2020 By The Numbers

Navigating Our Place in the 9 Year Cycle for the Year Ahead

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# 2020 By The Numbers

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Introduction

Numerology is a system of seeing the complexity of our world and ourselves by looking to the practical and spiritual significance of numbers. Similar to colours, numbers hold a vibration. Depending on where they show up for us through the course of our day, or as they relate to our birthdate or the year ahead, we can observe or apply their significance.

In this guide we'll explore the collective energy of 2020 and then unwrap each personal year number, so you can see how things may unfold or pertain to you in more specific ways.

Please keep in mind that much like our Sun Sign, this information can look very general on the surface. For this reason, it’s important to use discernment. Some ways you can do that include working through the prompt provided for your number, using the spread at the end to gain individualized insight and of course, following your own inner guide to determine what parts are for you and which are not. So like other systems, a personal year number is not the be all end all when it comes to what is happening in our lives. There are many factors that make up our journey and this is just one piece of the puzzle. With anything, take what resonates and adapt or disregard anything that doesn't feel right. When we are clear with self, it will become evident just what facets of any given system are relevant.

And while there are some predictive elements to this, I would encourage you to see it more as guidance. "What is the energy available?" "How can I best work within it?" "How can I get the most out of it?" This will allow for a much more fluid approach that meets each of us where we are, rather than define where it is we can expect to go.

And finally, I hope you enjoy the information and insights contained within, and I wish you a magickal, abundant and transformative year ahead!
Calculating Your Personal Year Number

Before we get too far ahead, take a moment to perform the calculation below to determine what your personal year number is for 2020. To do this, note the following:

Your month of birth + your date of birth + the current year (2020). With that number, continue to add and reduce until you have a single digit such as the example below.

I was born on December 22, so my calculation would look like this:

12+22+2020 OR
1+2+2+2+0+2+0 = 11

1+1 = 2

This means that in 2020 I would be in a personal year 2! For those familiar with numerology, you will notice we’ve stayed away from the master numbers. This is because personal years move along a very specific path (as part of a cycle) and so the master numbers in this case would not apply.

Follow the formula above with your own date of birth and note it below for when we move into the section on individual numbers. Before that, let’s examine what’s happening collectively in 2020.

My personal year number for 2020 is ________________
The 9 Year Cycle

Before we embark, it may be wise to take a quick glance at what the 9 year cycle looks like in full. By doing this, we can see not only where we are, but what year we are transitioning out of and also where we’re headed.

It could be said that our readiness for the energy of the current year may have something to do with what we were able to integrate in the previous ones. This means that the personal year system takes an integrative approach meaning that each point (or year), while able to stand alone, also connects in many ways to the others in the cycle. So the work done in one touches the work done in the next and so on.

That's not to say you can't simply start where you are. It is just to say that there may be some benefit to looking at the whole picture to understand what aspects of which years have been thoroughly worked through and conversely, which could use more attention. Then, narrowing in on the current personal year number, we gain additional insight into what's available. And remember, this is a cycle for a reason. Like The World in the tarot, even when we complete one trip around, the work is never done.

Below are some keywords to get us started and following that, we will examine the collective energy of 2020 which is 4 (2+0+0+2).

1 - beginnings, individuality, innovation
2 - cooperation, love, partnership
3 - community, creativity, expression
4 - foundation, organization, stability
5 - change, configuration, expansion
6 - commitment, harmony, responsibility
7 - inspiration, introspection, spirituality
8 - causality, effort, empowerment
9 - completion, reflection, release
Overview of 2020 For The Collective

Universal Year 4

“True stability results when presumed order and presumed disorder are balanced. A truly stable system expects the unexpected, is prepared to be disrupted, waits to be transformed.” – Tom Robbins

In 2020, we’re collectively shifting into a year 4. When I consider the number four, I think of foundational building blocks, the 4 elements, the stability of a square, the sturdiness of a table and the Emperor from the tarot. This is a year where things can really begin to take shape. But, we must all be cautious that we are devoting time to the process of not just building strong, but building smart. Everything this year requires a solid foundation, and this will be the determining factor in what sustains and what comes apart. While we don't need to lose ourselves in the details, extra care should be taken in all planning stages, especially where new endeavors are concerned.

This attention to the root will touch all aspects of our lives and communities at large i.e. in business, interpersonal relationships, creative pursuits and even aspects of our spirituality. This means if there are cracks in something already established, we should take time to go back to the source and mend (if it’s worthy of repair). And because this is the energy impacting us universally, it’s important to understand that we all may have different ideas of what structure and stability look like. We must create boundaries as we build upon our dreams, but also mind the work of others and lend support (if we are able to).

