

# Napier Central School



## NAG 5.12 Health And Safety

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### Sun Smart Policy

#### Rationale

Napier Central School has a code of expectation and action to help children stay safe from exposure to the sun's harmful rays, and to develop pupils' awareness of the dangers of such exposure. This policy is implemented during terms 1 and 4.

#### Guidelines

1. The school will actively encourage pupils in the wearing of clothing, hats and sunscreen that will protect them from harmful exposure to the sun.
2. Through our Health and Physical Education programmes, the school will teach pupils at all levels the dangers and risks of over-exposure to the sun each year, and the importance of the children protecting themselves from this risk. ( Sunsmart Schools Curriculum Resources )
3. Pupils will be required to wear broad brimmed (min. 7.5cm brim) sunhats when out of doors and sunscreen in Terms 1 and 4. Students not wearing a hat or applied sunscreen will be required to play in allocated shade areas.
4. In each classroom there will be a supply of Broad Spectrum SPF 30+ sunscreen available to pupils and staff. This will be provided by the school. The school will work with families to actively promote and encourage student use of Sunscreen and reapplication of sunscreen before lunchtime play.
5. Children will eat their lunch in a designated shaded area.
6. Two sunscreen dispensers/stands will be made available in the playground.
7. The school will develop and improve existing areas of shade where students gather. Shade can be built (shade verandas) or natural (trees).
8. Staff will be encouraged to act as role models by wearing sunhats and using sunscreen when out in the sun. The school will make hats available for staff to wear.
9. The school will programme sport and other fixtures to avoid children's prolonged exposure to the sun, particularly in terms 1 and 4, avoiding time outdoors between 10am – 4pm where possible.
10. Children will have access to indoor shade such as the hall during lunchtimes on clear, hot days. The Hall and Library will be open for quiet, cool areas for students.
11. All staff, pupils and parent/caregivers will be made aware of this policy at enrolment, through school newsletters and meetings.
12. Sun protective clothing is encouraged eg shirts with collars and sleeves, sunglasses, rash shirts when swimming.
13. Sun protection will be considered in the planning of all outdoor events – camps, sporting events.

**Conclusion**

Through its planning and practices Napier Central School will provide an environment, which protects children from the sun's harmful rays and promotes an awareness in children of the risks of over exposure to the sun.

Reviewed 2016