"To use the tools and techniques of sport and training to overcome the hurdles of life, to transcend, is the greatest gift a coach can give or an athlete can learn."

- Susan Saint Sing

"Spirituality of Sport - Balancing Body and Soul"

ALL coaches need to be listed on the official roster submitted to CYO Athletics and included on the list submitted to your parish/school Safe Environment Program Coordinators. This ensures that all coaches are tracked for compliance and that we are maintaining safety and consistency in regards to who is coaching in CYO Athletics.

High school and college persons are eligible to coach provided that team is registered in the name of a responsible adult coach (19 years of age or older) who will occupy a position on the team bench during each game. Coaches in boys and girls high school basketball divisions must be 25 years of age or older.

To clarify the Safe Environment requirement, refer to the following criteria for whether an individual is a coach:

- If an individual helps with more than half of the practices, they are a coach;
- If an individual devises coaching/playing strategy and/or sits with the team during competition, they are a coach;
- Placed in primary supervision for athletes on a team, they must be cleared and trained as a coach;
- Coaches are responsible for primary supervision of athletes, they do not transfer that primary supervision to a "parent helper" or underage coach (under 18 years old, who has not met SEP requirements) because that individual has not been authorized for that role in that context.

COACHES RESPONSIBILITIES

- Satisfying the Safe Environment requirements. This includes reviewing with any coach under the age of 18 years old the Prevention of Sexual Abuse policies and the basic principles covered in the program.
- Having attended PLACT in-person Sports as Ministry coaches training before coaching for a second season in CYO Athletics and staying current with requirements.
- Ensures compliance with Lystedt Law and Sudden Cardiac Arrest requirements by coach, parents and athletes.
- Attending the CYO Athletics preseason coaches meeting. In the event that this is not possible, the head coach must make sure an assistant coach, or at the very least, a parent helper represents the team.
- Conducting a preseason parents/coaches meeting to ensure everyone thoroughly understands the responsibilities of coaches, parents, and athletes.
- Verifying the eligibility of each player on one's team through the parish or school. Use of an ineligible player(s) either deliberately or unknowingly shall result in a forfeiture of each game in which the player(s) took part.
- Making sure the proper roster form is filled out and submitted to the parish/school athletic director with eligible players so they may be verified and submitted to the CYO Athletics office prior to the roster deadline for each sport.
- Making sure that the signed CYO Athletics Code of Conduct is on file within their parish or school for themselves and for each member of their team and their parent(s)/guardian(s).
- Ensure parish/school conflicts have been received from parents and communicated to Athletic Director.
- Having first aid supplies (including ice or ice packs) at each practice and games and medical emergency forms for each athlete.
- Ensuring pre-game prayer and statement take place.
Score Reporting - For 5th-8th grade teams, the coach of the winning team (both teams in case of a tie in soccer) each week will be responsible for either calling in (206.654.4643) or emailing (cyoscores@seattlearch.org) to report the game score by Sunday evening. Failure to report a score so that it can be posted and verified by end of business day the following Friday may result in a loss. It is recommended that coaches call in on game day to report. The score report should include the name of the team, the grade level, the gender, the division (i.e. North, AA Central or AAA South) in addition to the score listing who won and who lost. If auto-coach scoring is enabled through Team Sideline, score reporting may be done that way.

Avoiding Practice Conflicts – Not scheduling practice during school hours of team members, or that will conflict with liturgies of any Holy Days.