Now that we have a sense of the collective energies influencing the year ahead, we can proceed to the following sections which will outline each personal year one-by-one. Remember, the number you calculated above will help you navigate to the spot that is relevant to you. But, you can also use the following pages to understand where a friend is (for example), or where you’re headed in the years to come!
Personal Year 1

Beginnings / Individuality / Innovation

“The first step toward getting somewhere is to decide you’re not going to stay where you are.” – J.P. Morgan

Primed For: Planting Seeds
Qabalistic Keyword: Aleph - Ox
Cosmic Influence: Uranus
Located Within: Solar Plexus
Crystal Companions: Citrine, Amber, Yellow Calcite
Tarot Cards: The Magician, The Wheel of Fortune, The 4 Aces

This is the first year of a new 9 year cycle; A fresh start - a blank slate - a year charged with possibility and beginnings. Whether or not you were able to ditch all that wasn’t working last year, and regardless of whether you have a clear and direct plan for the next 12 months, is not the point. More importantly, anything can happen and you are in the driver’s seat.

The first year in the 9 year cycle is that of the individual. It is a year of discovery and laying the foundation of self, but not in the deeply introspective way that a 7 year tends to be. It is more action oriented and directed by will. It is also important that the ground you’re constructing be in accordance with your inner being, as all this work will carry into the rest of the cycle. So really, this isn’t the year to allow other people’s ideas, expectations or obligations dictate your flow. This may also mean you experience some degree of push back (internally or externally) as you make important decisions and declarations, especially if they deviate from the herd or established norms.
In a year 1, you mustn't be afraid to go your own way, speak your truth and honour your desires above all else. That may seem selfish, but everything truly does start with self, and if we're to be good to anyone, we must put our needs first. Besides, there will be other years where working in partnership with others will have its place (year 2) or community will play a bigger role (year 3). For now, this year is all about you, and you must start out on the right foot; strong and sure!

So if you haven't already, breath out the remnants of the previous years and breath in the possibilities of everything that is to come. Be open to the differences 2020 may bring and allow yourself to invite real, meaningful change into your life. This year is yours, and the opportunity to achieve your greatest desires are both real and in your direct control. The only question is, what is it you want?

**A Personal Year 1 in a Collective Year 4**

Personal stability may be the key to the next 12 months, so 2020 may mean that extra emphasis needs to be placed on really figuring out what order means to you. Just because society suggests that stability equals money or a big house or the “perfect” relationship, doesn't mean you need to see things quite the same way. Ask yourself, “what does security look like to me?”, “When do I feel most stable?”, “how can I organize my life in the most effective and personally fulfilling way possible?” When we lay our foundation in an authentic way, we know we are building upon something that will prove most worthy and successful.
**Simple Ritual**

A 1 year is the the perfect time to start something new. To get comfortable with this process, commit to building in a new habit on a daily or weekly basis. It doesn’t matter what it is, as long as it serves some benefit (even minor) and is simple enough that you will be able to successfully keep it up.

**Prompt**

*If I could redesign one area of my life, which would it be and how would that look?* Use a journal or the space below to record your response. You may also wish to draw a card to help work through your response!
Primary Archetype: The Magician

The Magician is power and skill personified. A classic depiction of this archetype is that of an individual standing before a table displaying a handful of potent tools; a wand, a cup, a sword and a pentacle. They stand with arms extended, one pointed up to the sky, one down to the ground; a unification of Heaven and Earth. And here, in this centred space, The Magician has the ability to work with the elements and greet their will.

And this is the manifesto of The Magician, if ever there was one - the idea that anything is possible. This is why The Magician is not a passive force waiting for the universe to tell them what it wants. Rather, The Magician is in control, and part of being in control is having a very clear sense of what you want and conversely, what you do not. If you begin with this as a baseline you will be well placed as you begin your journey through this new cycle.

The good news is, you don’t need any physical tools to manifest in this case. Nor do you need the aid of allies or groups. The Magician is a solo practitioner, guided by instinct and their own power of will. Put another way, The Magician uses not brute force, but pure imagination to make things so.
Power Cards

The Magician isn’t the only pertinent card in the tarot deck to describe a Year 1. For each personal year number, the suit cards may also carry a message to relate back to the themes related to your specific year. Below, we’ll explore the 4 Aces and the insight they hold for 2020.

Ace of Wands: It’s startling to think that a massive fire can begin with a single match. And that’s not to speak of fire-safety, but rather, to make a point that something of immense power can start quite humbly. In 2020, ask yourself what is lighting your spark. Tuning into what makes you feel passionate and excited may be the key to exploring new and potentially life changing paths.

