Empowering Prompts
Through The Major Arcana
We often turn to the cards to tell us what we need to know, but through a different lens, the cards can serve as a reflection - a mirror - or a tool for us to deep dipper and ask questions rather than seek answers.

This can be especially helpful if you draw a card that you’re having difficulty deciphering. Consider that you have blind spots. Consider that you come at the cards with bias and unknowing. We only see what we are ready to see and when the cards aren’t “clear” it could be because we aren’t in a place to receive what’s being offered. Then what? Whether I’m reading for myself or others, in these moments I often pause and rephrase the advice I wish I could reach as a question not yet uncovered. This is especially true if a card seems particularly out of place in the reading. Maybe that oddly placed Emperor showing up in a reading about love isn’t saying your relationship is rigid but rather, is asking you in what ways do you build walls or conversely, not create boundaries clearly enough?

**How To Use These Prompts:** For starters, I've included both a Sun and Shadow prompt to allow for reversals. This means you can address each card from both an upright and shadow perspective. In terms of using this guide, you could answer them one by one for yourself simply as an act of exploration. Or, you can wait until a card appears in a reading that throws you off or requires an alternative perspective. Or, you can isolate the Major Arcana cards from your deck and throw it to spirit, asking “what is it I need to answer for myself today?” and let the cards dictate where you draw your attention.

Oh, one more thing. You'll notice I have small phrases underneath each card. These were derived during a blackout poetry session that I performed with a copy of the Pictorial Key to the Tarot. Essentially, I went card by card and scratched out everything Waite had written until I could drill the card down to one or two lines that I felt either captured or reimagined its essence.

Please enjoy this extra layer, along with the prompts, and as with anything, please also be empowered to change any questions you don’t resonate with or simply add some of your own.

Happy Seeking,

Julia Eve ❤️
At the edge he rose, prince of travels amidst the keen air.

**Sun:** What would I do if I knew I couldn't fail?

**Shadow:** In what way(s) does enthusiasm prevent me from confronting my blind spots?
The Magician
Divine confidence like an endless cord. Ally of the Instituted Mysteries.

**Sun:** What tools do I have available (within or externally) to manifest my will?

**Shadow:** In what ways is my current focus or fixation hurting myself and/or others?
The High Priestess

Embroidered daughter of the stars. Nourished by herself and the emanations of Divine meaning.

Sun: What does it feel like when my intuition is activated?

Shadow: In what ways do I suppress what it is I know to be true?
The Empress

Venus clothed with the sun, as the veil of ideas leads with Divine Nature.

Sun: What is in my heart to create?

Shadow: In what ways do my insecurities hold me back from expressing who I am and what is in my heart?
He is the executive, occasionally uplifted as the absolute being – but this is fantasy.

**Sun:** In what ways do I create strong boundaries to protect both myself and others?

**Shadow:** In what ways do I place my needs above others and how do I justify this act to myself?
The Hierophant

Guarded power is not salvation, it is religion.

Sun: Considering the path that I am on, who would be an appropriate mentor or what would be an appropriate resource to take me to the next level of understanding?

Shadow: How do I internalize hierarchical systems and in what way(s) do I allow this to hold me back?
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★ The Lovers ★

Love shall arise and the old meanings fall to pieces.

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**Sun:** What am I most passionate about in this moment?

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**Shadow:** In what ways have I allowed desire to lead me astray?
The Chariot

He is triumph of the mind to which liberation is seated.

Sun: What is the most important goal to me at this time and how am I keeping myself accountable to it?

Shadow: In what way(s) do I allow distraction or even malaise to deter my progress and why do I allow this?
Fortitude operates in all planes. It connects many things, but it concerns the confidence found in liberation.

Sun: What area of my life requires an outward demonstration of inner strength?

Shadow: In what way(s) do I allow discomfort to prevent me from showing up for myself and/or others?
The Hermit
A star in search of the truth.

Sun: How can I give myself more space to allow for productive inner exploration?

Shadow: In what way(s) am I holding myself back or hiding behind the guise of introspection?
The Wheel of Fortune

The serpent in motion amidst denial of chance.

**Sun:** What is currently going “right” in my life and how can I maintain this momentum?

**Shadow:** How do I let “fate” or “karma” dictate the flow of my life and how can I disrupt this narrative?
The moral spirit is analogous to possession, not law.

Sun: What is my personal accountability to the issue at hand and am I currently upholding these responsibilities?

Shadow: When was the last time I critically examined the beliefs I uphold and what might be the result or such an exploration?
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★ The Hanged Man ★

A life in suspension has been falsely imbedded in a great awakening.

Sun: What can I gain from stillness and observation as opposed to action and demonstration?

Shadow: In what ways do I allow fear and doubt to halt my progress?
Behind immortality is this present and ordinary death.

Sun: What is in need or shedding?

Shadow: In what ways do I actively and passively resist change?
**Temperance**

The sun pouring the essence of Eternal Life symbolizes the genius of consciousness.

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**Sun:** How can I achieve more balance and harmony in my life?

**Shadow:** What toxic behaviors, mentalities or substances need to be reexamined?
Wings at the pit of the Hierophant carried the fall of the material life. Evil therein signifies the dweller on the threshold.

**Sun:** In what way(s) do I experience myself encased and in what way(s) can I begin to break free or let go?

**Shadow:** How do I enable or justify certain toxic behaviours that keep me from growth?
★ THE TOWER ★

The materialization of the mind is the ruin of falsehood.

Sun: What are current structures or schools of thought that require critical and intensive reexamination?

Shadow: What is something in your life that would be “too devastating” to lose and in what way(s) does this fear negatively impact you or the situation?
Sun: How can I use my light to improve the lives of others as well as myself?

Shadow: In what way(s) do I allow myself or others to diminish my gifts?
The path between fears is a nameless and hideous beast.

**Sun:** In what ways does imagination and fantasy help or hurt my current situation?

**Shadow:** When I ignore my fears and insecurities, what arises in their place?
The holy light of a child is the key to humanity – simplicity and innocence signifies the self-knowing spirit.

**Sun:** When I am my happiest, what am I doing and what does this look like?

**Shadow:** In what way(s) do I allow shame (self-imposed or projected by others) to interrupt my joy, and why do I allow this?
Judgement

The dead are rising, but those who have inner eyes will understand.

Sun: What is it that calls to me and in what ways am I honouring that call?

Shadow: What is something I am currently pouring much energy into despite that fact that it is misaligned to my heart/mind, and in what way(s) am I willing to challenge the direction I’ve been taking?
The World

The perfection of the universe is the soul restored to the morning stars and joy.

Sun: What does success really look and feel like to me?

Shadow: In what way(s) am I sabotaging myself and the goals I say I want to achieve?
For more of me, my tarot perspective and the services I offer, please visit spiralseatarot.com or find me on Instagram at spiralseatarot. I can also be reached by email at spiralseartarot@gmail.com.