

## OUR PROGRAM

### *Effective*

Brain-Gut therapy works because a primary cause of IBS is neurological: a dysregulation in communication between the brain and the gut. Drugs treat only gut symptoms and are effective on just 25% of patients.

### *Trusted*

We use a standardized brain-gut therapy treatment that is practiced at nationally-recognized academic medical centers. You will work with your own specially-trained, state-licensed therapist who has completed formal training in gut health and our IBS treatment program.

### *Convenient*

You see your therapist from the comfort of your home or office using video-chat technology.

## LEARN MORE

metameconnect.com  
info@metameconnect.com  
(888) 463-8263

## metaMe **Health**

*Brain-Gut therapy can be an important part of managing your IBS symptoms, but it may not be for everyone.*

metaMe **Connect**

Over 70%  
of IBS patients  
get relief<sup>1</sup>

Enroll today

[metameconnect.com](https://metameconnect.com)



# We understand how IBS affects your life

Our founder has lived with IBS for over 30 years.

Our specially-trained, state-licensed therapists will guide you through a clinically proven three-month program designed to provide lasting relief from your symptoms.

You complete the metaMe Connect program [online](#) with your therapist from the comfort and privacy of your home or office.

## WHY BRAIN-GUT THERAPY?

Because it works. For over 40 years, clinicians have used brain-gut therapy to treat IBS. Over 25 studies and clinical trials demonstrate its effectiveness in relieving IBS symptoms.<sup>1</sup>

## IS IT RIGHT FOR ME?

Our mission is to help people suffering from IBS. Before you commit to treatment, a therapist will answer all of your questions and make sure our program is right for you.

## HOW WILL IT HELP?

Our treatment substantially reduces symptoms of IBS, such as abdominal pain, bloating, diarrhea and constipation. It works even in patients who don't respond to other approaches.<sup>1</sup>

*In clinical trials, IBS sufferers reported an average of 50% reduction in symptoms and relief lasting years.<sup>1</sup>*

## HOW DOES TREATMENT FEEL?

Our therapists follow a standardized procedure that enhances your ability to focus and concentrate. This heightened state of receptivity allows you to repair the miscommunication between your brain and your gut. People find the treatment to be comfortable and relaxing.

<sup>1</sup>For a full list of scientific and clinical references, see [metameconnect.com](http://metameconnect.com).