Ace of Cups: The Cup is associated with the water element and in this case, its advice for you is to keep your heart open and available. New relationships have the potential to flourish and old relationships can see incredible renewal. Emotional abundance is available to you should you want it, so take time to recognize early in the year any past hurts that may be blocking this area in an effort to heal.

Ace of Swords: New, fresh and different may be evident in your physical world in 2020, but just as important are the ideas, attitudes and insights you’ll likely be experiencing. The Ace of Swords wants you to be brutally honest about the life you envision for yourself. This is because every intent starts with a thought and blossoms from there. With this in mind, focus on what you want and breath life into these ideas by communicating them clearly with yourself and those around you.

Ace of Pentacles: Rome wasn’t built in a day and most things in life, of worth, take time to cultivate. In 2020, the focus may not be on reaching the destination, but rather planting the seed that will take shape over the course of this cycle. Look to the long term in this case and ask yourself, what am I planting and is it worth the wait?
Secondary Archetype: The Wheel of Fortune

The message that the Wheel of Fortune conveys in the context of this potent personal year is to stay open to the limitless possibilities. Not everything has been established and there is so much room for flux, change and the unexpected. Balancing intent while remaining in the flow will be key. Having an idea of how things will unfold is wonderful, but it is also important to remain open to the twists and turns as your new path unveils itself. If you can stay optimistic despite outer circumstances, you will have the best chance to capitalize on opportunities and ultimately see success.

Integrate Your Number Further By...

★ Carrying a small pouch with the suggested crystals.
★ Paying attention to when your number shows up in sequence or in synchronistic ways.
★ Noticing if any of the relevant tarot cards for your number make an appearance in a reading.
★ Researching the primary and secondary archetype further, gaining a firm understanding of their aspects, both light and shadow.
Animal Insight

For each personal year, I worked with my partner to provide a collective message as extra insight. To do this, I pulled one card from the Animal Spirit oracle to which Tim (starstreamsoulous.com) and I translated below. Year 1’s, your 2020 animal aid is Hawk.

This year may be one of intense shifts and personal transformation, all in alignment with the direction that fate has in store for you. This isn’t to say that you have no control, but it is to suggest that spirit can see the bigger picture in a way you can’t yet for yourself. Trust this process and allow Hawk to swoop in with its vision, having faith that it possesses a clearer and higher perspective. This redirection early in the cycle, if you allow it, will pave the most productive path forward.

**Message from Hawk:** "With a solid connection to spirit comes grand vision; I bring those flying with me the strength and cunning needed to take inspired action. Follow me and I will show you when and how to act. Spirit is your co-pilot now.”
Personal Year 2
Cooperation / Love / Partnership

“Seek first to understand, then to be understood.” - Stephen Convey

Primed For: Relationship Building
Qabalistic Keyword: Beth - House
Cosmic Influence: Moon
Located Within: Third Eye
Crystal Companions: Diamond, Moonstone, Morganite
Tarot Cards: The High Priestess, Justice, 2 of Coins, 2 of Swords, 2 of Wands, 2 of Cups

While a Personal Year 1 carries a bit of a lone-wolf vibe, a Personal Year 2 is more about understanding ourselves in relation to those around us. For that reason, matters of partnerships and interpersonal dynamics may be front and centre. This could look like the blossoming of new relationships, rejuvenating existing ones, or even cutting ties with the ones that aren’t working.

And it may not just be in the domain of those very personal and close connections either. All matters of partnership may be impacted. This could be your neighbour, boss, coworker, great aunt or anyone else. How we relate, connect and communicate will be a factor of importance for these next 12 months.

Those in a Personal Year 2 may regard 2020 as one big mirror. It is a period where we may seek to experience ourselves through the eyes of another. This may be difficult as we then will need to come to terms with the fact that aspects we dislike in others, are actually deeply rooted within us as well. In looking at both others and ourselves, we can expect to deepen our sense of compassion both for those who are easy to understand as well as those who may challenge us.
So as you navigate your Personal Year 2, be open to the cues of those around you. Seeking to find balance, harmony and common ground will likely yield the path of least resistance. This is not a year to dig your heels in and declare a “my way or the highway” approach. Seeing others as they want to be seen, treating them as they want to be treated and seeking to understand those closest to us is truly the way to get the most of this intimate and connected personal year.

