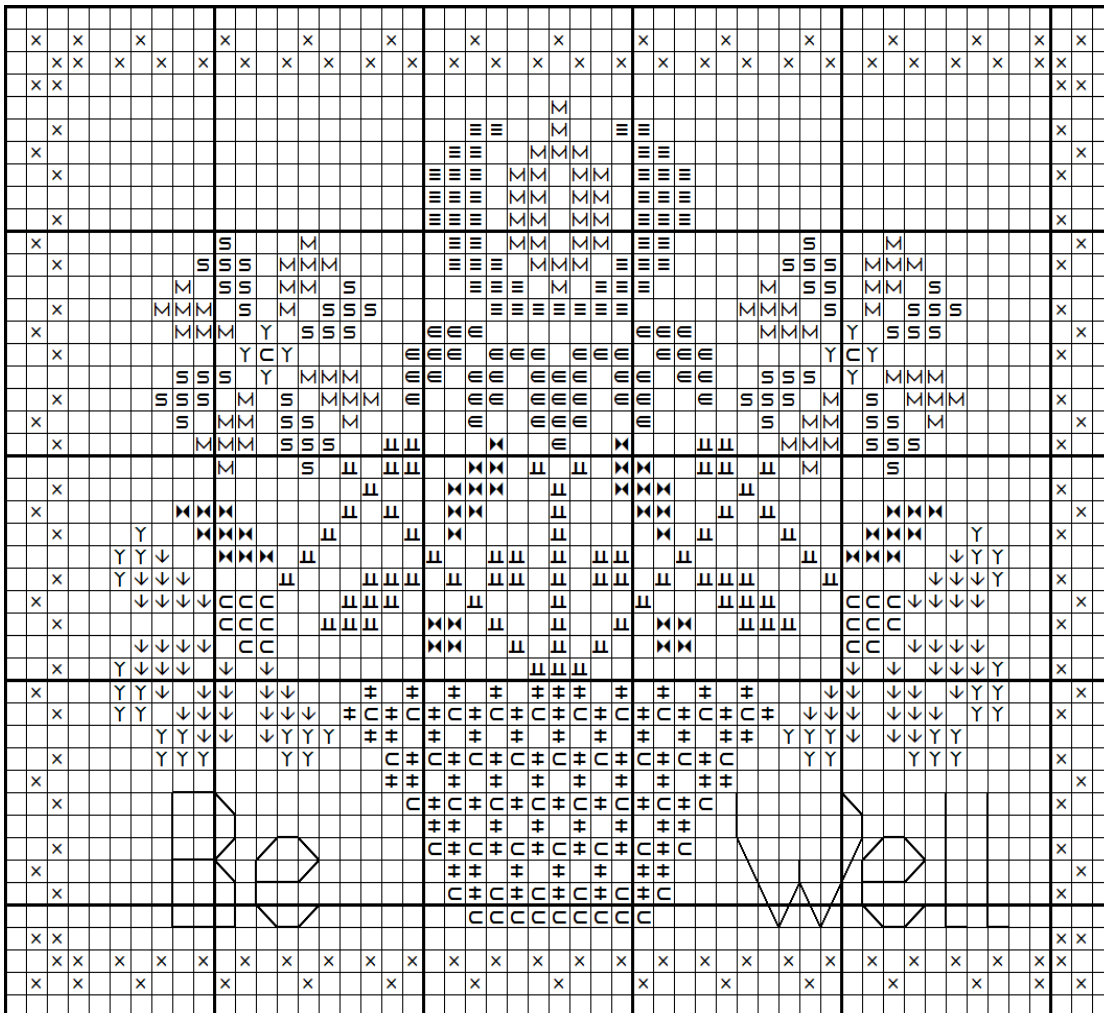
Fabric: 40 ct Lakeside Linens Exemplar was used for the pincushion and check border sheets for notes on the whole piece but any neutral-coloured fabric and count can be used.

Design Count: 43 x 51

Design Size: 2 x 2 1/4" on 40 ct.

Cross stitch using 1 strand on higher counts and 2 strands on lower counts in the colours noted.

Backstitch the words in Molasses. I used this piece as the free pattern for # Be Well in March/April 2020, when we first heard about the pandemic. Finished into a little pin pillow with wool backing and Lady Dot Creates Chenille- colour- Peony. I also used a couple of fun pins from puntinipuntini. See second page for how it fits on the sampler.



Classic Colorworks	
◀	Wilderness
The Gentle Art	
≡	Holly Berry Red
S	School House Red
Weeks Dye Works	
↓	Bees Knees
C	Chestnut
#	Cocoa
X	Grits
⌌	Lily Pad
M	Merlot
	Molasses
≡	Peony
Y	Yukon Gold

