

SEPTEMBER 2017 PLUS COMPANY ADULT EDUCATION CALENDAR

SUN

MON

TUE

WED

THU

FRI

SAT

	<p>PLEASE NOTE: Many programs have limited enrollment. To pre-register, please contact *Pam Veazie @ 889-0652 ext. 130 or Leni Hodgins at Ext. 124</p>				<p>1. YOGA 10-11 ANIME CLUB 10:15 & 2 MATT JACKSON</p>  <p>MUSIC HOUR 1-2 WALK CLUB 3-4</p>	<p>2. NO BINGO</p> 
<p>3.</p> 	<p>4.</p> <p>LABOR DAY</p>  <p>MAIN OFFICE CLOSED</p>	<p>5. MEDITATION 10-11 NO VOC BOOK CLUB SUPER BELLS 1-2 LIFE SKILLS 2:15-3:00</p>  <p>PERFORMING ARTS 3-4</p>	<p>6. RELAX 1 & 2 DANCERCISE 11-12 COMMUNITY SERV. 2-3 WOODWORKING 2-4 COOKING A 3-4:30</p>  <p>WRESTLING/ \$\$\$\$\$ 3-4</p>	<p>7. GOLF 9:45-11:15 NUTRITION 10-11 NO BEADING TODAY CERAMICS 10-11 STITCHING 2:30-4:30 AQUAFIT 2:45-3:30</p> 	<p>8. YOGA 10-11 ANIME CLUB 10:15 & 2 JAZZ FIRST</p>  <p>MUSIC HOUR 1-2 WALK CLUB 3-4</p>	<p>9. NO CRAFT CLASS SONH STATE SOFTBALL TOURNAMENT</p>  <p>LINCOLN PARK NASHUA GO PLUS PRIDE!</p>
<p>10.</p> 	<p>11. STITCHING 9-11 MUSIC THERAPY 10:30-2 3 STOOGES 12-1</p>  <p>COMMUNICATION WORKSHOP 2-3 @ NPL WOODWORKING 2-4 ICR BOOK CLUB 3-4 WALK CLUB 3-4</p>	<p>12. MEDITATION 10-11 VOC BOOK CLUB 11-12 SUPER BELLS 1-2 LIFE SKILLS 2:15-3:00</p>  <p>PERFORMING ARTS 3-4</p>	<p>13. RELAX 1 9:30-1:30 RELAX 2 10-2 NO DANCERCISE THERAPY DOGS 1-1:30 WOODWORKING 2-4 COOKING B 3-4:30</p>  <p>BOWLING A 3:30-4:30</p>	<p>14. GOLF 9:45-11:15 ADV. BEADING 10-11 BASIC BEADING 11-12 STITCHING 2:30-4:30 AQUAFIT 2:45-3:30</p> 	<p>15. YOGA 10-11 ANIME CLUB 10:15 & 2 RICHARD KING</p>  <p>MUSIC HOUR 1-2 WALK CLUB 3-4</p>	<p>16.*RSVP PAM VEAZIE SCRAPBOOKING 2-4</p>  <p>ADVOCATE 4 YOURSELF MOVIE NIGHT 4-8 PM</p>
<p>17.</p> 	<p>18. STITCHING 9-11 MUSIC THERAPY 10:30-2 COMMUNICATION WORKSHOP 2-3 @ NPL WOODWORKING 2-4 ICR BOOK CLUB 3-4 WALK CLUB 3-4</p>  <p>5:30 7:00 ADVOCATE 4 YOURSELF</p>	<p>19. MEDITATION 10-11 VOC BOOK CLUB 11-12 SUPER BELLS 1-2 LIFE SKILLS 2:15-3:00</p>  <p>PERFORMING ARTS 3-4</p>	<p>20. RELAX 1 9:30-1:30 RELAX 2 10-2 DANCERCISE 11-12 COMMUNITY SERV. 2-3</p>  <p>WOODWORKING 2-4 BOWLING B 3:30-4:30</p>	<p>21. GOLF 9:45-11:15 ADV. BEADING 10-11 BASIC BEADING 11-12 CURRIER ART 1-2:30 STITCHING 2:30-4:30 AQUAFIT 2:45-3:30</p> 	<p>22. YOGA 10-11 ANIME CLUB 10:15 & 2 MARK STANZLER</p>  <p>MUSIC HOUR 1-2 WALK CLUB 3-4</p>	<p>23.</p> 
<p>24.</p> 	<p>25. STITCHING 9-11 MUSIC THERAPY 10:30-2</p>  <p>WOODWORKING 2-4 NO ICR BOOK CLUB WALK CLUB 3-4</p>	<p>26. MEDITATION 10-11 NO VOC BOOK CLUB SUPER BELLS 1-2 LIFE SKILLS 2:15-3:00</p>  <p>PERFORMING ARTS 3-4</p>	<p>27. RELAX 1 9:30-1:30 RELAX 2 10-2 DANCERCISE 11-12 THERAPY DOGS 1-1:30 WOODWORKING 2-4</p>  <p>GO GREEN/NASCAR 3-4 PLUS PRIDE BOWLING</p>	<p>28. GOLF 9:45-11:15 ADV. BEADING 10-11 BASIC BEADING 11-12 CURRIER ART 1-2:30 STITCHING 2:30-4:30 AQUAFIT 2:45-3:30</p> 	<p>29. YOGA 10-11 ANIME CLUB 10:15 & 2 DELUNA</p>  <p>MUSIC HOUR 1-2 WALK CLUB 3-4</p>	<p>30.</p> 