A Personal Year 2 in a Collective Year 4

2020 is a time where you must look at every relationship from the sense of its foundation. The next 12 months will create a wonderful climate to meet someone new (taking the time to really build strongly from the root) or examine existing connections and go back, if needed, to repair any cracks that exist. We aren’t going to be allowed to skip steps if we want our partnerships to flourish. Fire and passion and fun, but quick starts that are “all surface - no substance” will likely not stand the test of time. If you want something that endures, take a deliberate approach. Issues won’t stay buried long, so ensure you’re tackling them as they come; communicating clearly while balancing both the needs of self and others.
Simple Ritual

When you feel inspired, do a little act of kindness for someone who you think could use it. This could be a compliment, small gift, running an errand or sending a heartfelt letter in the mail. Don’t limit yourself to those you know, either. Random acts can extend to strangers when you feel so drawn.

Prompt

In my opinion, what are the most important attributes that contribute to a cohesive partnership? Use a journal or the space below to record your response. You may also wish to draw a card to help work through your response!
Primary Archetype: The High Priestess

When considering the keywords and general themes for a Personal Year 2, The High Priestess may seem somewhat out of place at first. This Major Arcana typically represents intuition, connection to spirit and all things mystical. In this case, our primary archetype lends a secondary layer to the year ahead. On one hand, The High Priestess may stand on her own to encourage you to trust your gut and follow your instincts. Not everything may be blatant or on the surface, and while cooperation with others will be important, you must ensure to stay in alignment with what you know is right and true for you.

And as it relates to relationships specifically, The High Priestess is a reminder to let your gut guide you as you navigate those depths. You may find that your ability to relate to others increases, or that your natural empathic sensibilities rise to the surface. This may even be a year where you know, seemingly without effort, what those around you are thinking and feeling. Let this be a guide and not an ability which overwhelms. The insight you’re bound to gain will help you see those around you more clearly, but you must also ensure you are able to differentiate the feelings of others from those of yourself. Empathy is a wonderful gift, but clear and strong boundaries are just as important.
Power Cards

The High Priestess isn’t the only pertinent card in the tarot deck to describe a year 2. For each personal year number, the suit cards may also carry a message to relate back to the themes related to your specific year. Below, we’ll explore the 4 - 2s and the insight they hold for 2020.

2 of Wands: While a Personal Year 2 is mainly in line with the theme of partnership, the 2 of Wands reminds us of the intents that were set in our Personal Year 1. In this case, the 2 of Wands encourages you to stay true to your vision and keep your sights set on the plans you’re most passionate about. Just because a 2 year has you working in cooperation with others, doesn’t mean you need to put your own journey on pause.

2 of Cups: The 2 of Cups is the perfect representation of striking balance and harmony in our closest connections. In this case, 2 characters come together on even ground, to share from their respective cups. 2020 is a year to remember to work cooperatively, to consider the needs of others and to examine how we’re showing up in partnership. And if a relationship is no longer filling you up, this year may also be the one where we move away from that which is no longer in our highest interest.

2 of Swords: Clarity is key in 2020, and this is where that High Priestess archetype also comes in. In order to make sound decisions, especially related to interpersonal connections, we must be open to seeing what is happening both in our heart and the hearts of others. Look and listen with all your senses - not just the most obvious ones.

2 of Pentacles: This is only the 2nd year of a 9 year cycle, so you do not need to have everything figured out. Be careful not to take too much on at this stage in the game. Remember, your year 1 was about planting seeds and setting intent. Your year 2 is focused on relationships; with others and yourself. Seek balance and cooperation, not end results. And if you’ve packed too much in at this point, turn to those closest for support.
Secondary Archetype: Justice

Justice looks a bit like the 2 of Swords in that we have an individual seated with a sword extended in the air. Instead of being blindfolded though, Justice remains fixated and focused on what can be physically seen. In the other hand, Justice holds scales symbolic of the need to strike a balance and demonstrate fairness. For those in a year 2, you must be as objective as you are empathetic, and maneuver between these two qualities as needed. Behaviour can be understood, but it doesn’t need to be tolerated. Spend time reflecting on what needs to be done to create boundaries and then hold yourself and others accountable. Remember, we are all responsible for the energy we put into the universe!

Integrate Your Number Further By...

★ Carrying a small pouch with the suggested crystals.
★ Paying attention to when your number shows up in sequence or in synchronistic ways.
★ Noticing if any of the relevant tarot cards for your number make an appearance in a reading.
★ Researching the primary and secondary archetype further, gaining a firm understanding of their aspects, both light and shadow.
Animal Insight

For each personal year, I worked with my partner to provide a collective message as extra insight. To do this, I pulled one card from the Animal Spirit oracle to which Tim (starstreamso十足ic.com) and I translated below. Year 2’s, your 2020 animal aid is Peacock.

