JULY

July 1- The John Hay Estate at The Fells: Historic Home Opens for the Season
The Main House is now open 10am-4pm Wednesdays- Sundays. Discover what life was like on an early 20th century New Hampshire summer estate. See new exhibits in history, ecology and art. Take an historic guided or self-guided tour of the 22-room Colonial Revival Main House, explore the renowned gardens and sculpture, build a fairy house in the children’s Fairy Village and experience the natural world on an easy hike along one of our scenic trails. Our Plant Stand located in the Gatehouse Courtyard is open daily, 10am-4pm. Site admission applies. Please note that we have new guidelines for visiting to help protect our visitors, volunteers, and staff from COVID-19. Masks are required when in the Main House. Visit our website for full information.John Hay Estate at The Fells, www.thefells.org

July 1-October 12
1st Floor Gallery Exhibit: “Stillness and Motion”
Open during Main House hours and included with regular admission fee.

July 1-October 12
2nd Floor Gallery Exhibit: “The Hidden Talents of The Fells”
The Fells summer exhibit on the second floor gallery is called “The Hidden Talents of The Fells” and highlights the creativity of some of our Fells volunteers. We have selected a small group of artists that were known to the committee and hope that others may be discovered for future shows. Open during Main House hours and included with regular admission fee. www.thefells.org

July 1-October 12
History Exhibit: “All Aboard! - Railroads, John Hay, and The Fells”
The John Hay Estate at The Fells is pleased to participate in the region-wide series of exhibits and programs entitled, “All...Aboard! Economic, Social, and Environmental Change During New Hampshire’s Railroad Era.”

The Fells exhibit tells three stories connected to the railroad era:
First, we explore how John and Clara Hay might have traveled from their home in Washington, D.C. to the Fells on Lake Sunapee. There is no known record of an actual trip but through research, we suggest one likely route based on the railroad and steamer schedules for the year 1902. This door-to-door itinerary highlights some of the servants who lived in the Hay household in Washington, describes the new rail service from Washington to Boston, that made it possible to make that leg of the trip in one day, and finally the train that brings the Hay’s from Concord to Newbury Harbor.
Second, we tell a few of the stories surrounding President Theodore Roosevelt’s visit to The Fells on August 28, 1902. How did the President travel to see his Secretary of State? What might the Hay’s have served at dinner? What happened when Clarence Hay’s dog was banished from the house, for fear that he would disturb the President’s sleep?

Lastly, we retell the story of John Hay’s death at The Fells on July 1, 1905. His body was carried by wagon to the Newbury Railroad Station, where the town residents gathered to say goodbye to their famous neighbor. The train carried the body and Clara and Clarence to the funeral and burial in Cleveland, Ohio.

Open during Main House hours and included with regular admission fee. (For more information about area events beyond the Fells, please see www.nhmuse.org.

July 1-October 12
Ecology Exhibit: “Stillness and Motion in the Natural World”
Located in the Pavilion. Open during Main House hours and included with regular admission fee.

July 1-October 12
Art in Nature 2020 Sculpture Exhibit
A contemporary exhibit of some of the finest New England Sculptors set on the beautiful grounds of The Fells. Each piece is sensitively sited to seamlessly integrate that which is human created into the surrounding landscape. In keeping with the art exhibit theme of “Stillness & Motion,” this year’s exhibit features a combination of still and kinetic pieces including one piece custom made for our gardens. John Hay Estate at The Fells, www.thefells.org

Veranda Readings: John Hay’s Memories of the Fells
Wednesday, July 1, 3:30-5:00pm
John Hay had written in several of his books about childhood summers spent at The Fells, his parents Clarence and Alice Hay and the special places he fondly remembers exploring. This late afternoon program on the Veranda of the Main House will share readings from John Hay’s works—The Immortal Wilderness, A Beginner’s Faith in Things Unseen, and In The Company of Light. Join Dave Anderson as he reads several passages from John Hay’s writings—each inspired by John Hay’s boyhood rambles at The Fells, Lake Sunapee and his own summertime explorations of the former farms which now comprise The Fells and the Forest Society’s Hay Forest Reservation. No hiking, this program takes place on the Veranda of The Main House. Co-sponsored by Society for the Protection of NH Forests and The Fells. Members $10, nonmembers $15 per program. Advance registration required as space is limited to 25 people. To register, or for more information contact 603-763-4789 x3 or visit our website. John Hay Estate at The Fells, www.thefells.org.

