As an individual:

- I will develop my skills to the best of my ability and give my best effort in practice and competition.
- I will compete within the spirit and the letter of the rules of my sport, showing good sportsmanship and respect for the game officials.
- I will respect the dignity of every human being, and will not be abusive or dehumanizing of another individual.

As a member of a team:

- I will place team goals ahead of personal goals.
- I will be a positive influence on the relationships on the team.
- I will follow the team rules established by the coach.

As a member of society:

- I will display caring and honorable behavior off the field and be a positive influence in my community and world.

_________________________  ___________  __________________
Player Signature  Player Name (Printed)  Date