To get the most of your relationships and experiences this year, you must learn to properly assimilate all situations so that nothing gets stuck. This means learning to let go of past hurts, forgiving when it’s important to and noticing resistances you have around people or circumstances. Peacock asks you to seek a judgment free year where your natural tendency is acceptance - both for yourself and those around you. You don’t need to understand, agree or allow everything (boundaries are good too), but compassion and kindness will go a long way.

Message from Peacock: “With great pain comes even greater opportunity; I bring the ability to accept and integrate all experience... to find the light shining within the darkness... to gain the most from whatever comes your way. Learn to trust, for you are walking the path of acceptance.”
“Often we’re recreating what we think we’re supposed to be as human beings. What we’ve been told we’re supposed to be, instead of who we authentically are. The key about the creation of full self-expression is to be authentically who you are, to project that.” - James Cromwell

**Primed For:** Creative Exploration  
**Qabalistic Keyword:** Gimel - Camel  
**Cosmic Influence:** Venus  
**Located Within:** Sacral  
**Crystal Companions:** Sunstone, Singing Quartz, Carnelian  
**Tarot Cards:** The Empress, The Hanged Man, 3 of Coins, 3 of Swords, 3 of Wands, 3 of Cups

3s, this is not the year to tuck yourself away and hide. After a connected year 2, where efforts to work in cooperation with others was critical, it’s now time to ask yourself, *how can I stand out and shine?* Some of this, of course, may be deep and introspective work, but the idea is that the gains you make inward should move their way to the surface to express themselves outwardly. It’s not just *who you are* that we’re concerned with this year, but what that translates to in the physical world and among your peer groups.

In all forms of your life this year, you will want to explore how you can best show up in the truest and highest expression of yourself. This means wearing what makes you feel good, consuming things which resonate, speaking boldly, creating for the joy of it and then finding communities in alignment with all of this.
I think of a 3 year as one full of fun and play. The need to live outwardly will also attract just the right people or groups who match your particular vibe, which is why it’s important that focus is placed on authenticity. If we are projecting an inaccurate image, we attract an inaccurate representation of the vision and dreams we actually hold for ourselves.

3 years also carry a lot of potential to really test the boundaries of our own creativity. Not everyone is an artist by traditional standards, but that doesn’t mean you aren’t an artist in your own right. Whether it be writing, sculpture, drama, design, fine arts, cinematography, dancing, photography, baking or anything else - finding the outlet that both brings you joy and allows you to express yourself freely will be key.

So in a 3 year, it’s all about what makes you feel good and allows you to show the world at large who you are. Indulge, give yourself space to explore, call in the right friends and acquaintances who see your vision, and have fun! This is not the year to stifle your creativity - find what you are passionate about, no matter what it looks like, and go for it!

**A Personal Year 3 in a Collective Year 4**

Look at the current structure/foundation of your friendship circles. Are your closest allies supporting you - holding you up? Do they have your back? And conversely, can you confidently say that you are the type of friend that you’d desire in return? Establishing ourselves within the context and confines of our friendship circles may be a theme this year. We must balance self-expression and personal needs with what’s best for the group. And further to that, setting firm boundaries if any discord exists may be advised.
Simple Ritual

Create a playlist that expresses who you are and makes you feel energized. Play whenever you need a pick me up!

Prompt

What is one creativity project I would love to see to fruition (or get off the ground) this year? Use a journal or the space below to record your response. You may also wish to draw a card to help work through your response!
Primary Archetype: The Empress

Where the High Priestess may be connected on an intuitive or otherworldly level, The Empress is tethered just as powerfully to Earth and the physical realm. The Empress is regarded as The Mother of the tarot deck and this is because they are known both as a nurturer and someone who can create/give birth (in all forms). As you move through your Personal Year 3, know that you too may find yourself with an increased inclination to grow something to fruition. This could be a literal birth or a figurative one - think creative projects, matters of self-improvement or even business ventures with a personal touch!

And speaking of touch, whatever the Empress graces gets to experience her power and magick first hand. Know that with her as your primary archetype, you have the ability to influence those around you in a positive way. The Empress brings people together for the greater good, for the love of company, and with the desire to watch all flourish in their own unique way. Take care this year to nourish others and in turn, yourself. The Empress would never deny or suppress their desires, whether they be intellectual, physical, sexual, creative or otherwise. It is important to embody that energy and know that in order to be an incredible caregiver, your own needs must be given priority status.
Power Cards

The Empress isn’t the only pertinent card in the tarot deck to describe a year 3. For each personal year number, the suit cards may also carry a message to relate back to the themes related to your specific year. Below, we’ll explore the 4 - 3s and the insight they hold for 2020.