Mindful Flow Yoga: Series in the Garden at The Fells
Mondays, July 6 - August 3, 10-11am
Join Kristina Lafiosca of Cow Face Yoga for a practice in mindful movement. This peaceful and slow flowing vinyasa class emphasizes the connection between methodical movement and breath. Class will begin with several minutes of meditation, a warm-up of gentle movement and stretching, and will
gradually build into a sequence of accessible yet challenging postures. Class will conclude as it began, with several minutes of meditation, and of course a blissful savasana (or, final rest pose). Mindful Flow encourages yogis of all ages and experience to join. Chairs are available for use. Please bring water and a yoga mat! This 6 week session will be held rain or shine in either the Gardens or the Pavilion at The Fells. Full six week session is $80 or drop-ins are welcome, if space is available, for $17/class. Class size is limited to just 20 people and advance registration is required., call 603-763-4789 x3 or pay online at www.thefells.org. John Hay Estate at The Fells.

**Kids in Nature: Watercolor Camp**
**Monday - Thursday, July 6-9, 9:00am-12:00noon**
Join local artist Debbie Campbell for a four-day workshop on the essentials of watercolor painting. Students, ages 8 and up, will learn watercolor techniques and express their creativity while learning about color, composition and perspective. (Note: Camp does not meet on Wednesday.) Meets on the Veranda. Members $50, nonmembers $75. All materials provided. Advance registration required. Camp will be limited to 8 children. Scholarships available. To inquire or register, call 603-763-4789 x3. John Hay Estate at The Fells, www.thefells.org.

**Artists Weekend**
**Saturday-Sunday, July 11-12 10am-4pm**
**Sunday – Wet Paint Sale: 3:00-4:00pm**
Discover the natural beauty and gardens of The Fells through the eyes of prominent New England artists as they create en plein air. Visitors are invited to observe artists interpret the landscape, watch as their paintings come to life, and discuss their individual techniques and learn what inspires them. Select artists demonstrate special artistry methods. Sunday culminates with an exhibit of the weekend’s paintings; and a wet paint sale. There is also an opportunity to meet and greet the Sculptors who have created the works throughout the grounds for Art in Nature: Sculpture 2020. Note that Sunday’s wet paint sale is free to all beginning at 3pm and that paintings may be purchased off the easel anytime on Saturday or Sunday. Members: free, nonmembers: included with regular admission fee. John Hay Estate at The Fells, www.thefells.org.

**Kids in Nature: Photography Camp**
**Monday-Thursday, July 13-16, 9:00am-12:00noon**
Budding young photographers, ages 10 and up, join our photography instructor, David Blohm, for a four-day workshop and learn the essentials of nature photography and composition. Bring your own camera (DSLR preferred or a camera with a fully adjustable manual mode) and your creativity, and leave with outstanding images. Meets at the Gatehouse. Members $50, nonmembers $75. Advance registration required. Camp will be limited to 8 children. Scholarships available. To inquire or register, call 603-763-4789 x3. John Hay Estate at The Fells, www.thefells.org.

**Art in Bloom**
**Thursday-Sunday, July 16-19, 10:00am-4:00pm**
Experience the art of our current Gallery exhibit, “Stillness and Motion,” through the eyes of talented local floral designers. See how they interpret the painted canvas through innovative floral designs—from a single stem set in the perfect vase to an elaborate arrangement. Members free, non-members pay Fells Site Admission. John Hay Estate at The Fells, www.thefells.org.

**Floral Design Presentation on the Veranda**  
**Thursday, July 16, 11am-12noon**  
Come and watch a professional floral designer, interpret a painting or sculpture from the current exhibit. Learn how to select materials and containers and create style, shape and color. Members: $5, non-members: $15. Meets on the Veranda of the Main House. Advance registration is required as space is limited. To register visit our website or call 603-763-4789 x3. John Hay Estate at The Fells, www.thefells.org.

