



UNIFORMS, GAME EQUIPMENT, & INSURANCE

UNIFORMS

Uniforms and how they are worn should meet the dress code of the participating parish and/or school. The following should be taken into consideration when determining at the parish or school level the approach to team uniforms for each sport:

- Uniforms should be age appropriate and modest in light of CYO Athletics as a youth sports program and an extension of the Catholic Church;
- Uniforms should be functional and not a distraction during competition;
- Uniform choice should show care and concern for the self-esteem and body image of all participants;
- Consistency of uniforms (style, color, etc.) creates a sense of team unity and togetherness;
- No jewelry, barrettes, beads, or bandanas may be worn while playing. This includes posts for pierced ears.
Unadorned, flat clips 2 inches or smaller will be allowed.
- Use of CYO Athletics Logo
 - It is the expectation that as programs replace uniforms that they add the logo of "CYO Athletics" to their uniforms.
 - Logo can be obtained from CYO Athletics and should only be used on team uniforms unless approved in writing by the Director of CYO Athletics
 - Standard size: 2 ¼ "
 - Standard location: center back or left sleeve
- Uniforms should be used only in CYO Athletics events or competition approved by CYO Athletics. Requests for approval from the Parish/School Athletic Director should be sent to and approved by the Director of CYO Athletics prior to commencement of any outside competition.
- All players must have uniforms with identifying numbers.
- All players on a team must have the same color uniforms. In addition, any shirt under a tank top jersey in basketball should match the jersey color.
- Numbers on each uniform should meet the size requirements for that sport. Basketball requires 4 inch numbers on the front and 6 inch numbers on the back. It is important that volleyball players have a number on front of the shirt as well as the back.
- To preclude the tracking of dirt on the gym floors, game shoes must be carried, not worn, to games in the gymnasiums.
- To save money, CYO Athletics suggests parish athletic associations buy T-shirts only for teams up through 5th grade.
- No sponsorships shall be included on team uniforms.

NOTE: Officials shall use their own good judgment in handling of duplicate numbers and other aspects of uniform problems.

GAME EQUIPMENT

Each team will be responsible for providing all necessary equipment needed for its own team.

- All teams must have a first aid kit that includes ice packs.
- All game equipment must meet the requirements for that sport, unless otherwise specified in the supplemental rules of CYO Athletics.

INSURANCE

Through its registration process for CYO Athletics, each parish/school is individually responsible for ensuring that all participants in CYO Athletics activities are adequately covered by the proper insurance and that their parents have signed a parish/school liability release form.