3 of Wands: The 3 of Wands is like a launch pad to help you set sail; to explore what the world has to offer and in addition, what you have to offer the world. 3 years are not about sitting back idly and watching the boats pass you by. Now is the time to act on your dreams and start making big moves on their behalf. As long as you can hone in on something that truly inspires, you’ll be well on your way to some pretty incredible adventures.

3 of Cups: The classic depiction of the 3 of Cups sees 3 individuals engaging in a dance or celebration. Let your hair down and cut a little loose this year. Save the rules and regulations for your year 4 and enjoy the pleasure of life, the company of good friends and all the beauty this world has to offer.

3 of Swords: There is so much to be excited about as you head into a Personal Year 3, but here’s the kicker. If there are old wounds lingering, they may find ways to creep in and make themselves known in an otherwise fun-filled year. You can explore all the opportunities available, but that doesn’t mean you should deny challenging aspects that want to be acknowledged. Seek the support of those around you, a friend or a professional you trust, to cut to the core of anything that is persisting too long or penetrating too deeply.

3 of Pentacles: For all the creative projects you venture on this year, look to like-minded individuals to connect and collaborate with. What you create in groups may yield bigger results than expected. And that doesn’t mean you must compromise on vision, simply that a strong group will raise you higher and help you shine brighter than a strictly solo path.
Secondary Archetype: The Hanged Man

There is one keyword in particular that comes to my mind when considering The Hanged Man in the context of a Personal Year 3 and that word is “sacrifice”. The Empress is a giver, but she gives in such a way that there is always a balance between her needs and the needs of others. The Hanged Man on the other hand doesn’t take such an even approach. And if you examine the imagery which contrasts between these cards, you’ll notice how much abundance is radiating from The Empress whereas The Hanged man is far more still and muted. The message here, as it pertains to your personal year, is to take pause (amidst all the creation) to ensure your moves are also serving the greater good. This doesn’t mean you scrap your dreams, but it does mean you seek balance. So be cautious not to give too much or allow yourself to hang too long. There is too much to do, see and create this year to get caught up in the weeds. A 3 year promises fresh perspectives, so allow yourself to be inspired by the view!

Integrate Your Number Further By...

★ Carrying a small pouch with the suggested crystals.
★ Paying attention to when your number shows up in sequence or in synchronistic ways.
★ Noticing if any of the relevant tarot cards for your number make an appearance in a reading.
★ Researching the primary and secondary archetype further, gaining a firm understanding of their aspects, both light and shadow.
Animal Insight

For each personal year, I worked with my partner to provide a collective message as extra insight. To do this, I pulled one card from the Animal Spirit oracle to which Tim (starstreamsoulistic.com) and I translated below. Year 3’s, your 2020 animal aid is Moth.

In a most curious and playful year, Moth is a reminder to remain grounded and continue to exercise discipline and consistency. It may be easy to get swept up in each moment, jumping from impulse to impulse, which is fine and even encouraged to an extent. Just make sure that you’re not ignoring the important goals you’ve set. If there is a key project you want to see completed, find a way to continue to come back to this. When the year is up, it is possible to have both a cart of new experiences as well as the satisfaction of having completed something of value.

**Message from Moth:** “Though you may find yourself distracted at times, I will always lead you back to the light. I will help you to capture the divinity within any fleeting moment and use it to enhance your transformation. Pay close attention and learn to recognize the messages and synchronicities around you.”
Personal Year 4
Foundation / Organization / Stability

“There is a comfort in rituals, and rituals provide a framework for stability when you are trying to find answers.” – Deborah Norville

Primed For: Exercising Authority
Qabalistic Keyword: Daleth - Door
Cosmic Influence: Jupiter
Located Within: Root
Crystal Companions: Smoky Quartz, Obsidian, Petrified Wood
Tarot Cards: The Emperor, Death, 4 of Coins, 4 of Swords, 4 of Wands, 4 of Cups

A Personal Year 4 is, in essence, all about building a firm foundation. It is a 12 month period where finding your place in the world begins first by creating a strong root around not just yourself, but your ideas, relationships and anything else you wish to see flourish.

With a Personal Year 4, there are no shortcuts. You need to start at the bottom and work your way up. You may find that this manifests in very literal ways, for example, on the home front. Perhaps spending time doing renovations, playing off bills, getting on top of debt, moving somewhere more suitable or settling down. These are all very practical resonances of what a 4 year can entail.

For many, this year may have you craving the stability of ritual and routine. Getting into good habits and practices may be very beneficial, financially as well as emotionally and spiritually. And speaking more along the lines of spiritual/personal development, a 4 year, while certainly quite Earth based, can still plant its roots in the spiritual realm. Grounding, for example, may become a critical component of your practice over the next 12 months!
Most of all, just remember that anything meaningful which you wish to build upon this year, will require quality flooring (figurative or literally speaking). Take the time to ensure you're putting in the work and creating a sense of security through 2020 so regardless of where you focus, you'll be well supported through the process.