**Mindful Flow Yoga: Series in the Garden at The Fells**  
**Mondays, June 6 - August 10, 10-11am**  
Join Kristina Lafiosca of Cow Face Yoga for a practice in mindful movement. This peaceful and slow flowing vinyasa class emphasizes the connection between methodical movement and breath. Class will begin with several minutes of meditation, a warm-up of gentle movement and stretching, and will gradually build into a sequence of accessible yet challenging postures. Class will conclude as it began, with several minutes of meditation, and of course a blissful savasana (or, final rest pose). Mindful Flow encourages yogis of all ages and experience to join. Chairs are available for use. Please bring water and a yoga mat! This 6 week session will be held rain or shine in either the Gardens or the Pavilion at The Fells. Full six week session is $80 or drop-ins are welcome, if space is available, for $17/class. Class size is limited to just 20 people and advance registration is required. call 603-763-4789 x3 or pay online at www.thefells.org. John Hay Estate at The Fells.

**Kids in Nature: Nature Explorers Camp**  
**Monday-Wednesday, July 20-22, 9:00am-12:00noon**  
For children entering grades 1-5

Come investigate the wild side of The Fells to learn the secrets of the plants and animals that call it home! During our three days of adventure we will explore nature’s playground in the forest, stream, meadow and lake! Attendance at the VINS program on July 22nd is included. Members $35, nonmembers $50. Advance registration required as space is limited. Scholarships are available. To inquire or register, call 603-763-4789 x3. John Hay Estate at The Fells, www.thefells.org.

**VINS –Presentation with Live Animals: “Owls and Their Calls”**  
**Wednesday, July 22, 1:00-2:00pm**
Did you know that not all owls hoot? This program includes live animals as well as audible sounds of the local owls and their calls. This first-hand encounter enables participants to understand the defining characteristics and adaptations for life as a nocturnal predator on the wing. Touchable artifacts and hands-on materials round out this special experience. Suitable for all ages. Members: free, non-members: included with regular admission fee. Advanced registration is required as space is limited. To reserve call 603-763-4789 x3. John Hay Estate at The Fells, www.thefells.org.

Fairy Festival  
Sunday, July 26, 1:00-4:00pm  
This celebration of Fairy Houses connects children to the natural world and includes crafts, stories and readings, and, of course, building fairy habitats in The Fells Fairy Village. Kids of all ages will surely enjoy a new addition this year, a fairy ballet, “Child of Earth, Child of Faerie” performed by Ballet Misha. Children are invited to dress in their finest Fairy or Gnome attire. Members; adults $10, children $10, family maximum of $20: nonmembers; adults $20, children $10, family maximum of $40 (Includes site admission). Reservations are required and space is limited. Call 603-763-4789 x3 or reserve on-line. www.thefells.org John Hay Estate at The Fells

Mindful Flow Yoga: Series in the Garden at The Fells  
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The John Hay Estate Summer Luncheon Series  
Wednesday, July 29, 11am-2pm  
Green Thumbs in the White House  
Presentation by Kevin Bragg of Canterbury Plantation  
Take a trip through time at 1600 Pennsylvania Ave, as we examine the horticultural history behind the "Executive Residence". We'll learn about the people, both Presidents and gardeners, who have left their mark on the White House. This illustrated presentation will show glimpses of the "President's Park" as it has changed from 1790 to the present. Kevin Bragg, owner and chief water applicator of Canterbury Plantation, will share his personal stories of working in the White House. Meets at the Pavilion. Because of COVID-19 we are unable to offer food and beverages this summer but we encourage you to please bring your own lunch to enjoy during the presentation. Members: $25, nonmembers: $35. Advanced Registration is Required as the event will be limited to 25 people. To register, call 603-763-4789 x3. John Hay Estate at The Fells, www.thefells.org.
Votes for Women: A History of the Suffrage Movement  
Thursday, July 30, 4-5pm

The campaign for women’s right to vote was a long one, from the 1848 Women’s Rights Convention in Seneca Falls, New York to ratification of the 19th amendment in 1920. Who were the key players in New Hampshire and the nation? What issues and obstacles did they face? How did suffragists benefit from World War I in the final push for passage of the women’s suffrage amendment? Who was left out when women got the right to vote? Using historic photos and documents, Liz Tentarelli will guide us on the journey. Liz is president of the League of Women Voters NH, a non-partisan organization that is the direct descendant of the National American Woman Suffrage Association. This program is in collaboration with New Hampshire Humanities. Members: free, non-members: included with regular admission fee. Meets at the Pavilion. Advance registration is required as space is limited. To register, call 603-763-4789 x3 or visit our website. John Hay Estate at The Fells, www.thefells.org.

