The Book of Medicines



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The Grandmother Songs

The grandmothers were my tribal gods. They were there when I was born. Their songs rose out of wet labor and the woman smell of birth.

From a floating sleep they made a shape around me, a grandmother's embrace, the shawl of family blood that was their song for kinship.

There was a divining song for finding the lost, and a raining song for the furrow and its seed, one for the hoe and the house it leaned against.

In those days, through song, a woman could fly to the mother of water and fill her ladle with cool springs of earth.

She could fly to the deer and sing him down to the ground.

Song was the pathway where people met and animals crossed.

Once, flying out of the false death of surgery, I heard a grandmother singing for help. She came close as if down a road of screaming.

It was a song I never knew lived inside the muscle of this common life.

It was the terror grandmother.
I'd heard of her.
And when our fingers and voices met, the song
of an older history came through my mouth.

At death, they say
everything inside us opens,
mouth, heart, even the ear opens
and breath passes
through the memories
of loves and faces.
The embrace opens
and grandmothers pass,
wearing sunlight
and thin rain,
walking out of fire
as flame
and smoke
leaving the ashes.

That's when rain begins, and when the mouth of the river sings, water flows from it back to the cellular sea and along the way earth sprouts and blooms, the grandmothers keep following the creation that opens before them as they sing.

Tear

It was the time before
I was born.
I was thin.
I was hungry. I was
only a restlessness inside a woman's body.

Above us, lightning split open the sky.
Below us, wagon wheels cut land in two.
Around us were the soldiers,
young and afraid,
who did not trust us
with scissors or knives
but with needles.

Tear dresses they were called because settler cotton was torn in straight lines like the roads we had to follow to Oklahoma.

But when the cloth was torn, it was like tears, impossible to hold back, and so they were called by this other name, for our weeping.

I remember the women.
Tonight they walk
out from the shadows
with black dogs,
children, the dark heavy horses,
and worn-out men.

They walk inside me. This blood is a map of the road between us. I am why they survived.
The world behind them did not close. The world before them is still open.
All around me are my ancestors, my unborn children.
I am the tear between them and both sides live.

Tear dresses are traditional Chickasaw women's clothing.

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Anachronistic Conversations: Sally & Chet'la

Somewhere between love and Stockholm, you'll find me clutching inkwell and shoe buckle.

You didn't travel your grandmother's Middle Passage in linen-lined cabin.

Even as he became purr of his own musculature, he could have unlaced me.

You are my sister, my mother, the lover I don't want to be, but fear that I am.

In the alcove, I turned my head left, no right, to see the skylight.

Nightingale of America mute, mother-matriarch. Quadroon like quarter—not part of town, but the only math that counts. Mulatto

meaning half-ass, half pure-bred: mongrel, mutt, more miscegenation-related language.

But I want to sever the silence

breathe you back into existence.

Even though partus still sequitur ventrum meaning matrilineal, meaning forever.

So, this is remembering.
This is forgetting.

Anachronistic Conversations: Chet'la

Every time I try to leave, you pull me back,

Sally_

your almost white blackness, the interval between our bodies.



Timeline

AGR Annette Gordon-Reed

EH Elizabeth Hemings

HH Harriet Hemings (II)

JC James Thomson Callender

JH James Hemings

JMH James Madison Hemings

MH Mary Hemings

MJ Martha Wayles Skelton Jefferson

MJE Maria Jefferson Eppes

MJR Martha Jefferson Randolph

SH Sally Hemings

TB Thomas Bell

TEH Thomas Eston Hemings

TJ Thomas Jefferson

WBH William Beverly Hemings

1735 Elizabeth "Betty" Hemings (EH) is born. She is the daughter of Captain Hemings, an English sea captain, and an enslaved African woman whose name has been lost in history.

1743 Thomas Jefferson (TJ) is born.

1772 TJ marries widow Martha Wayles Skelton (MJ) in January. Their first daughter, Martha "Patsy" (MJR), is born later that year.