A Personal Year 4 in a Collective Year 4

Just like last year, you flow in tandem with the collective. This means wherever you find yourself personally, will fall in alignment with the numerological energies universally (where this system is concerned). So what we spoke about in the Collective Year overview up top, will be magnified as you also navigate this number as a personal year. This means that in every area of your life (relationships, career, creative endeavors, family, home, spirituality etc.), attention to the foundation/structure will take priority. If something is suffering, go back to the root to establish what went wrong. Can you reinforce? Is a total overhaul/rebuild required? Just because something has been in place for many years, doesn't mean it’s meant to withstand. As much as building is an important component to a year 4, recognizing what is deserving of our attention and energy is also key. And remember, just because order looks one way to one person, doesn’t mean it must look the same to all. Use your year 4 to also establish your own set of rules and become your own authority figure - whatever this looks like.
Simple Ritual

The Emperor is one example of a power figure. Go through your tarot deck and select one card that represents a strong sense of authority which you would like to embody for the rest of the year. Use this as an anchor and source of support as you navigate the next 12 months.

Prompt

What new habit or routine would I like to introduce in 2020? Use a journal or the space below to record your response. You may also wish to draw a card to help work through your response!
Primary Archetype: The Emperor

The Emperor is quite a power figure to have in your corner this year. Some view this archetype as a tyrant, a dictator - but, if we explore the more positive attributes, we find The Emperor is also an effective and sturdy leader, a visionary and a person who, even when chaos ensues, keeps in control! This is the kind of energy that is available to you this year. The Emperor says: Order and routines are important, and you must be critical in the examination of your environment if it is not running like the well oiled machine that it could be.

Do not be afraid to apply discipline, to stand up for your needs, to say “no” when necessary and rise up to assert yourself. Whether you’re an actual boss or simply the boss of your own life, The Emperor says to stand firm. Others do not need to see or understand your vision, so you are reminded to remain steadfast even in the face of adversity. Know where you stand and what you stand for, and do not waver. What you build this year, with the proper attention, will inevitably grow. Be specific and certain as to where you place this unwavering focus and watch as your dreams take shape.
Power Cards

The Emperor isn't the only pertinent card in the tarot deck to describe a year 4. For each personal year number, the suit cards may also carry a message to relate back to the themes related to your specific year. Below, we'll explore the 4 - 4s and the insight they hold for 2020.

**4 of Wands:** The 4 of Wands represents the foundation of home and the celebration of such comforts. This is a reminder to take pride in your environment and to put effort into making it a place that you can't wait to return to; a place that feels like you and works for you. Many great beginnings and progressions this year may begin by ensuring all is right in the area you regard as "home" - ask yourself what is and isn't working and take tangible steps to improve it.

**4 of Cups:** It can be all too easy to lose sight of what we have right in front of us. The 4 of Cups is a reminder to look up every now and then. You may find you get lost in routine and patterns and forget to stand in awe of the magick all around you. No matter how practical things become, this card is your permission to honour these things.

**4 of Swords:** Sometimes knowing how to proceed in regards to building on a project or goal is attainable through thoughtful reflection and rest. 2020 in this regard may not be all about constant action and movement. In many ways, knowing when to take a timeout will very much have its place. Learn to strike a balance and listen to both needs as required.

**4 of Pentacles:** A Personal Year 4 isn't necessarily a time to indulge and take undue risks. For this reason, the 4 of Pentacles is a perfect depiction of being conservative and wise, especially where matters of finances and resources are concerned. There is no need to “go big” this year. Calculated risks and deliberate movements will get you further than large and exaggerated gestures. Remember, there is a way to both achieve your goals and live within your means.
Secondary Archetype: Death

Some secondary archetypes seem to incorporate themselves more seamlessly into personal years than others. In this case, we must consider what Death brings to the table, as it’s not necessarily a card that speaks to structure and stability - in fact, it’s more in line with change and transformation. So, this year, it may be an opportune time to ask yourself this: Is there something I continually work to build that is not reaping the benefits I believed it would? Would I be better suited to start from the bottom with something new, and build back up? Just because you’ve been pouring effort into one thing, doesn’t mean you must continue forward. Sometimes even with the perfect foundation, we can’t quite achieve the results we desired. Don’t be afraid to reevaluate in 2020 and let go of that which isn’t working. It makes more sense to start from scratch than to continue to build onto something that refuses to grow.

Integrate Your Number Further By...