Liz Tentarelli had a career spanning over 30 years teaching high school and college students, including 19 years at Merrimack College in North Andover, MA. Liz has been a member of the League of Women Voters, a non-partisan political organization, for more than 25 years and president of the state League since 2009. The League is a direct descendant organization of the women’s suffrage movement. Liz was appointed in 2015 by Governor Maggie Hassan to serve on the Citizens Advisory Board to the NH Correctional Facility for Women.

Mindful Flow Yoga: Series in the Garden at The Fells  
Mondays, July 6 - August 10, 10-11am

Join Kristina Lafiosca of Cow Face Yoga for a practice in mindful movement. This peaceful and slow flowing vinyasa class emphasizes the connection between methodical movement and breath. Class will begin with several minutes of meditation, a warm-up of gentle movement and stretching, and will gradually build into a sequence of accessible yet challenging postures. Class will conclude as it began, with several minutes of meditation, and of course a blissful savasana (or, final rest pose). Mindful Flow encourages yogis of all ages and experience to join. Chairs are available for use. Please bring water and a yoga mat! This 6 week session will be held rain or shine in either the Gardens or the Pavilion at The Fells. Full six week session is $80 or drop-ins are welcome, if space is available, for $17/class. Class size is limited to just 20 people and advance registration is required., call 603-763-4789 x3 or pay online at www.thefells.org. John Hay Estate at The Fells.

AUGUST

Summer Concert with Peabody’s Coal Train  
Sunday, August 2, 5-7pm

Peabody’s Coal Train (PCT) is a unique, local NH acoustic Americana 6-piece band featuring strings and shared vocal harmonies. Musicians are Jason Teaster on acoustic guitar, Dave Anderson on harmonica, Steve Cybulski on banjo, Dave Carroll on mandolin, Larry Houghton on upright bass, and Scott Hayes on guitar and dobro. Our home is the Contoocook River Valley of central, NH. We enjoy playing originals and covers that tell stories which celebrate the triumphs and tragedies of human conditions. We particularly appreciate opportunities to interact with a listening audience in special venues with neighbors and new friends. Because of COVID-19 we are unable to offer food and beverages this summer but we
Mindful Flow Yoga: Series in the Garden at The Fells
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Join Kristina Lafiosca of Cow Face Yoga for a practice in mindful movement. This peaceful and slow flowing vinyasa class emphasizes the connection between methodical movement and breath. Class will begin with several minutes of meditation, a warm-up of gentle movement and stretching, and will gradually build into a sequence of accessible yet challenging postures. Class will conclude as it began, with several minutes of meditation, and of course a blissful savasana (or, final rest pose). Mindful Flow encourages yogis of all ages and experience to join. Chairs are available for use. Please bring water and a yoga mat! This 6 week session will be held rain or shine in either the Gardens or the Pavilion at The Fells. Full six week session is $80 or drop-ins are welcome, if space is available, for $17/class. Class size is limited to just 20 people and advance registration is required., call 603-763-4789 x3 or pay online at www.thefells.org. John Hay Estate at The Fells.

Kids in Nature: Nature Explorers Camp - 2nd session of this camp
Monday-Wednesday, August 03-05, 9:00am-12:00noon
For children entering grades 1-5
Come investigate the wild side of The Fells to learn the secrets of the plants and animals that call it home! During our three days of adventure we will explore nature’s playground in the forest, stream, meadow and lake! Members $35, nonmembers $50. Advance registration required as space is limited. Scholarships are available. To inquire or register, call 603-763-4789 x3. John Hay Estate at The Fells, www.thefells.org.

Hay Day
Sunday, August 9, 10:00am-2:00pm
A fun-filled day for all ages with old-fashioned games, children’s art projects, visit with animals, craft demonstrations, a presentation from beekeeper John Chadwick, and special performances by Kathy Lowe and Fred the Magician! Explore nature trails, create a fairy house in the Fairy Village, discover Art in Nature 2020, the Outdoor Sculpture exhibit, and other brand new art and history exhibits in the Main House. Step back in time and take a historic tour of the Main House and gardens, or just imagine a simpler bygone life while relaxing on the Veranda. We encourage you to bring your own picnic to enjoy during Hay Day! Members: free, non-members: included in regular admission fee. John Hay Estate at The Fells, www.thefells.org.
encourages yogis of all ages and experience to join. Chairs are available for use. Please bring water and a
yoga mat! This 6 week session will be held rain or shine in either the Gardens or the Pavilion at The Fells.
Full six week session is $80 or drop-ins are welcome, if space is available, for $17/class. Class size is
limited to just 20 people and advance registration is required., call 603-763-4789 x3 or pay online at
www.thefells.org, John Hay Estate at The Fells.

