

## Statement Of Counseling

We believe that for anyone to be most fulfilled he or she needs to establish a personal relationship with God through embracing Jesus Christ as their Savior from sin and allow Jesus to be the Lord of their life. We believe the Bible is God's guide for enjoying this relationship with God. In addition, we believe the Bible contains not only relational truths for growing with God, but practical guidelines for living life as well. This is why the Bible is so important in the counseling process.

The goal of Crossroads Counseling is to help people understand and apply the timeless truths the Bible contains as they live in this fallen world. Through this process a person can grow into spiritual maturity and progressively become like Jesus in desires, thoughts, motives, and actions. We believe "broken people helping other broken people find healing through the power of the gospel and in the power of the Spirit as they apply the living principles of Scripture (Hebrews 4:12) to life".

We believe that the Bible clearly teaches us that we cannot change ourselves even though we have entered into a personal relationship with God through Jesus Christ. Life-change is one of the roles of the Holy Spirit, the third person of the triune God. The Holy Spirit has been given to every Christian and He partners and enables the Christian to change over time as that person applies the principles of scripture to life.

We also recognize the complexity of the relationship between the body and soul and the challenges one may have due to their environment. Because of this, we seek to remain sensitive to physical factors and organic issues that impact a person's life. In our desire to help people, we seek to apply God's Word to life amid bodily strengths and weaknesses. We encourage a thorough assessment and sound treatment for any suspected physical problems and treatment may include medication under the care of a physician.

God's amazing design for His children includes that they live as a family. Once a person becomes a Christian that person is a child of God. It is in the family of God where discipleship, becoming more like Jesus over time, is to take place. God designed us to need one another and we value loving and supportive relationships in the counseling process.

We desire to be an encouragement to those who are disciples of Jesus and those who may wish to become a follower of Jesus. As a result, we want to help people understand God's design for life as He has laid it out in the Bible.