Most of an adult guinea pig’s diet should be hay!

80% Grass Hay:
- Unlimited timothy hay, orchard grass, oat hay.
- Avoid alfalfa hay due to high calcium levels.

10% Veggies:
- bell peppers (all colors)
- carrots
- cilantro
- parsley
- snap peas
- romaine lettuce

In moderation:
- broccoli
- kiwi
- oranges
- papaya
- strawberries
- turnip greens
- kale

10% Pellets Enriched with Vitamin C:
- 1/8 cup per guinea pig per day.
- No colorful pieces or dried fruits/veggies.

Avoid:
- avocado
- bread/toast
- cereal
- corn

- pasta
- rhubarb
- tomatoes
- spinach

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