Vinyasa and Vino with a View in the Garden at The Fells
Friday, August 14, 5-6:15pm Vinyasa Yoga Class with Bring your Own Wine and Cheese to follow
Join Kristina Lafiosca of Cow Face Yoga and local jazz guitarist, Rob Wolfe, of the Rob Wolfe Trio, for
a beautiful evening of music, movement, and vino with a view! Kristina will lead you through a series of
mindfully placed yoga postures as Rob provides guitar soundscapes, seamlessly complementing the pace
of the vinyasa flow. Class will conclude with a peaceful and musical savasana, or final rest pose. Linger
after the yoga session and enjoy wine and cheese among the gardens with their view of Lake Sunapee at
The Fells. Because of COVID we have modified this event to “bring your own wine and cheese”. What a
great way to kick off a weekend! This unique yoga session will be held rain or shine in either the Gardens
or the Pavilion at The Fells. $30 per person in advance or $35 per person, if space is available, the
evening of the event. Class size is limited to 20 people and advance registration required, call 603-763-
4789 x3 with questions or to check availability or pay online at www.thefells.org. John Hay Estate at The
Fells

Summer Concert with Opera North
Sunday, August 16, 5:00-7:00pm (Note this event was changed from July 19th)
In its annual visit to The Fells Opera North will entertain us with delightful music and performances.
Check back for more information about the performance. Please bring your own picnic to enjoy as you
listen to the music. $25 per person. Advanced registration is required and space is limited to 50 people.
Call 603-763-4789 x3 or register online at www.thefells.org. John Hay Estate at The Fells.

Spirit of Place: The Making of a New England Garden
A Talk by Author Bill Noble
Thursday, August 20, 4-5pm
In Spirit of Place: The Making of a New England Garden, Bill Noble tells the story of the making of his
Vermont garden. He traces its evolution, sources of design inspiration, as well as the principles that
guided its making. “I draw connections between my own garden and gardens that inspired it, especially
those of the Cornish Artists’ Colony, and The Fells, as well as outstanding contemporary and historic
gardens encountered through my work with the Garden Conservancy. My main goal has always been to
create a garden with a sense of place where the emotional response comes first. In this richly illustrated
talk I show how I use hardy perennials and shrubs to create planting compositions of foliage and
flowering interest that deepen and extend the sense of being rooted in place.”

For thirty years Bill Noble has worked as a garden designer and preservationist. As Director of
Preservation for the Garden Conservancy he was instrumental in the preservation and restoration of
dozens of gardens throughout the United States. Bill began his career working in the gardens of the
sculptor August Saint-Gaudens and other artists in the Cornish, New Hampshire Artists’ Colony. He then
went on to become the first landscape director at The Fells, from 1993 to 1998. As a garden designer, Bill
works with clients, both private individuals as well as public gardens, to create new gardens and restore and revitalize existing ones. His hands-on style and knowledge of plants, design, and maintenance contribute to the creation of gardens of lasting quality.

We are very pleased to welcome Bill Noble back to The Fells. Meets at the Pavilion. Members: $5, nonmembers: $15. Advanced registration as space is limited, call 603-763-4789 x3. John Hay Estate at The Fells, www.thefells.org.

**Summer Concert with Cyn Barrette & the Cyn Barrette Jazz Trio**

**Sunday, August 23, 5:00-7:00pm**

“Here’s To Life” Because of COVID-19 we are unable to offer food and beverages this summer but we encourage you to please bring your own picnic to enjoy as you listen to the music. Registration is required as space is limited. Visit our website or call the office to register 603-763-4789 x3 $25 per person. John Hay Estate at The Fells, www.thefells.org.

