

# FIX CLASSES

Fix Muscle Performance offer a variety of classes which includes:

- Reformer & Mat Pilates
- Yoga
- Meditation
- Kinetic Link Training (KLT)
- Open Corrective Exercises

## CLASS PRICING SCHEDULE

### BEGINNERS ESSENTIALS - \$110.00

Our Beginners Essential programs are designed for our Pilates classes. These classes run for a 5 week period; during this period you will be shown the basic and correct movements and how to use the Reformer machine.

\* Your first class is compulsory, and we strongly recommend attending all 5 classes before proceeding further into Intermediate classes.

\*\* valid for 13 weeks after first scheduled class

### DROP IN CLASS - \$25.00

Our 'Drop In Classes' are a one-off casual class that can be utilised for any of our classes (except our Beginners Essentials program)

\* valid for 7 days after purchase

### 10 CLASS FIX PASS - \$209.00

Our '10 Class Fix Passes' can be utilised for any of our classes

\* valid for 13 weeks after first scheduled class

### 20 CLASS FIX PASS - \$397.00

Our '20 Class Fix Passes' can be utilised for any of our classes

\* valid for 26 weeks after first scheduled class



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## TERMS & CONDITIONS

- If you are unable to attend our facilities due to a medical condition; provide the clinic with a medical certificate for the period and Fix will provide you with a credit.
- Refunds; Fix does not provide refunds. However, you can utilise any outstanding amount owing to yourself for any product or services at fix, alternatively you can transfer your credit to a specified individual.
- Fix requires 4 hours' notice to cancel any class attendance.

\* If sufficient notification is not provided you will lose your payment made for the corresponding class.

## FIX MEMBERSHIPS

Fix Muscle Performance also offers a variety of class membership options – for more details on the benefits of our memberships and their terms and conditions please visit: <http://fixmp.com.au/membership>

\* We encourage all attendees to cancel your scheduled class if unable to attend as soon as possible to free up a position for other participants from our waiting list.

'FIX MUSCLE PERFORMANCE' APP - now available for download

## DOWNLOAD NOW

to manage your class schedules at the touch of a button  
anywhere, anytime - IT'S THAT EASY

