"A fresh start is a journey - a journey that requires a plan."

1. CLARITY
A Fresh Start Begins with Clarity
Where am I?

2. CHOICE
A Fresh Start Anchors on Choice
What do I need to do?

3. COUNSEL
A Fresh Start Thrives with Counsel
What do I need to know?

4. COMMITMENT
A Fresh Start Progresses with Commitment
What will it take?

5. COMPLETION
A Fresh Start Matures on Completion
Who will I become?

fresh START logo
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