**Mindful Flow Yoga: Series in the Garden at The Fells**

**Mondays, August 24 - October 05 (Excluding Labor Day), 10-11am**

Join Kristina Lafiosca of Cow Face Yoga for a practice in mindful movement. This peaceful and slow flowing vinyasa class emphasizes the connection between methodical movement and breath. Class will begin with several minutes of meditation, a warm-up of gentle movement and stretching, and will gradually build into a sequence of accessible yet challenging postures. Class will conclude as it began, with several minutes of meditation, and of course a blissful savasana (or, final rest pose). Mindful Flow encourages yogis of all ages and experience to join. Chairs are available for use. Please bring water and a yoga mat! This 6 week session will be held rain or shine in either the Gardens or the Pavilion at The Fells. Full six week session is $80 or drop-ins are welcome, if space is available, for $17/class. Class size is limited to just 20 people and advance registration is required., call 603-763-4789 x3 or pay online at www.thefells.org. John Hay Estate at The Fells.

**The John Hay Estate Summer Luncheon Series**

**John Hay Mystery Series**

**Author, Burt Solomon**

**Wednesday, August 26, 11am-2pm**

Author Burt Solomon writes, “In both of my historical mysteries—it’ll be a trilogy—I’ve used John Hay as my detective (and alter ego). I didn’t choose him; he chose me.” Mr. Solomon will talk about how he turned a fascinating historical figure into a quasi-fictional character. What did he keep; what did he add; and why? John Hay was an accomplished, charming, and complicated man—“a fallible, engaging character,” as a reviewer put it—Hay is a marvelous vehicle for viewing the tumult of American history from Lincoln to Theodore Roosevelt. Join us for this delightful presentation followed by conversation with Mr. Solomon, who will take questions and comments. Books will be available and the author is willing to sign them. Meets at the Pavilion. Because of COVID-19 we are unable to offer food and beverages this summer but we encourage you to please bring your own lunch to enjoy during the presentation. Members: $25, nonmembers: $35. Advanced Registration Required as space is limited. To register, call 603-763-4789 x3. John Hay Estate at The Fells, www.thefells.org.
The John Hay Estate Summer Luncheon Series

Wednesday, August 28, 10am-1pm (RESCHEDULED FROM JULY)
“A Journey That Never Ends: John Hay’s The Run”

Film Screening and Q&A
Join us for a screening of “A Journey That Never Ends,” a film honoring the environmentalist and nature writer John Hay. Based on his book *The Run*, originally published in 1959, this film follows John Hay as he revisits Stony Brook in Brewster, Massachusetts to observe the amazing annual run of the schools of alewife returning from the sea to spawn in freshwater. “Whether the migration of animals seems random, or with definite intent, it leads across the earth….As a result of a respectful regard for other animals we may find that we are being led onto traveled ways that were once invisible to us, and in their deep alliance with natural forces we find a new depth in ourselves.” After the film, we will enjoy a Q & A with Dave Anderson, Senior Educator from the Society for the Protection of New Hampshire Forests and friend of John Hay. Meets at the Pavilion. Because of COVID-19 we are unable to offer food and beverages this summer but we encourage you to please bring your own lunch to enjoy during the presentation. Members: $25, nonmembers: $35. Advanced Registration is Required as the event will be limited to 25 people. To register, call 603-763-4789 x3. John Hay Estate at The Fells, www.thefells.org.

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SEPTEMBER

First Thursday Hike at The Fells
Thursday, September 3, 11am
Join us for a one-hour hike on The Fells property. These informal, moderate walks will be an opportunity to get a little exercise, spend time out in the landscape, and perhaps discover something new about the property once owned by the John Hay family. Members: free, non-members: included with regular admission fee. No reservations necessary. Meets at The Fells Kiosk.

The Fells Main House Commences Fall Hours
September 8-October 12, 10:00am-4:00pm
The Main House is now open 10am-4pm weekends and Monday Holidays, September 8-October 12. Discover what life was like on an early 20th century New Hampshire summer estate. See exhibits in
history, ecology and art. Take an historic guided tour of the 22-room Colonial Revival Main House, explore the renowned gardens and sculpture, build a fairy house in the children’s Fairy Village and experience the natural world on an easy hike along one of our scenic trails. Our self-serve Plant Stand located in the Gatehouse Courtyard is open daily, 10am-4pm. Site admission applies. John Hay Estate at The Fells, www.thefells.org.

