



## Pillar 2: WASH and healthier lives

UP adopts an integrated approach to tackling underlying drivers of ill health, primarily focussing our attention on WASH, malaria, nutrition, and sexual and reproductive health (SRH) including HIV/AIDS, which are integrated into our other programme interventions. We aim to increase the adoption of positive health behaviours and uptake of health services through innovative, sustainable direct support and broad-based behavioural change and communication initiatives.

The WASH and healthier lives pillar has four outcomes:

### 1. Increased equitable access to safe drinking water and sanitation

We focus on rural communities and institutions such as schools with sanitation, safe water provision and hygiene messaging. This includes ensuring WASH facilities are accessible to people with disabilities, and promoting safe menstrual hygiene facilities and practices for adolescent girls.

### 2. Reduced number of malaria-related cases and deaths through supporting universal access to bed nets

Working with partners, we will continue to work towards universal access to bed nets and other vector control interventions.

### 3. Sustainably managed water and sanitation services and facilities

UP builds the capacity of communities and districts to determine priorities and maintain solutions, promoting market-based approaches through entrepreneurship.

### 4. Better health behaviours and practices, particularly in terms of hygiene and sanitation, nutrition, and sexual and reproductive health (including HIV/AIDS)

UP will achieve this through social mobilisation, advocacy, and a number of communication channels such as sport and technology. We will identify and build the capacity of change agents to reinforce health messaging and become role models for adopting practices.

#### Some of our achievements over the last five years:

- Constructed or repaired over 2,000 water points, providing access for over half a million people
- Supported 2,500 villages, totalling 13 whole Traditional Authorities, to achieve ODF status
- Distributed 3.2 million insecticide-treated nets, influencing national strategy to reflect our best practices
- Contributed to a 38% reduction in moderate child stunting among under-twos in Dedza and Balaka