1773 EH has Sarah "Sally" Hemings (SH). SH's father John Wayles, who is also MJ's father, dies.

1774 TJ inherits SH, her mother, and her siblings; they all move to Monticello.

- 1778 TJ's daughter Maria "Polly" (MJE) is born.
- 1782 MJ dies. Before she dies, TJ promises her he'll never marry again.
- 1784 TJ travels to Paris—with MJR and James Hemings (JH), SH's enslaved brother—to negotiate treaties for peace with John Adams and Benjamin Franklin, who is serving as the Minister Plenipotentiary for France. While in Paris, JH studies the art of French cuisine.
- 1785 TJ becomes Minister Plenipotentiary (France). He requests that MJE, who is staying with family, travel to France accompanied by a "careful negro woman"; he suggests an enslaved woman named Isabel. TJ publishes the only book he'll publish during his lifetime: *Notes on the State of Virginia*.
- 1786 TJ meets Maria Cosway, a young, married Italian-English artist. They spend an increasing amount of time together and continue to correspond when she leaves Paris. He writes her "The Dialogue between the Head and Heart" letter, in which he discusses his struggle to reconcile the desires of his head and his heart.
- 1787 SH accompanies MJE to Paris because Isabel is pregnant.
- 1789 SH gets pregnant. TJ, JH, SH, MJR, and MJE return to Monticello. The French Revolution begins.
- 1790 SH gives birth to a child who dies shortly thereafter.
- 1792 Mary Hemings (MH), SH's eldest sister—who had been leased to Thomas Bell (TB), a white merchant in Charlottesville, while TJ was in Paris—asks TJ to sell her to TB. TJ agrees, selling MH and her two children by TB to him. TB informally frees and marries MH—making her the first Hemings to live a life outside the confines of slavery.

- 1794 TJ emancipates Robert Hemings, SH's brother.
- 1795 SH's second child, a girl named Harriet Hemings (I), is born.
- 1796 TJ emancipates JH.
- 1797 Harriet (I) dies.
- 1798 William Beverly Hemings (WBH), SH's third child, and the first who will live into adulthood, is born.
- 1799 SH's fourth child, another girl, is born and dies the following year.
- 1800 TJ is elected president. James Thomson Callender (JC) hopes that TJ will appoint him Postmaster of Richmond. TJ does not.
- 1801 SH gives birth to another daughter named Harriet (HH).
 JH commits suicide.
- 1802 JC prints a story accusing TJ of having a relationship with SH.
 TJ does nothing to refute the accusations.
- 1804 MJE dies. TJ returns from his presidency for two months.
- 1805 James Madison Hemings (JMH), SH's sixth child, is born.
- 1807 TJ signs a law prohibiting the import of enslaved Africans. EH, SH's mother, dies.
- 1808 Thomas Eston Hemings (TEH), SH's last child, is born.
- 1809 TJ retires. MJR moves to Monticello with her husband and their children.

- 1822 WBH and HH "run away" from Monticello, though neither is ever pursued. Edmund Bacon, overseer at Monticello, puts HH in a stage coach bound for Philadelphia with \$50. It is presumed both WBH and HH went to Washington, DC.
- 1826 TJ dies at Monticello on July 4th. JMH and TEH are freed in his will. Although not officially freed in his will, SH is "given her time" and moves to downtown Charlottesville with her two sons.
- 1835 SH dies.
- 1873 (James) Madison Hemings relays his memoir to reporter S.F. Wetmore. It is published in the *Pike County Republican* newspaper in Pebble Township in Pike County, Ohio. This becomes the only real record of the SH and TJ narrative by anyone involved in the history.
- 1974 Fawn M. Brodie publishes *Thomas Jefferson: An Intimate History*, the first biography of TJ that seriously considers the possibility of him having a relationship with SH.
- 1997 Annette Gordon-Reed (AGR) publishes *Thomas Jefferson and Sally Hemings: An American Controversy*, which establishes the likelihood of a relationship between SH and TJ.
- 1998 DNA evidence from TEH's descendants proves that his descendants share a Y-chromosome with TJ.
- 2008 AGR publishes The Hemingses of Monticello: An American Family.
- 2018 The Life of Sally Hemings, a permanent exhibit, opens at Monticello.