**Baking with Fruit from The Fells Bounty**  
**Wednesday, September 10, 10am-12:30pm**  
Learn from the Master at Blue Loon Bakery. Laurie Schive, co-owner and Head Baker of Blue Loon Bakery, New London, will be leading a hands-on cooking class in baking SOMETHING that will be perfect for an evening get-together. She will be highlighting berries harvested from The Fells very own gardens and other regional ingredients in her selected recipes. Meets at the Pavilion. Members: $30, nonmembers: $40. Advanced Registration Required. Class size is limited to 8 so register early! To register, call 603-763-4789 x3. John Hay Estate at The Fells, www.thefells.org.

**Love for Native Pollinators**  
**Thursday, September 10th**  
**2:00pm to 3:30pm**  
Andy Crowley, of the Society for the Protection of New Hampshire Forests, brings his Woodshop-Wednesday series to you at The Fells for an afternoon of supporting our native pollinators. Participants will learn about our native bees and how to make simple structures (bee hotels) for these generalist pollinators who play a critical role in the health of our gardens. Fells members free, nonmembers $5 or $10 per family. The John Hay Estate at The Fells, www.thefells.org.

**Mindful Flow Yoga: Series in the Garden at The Fells**  
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**Fungi Foray - Maynard Wheeler**  
**Sunday, September 27, 1-4pm**  
Maynard Wheeler and members of the Montshire Mycology Club present an introduction to fungi for beginners followed by a foray amid the rich Fells woodlands and ending with an identification session. Bring a basket and knife. Members: free, non-members $10. Advance registration is required as space is limited. To register call 603-763-4789 X 3. John Hay Estate at The Fells, www.thefells.org.
Mindful Flow Yoga: Series in the Garden at The Fells
Mondays, August 24 - October 05 (Excluding Labor Day), 10-11am
Join Kristina Lafiosca of Cow Face Yoga for a practice in mindful movement. This peaceful and slow
flowing vinyasa class emphasizes the connection between methodical movement and breath. Class will
begin with several minutes of meditation, a warm-up of gentle movement and stretching, and will
gradually build into a sequence of accessible yet challenging postures. Class will conclude as it began,
with several minutes of meditation, and of course a blissful savasana (or, final rest pose). Mindful Flow
encourages yogis of all ages and experience to join. Chairs are available for use. Please bring water and a
yoga mat! This 6 week session will be held rain or shine in either the Gardens or the Pavilion at The Fells.
Full six week session is $80 or drop-ins are welcome, if space is available, for $17/class. Class size is
limited to just 20 people and advance registration is required., call 603-763-4789 x3 or pay online at
www.thefells.org, John Hay Estate at The Fells.

OCTOBER
First Thursday Hike at The Fells
Thursday, October 1, 11am
Join us for a one-hour hike on The Fells property. These informal, moderate walks will be an opportunity
to get a little exercise, spend time out in the landscape, and perhaps discover something new about the
property once owned by the John Hay family. Members: free, non-members: included with regular
admission fee. No reservations necessary. Meets at The Fells Kiosk.

October date- Possible North American Rock Garden Society speaker..MORE INFORMATION TO
COME ON THIS

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www.thefells.org, John Hay Estate at The Fells.

NOVEMBER
First Thursday Hike at The Fells
Thursday, November 5, 11am
Join us for a one-hour hike on The Fells property. These informal, moderate walks will be an opportunity
to get a little exercise, spend time out in the landscape, and perhaps discover something new about the
property once owned by the John Hay family. Members: free, non-members: included with regular admission fee. No reservations necessary. Meets at The Fells Kiosk.

**Christmas at The Fells: Holiday Decorator Showhouse and Boutique**

**November 7-15, 10:00am-3:00pm weekends and 1:00-3:00pm week days**

Tour The Fells Main House and get inspired! Professional interior designers, floral artists, decorators and talented volunteers have sprinkled their magic throughout to create this one-of-a-kind showcase. Tickets are: $20 in advance through November 1st, $25 at the door, $8 for children at all times. Our Holiday Gift Boutique features the finest regional artisans. Buy tickets online at [www.thefells.org](http://www.thefells.org). John Hay Estate at The Fells, [www.thefells.org](http://www.thefells.org).

**DECEMBER**

**First Thursday Hike at The Fells**

**Thursday, December 3, 11am**

Join us for a one-hour hike on The Fells property. These informal, moderate walks will be an opportunity to get a little exercise, spend time out in the landscape, and perhaps discover something new about the property once owned by the John Hay family. Members: free, non-members: included with regular admission fee. No reservations necessary. Meets at The Fells Kiosk.