★ Carrying a small pouch with the suggested crystals.
★ Paying attention to when your number shows up in sequence or in synchronistic ways.
★ Noticing if any of the relevant tarot cards for your number make an appearance in a reading.
★ Researching the primary and secondary archetype further, gaining a firm understanding of their aspects, both light and shadow.
Animal Insight

For each personal year, I worked with my partner to provide a collective message as extra insight. To do this, I pulled one card from the Animal Spirit oracle to which Tim (starstreamsoлистic.com) and I translated below. Year 4’s, your 2020 animal aid is Deer.

It is interesting to me that we receive Deer (which I associate with The Empress) in this very Emperor-like year. This may mean that the best way to command the next 12 months, is by utilizing a distinctively gentle authority. In the process of building and creating sturdy foundations, you must also nurture; the process and yourselves. Deer energy also asks us to be less protective and possessing. If it’s meant to be, it will - no pushing or fighting required. And most of all, for all you’re creating this year, do so with the mantra: “Made with love”.

Message from Deer: “As the gentlest of creatures in the animal kingdom, I teach the lesson of finding the strength within your tenderness. Though it takes power to take something by force, it takes greater power to love and accept. The meek truly shall inherit the earth, and they will rule with kindness and compassion.”
“Life is a series of natural and spontaneous changes. Don’t resist them; that only creates sorrow. Let reality be reality. Let things flow naturally forward in whatever way they like.” – Lao Tzu

**Primed For:** Making Changes

**Qabalistic Keyword:** Heh - Window

**Cosmic Influence:** Mars

**Located Within:** Root

**Crystal Companions:** Garnet, Labradorite, Tourmaline

**Tarot Cards:** The Hierophant, Temperance, 5 of Coins, 5 of Swords, 5 of Wands, 5 of Cups

Admittedly, a Personal Year 5 may not have the markers of being the easiest year of the 9. However, that doesn’t mean there isn’t still a great deal of transformation that can be found within these powerful 12 months. For those who fear change, the best thing you can do is find a way, early in the year, to make some peace with this concept. You’re going to want to wade through the path of least resistance and some of this will mean going with the flow rather than pushing against the current.

In a Personal Year 5, we can learn a lot about who we are and what we’re made of. Think about it not as a test, but an opportunity to greet tension or challenge with grace and an open heart. It can also be a great opportunity to clean up loose ends that were disregarded in our last year 9. Anything that made the cut that shouldn’t have, will have an opportunity to fall away...either willfully or by force.
And at the end of the 12 months, it won’t so much matter what shake ups occurred, but rather how they were managed. Remember, you can lessen the impact by resisting the urge to fight the process. If something needs to shift, it will, with or without your permission. It is easier in this case to allow and focus instead on what is actually in your control.

While all new years may promise shifts of one kind or another, a Personal Year 5 is really a testament to this force. You should not place too many expectations or limitations on yourself at this point in the cycle because if anything is for certain, it’s that the energy of a 5 rarely appreciates to be stuffed into boxes. This is why the root work of a year 4 is so important - having secured the foundation, you can be sure you’re now ready to deal with whatever a year 5 has in store. It’s also an opportunity to reflect deeper on what you want vs. what expectations have been set for you. Societal rules have their place, but it is up to us as individuals to decide what personally aligns and have the courage to pave our own path. In a 5 year, the tension between these two opposing forces could be palpable, but ultimately, will be a powerful motivator to steer you forward. Remember, every change or challenge can also be an opportunity - don’t be too quick to shy away from what initially looks difficult. There are possibilities in the most unlikely places this year.

**A Personal Year 5 in a Collective Year 4**

Flux and motion meet with establishment and authority in what could be perceived as a tense clashing of opposing forces. How does one remain in the flow while working also to establish their footing? Perhaps the best way to make the most of this seemingly tense arrangement is to focus instead on personal stability rather than physical. Be the unwavering force who knows themselves so thoroughly that when the wave does come sweeping in, you are able to stand firmly, able to greet any changes or challenges with confidence.
Simple Ritual

Push yourself out of your comfort zone on a regular (or daily) basis by doing something new or scary. This could be as simple as taking a different route to work or having a difficult conversation that you've been putting off.

Prompt

What is my current relationship with the concept of change? Use a journal or the space below to record your response. You may also wish to draw a card to help work through your response!
Primary Archetype: The Hierophant

The Hierophant is a gatekeeper of sorts who speaks to rules, tradition and status quo. On the surface, it seems to have very little to do with a year that can be characterized as ever changing and dynamic. But, we must look beneath the plain exterior. The Hierophant on one hand upholds the order, but from another perspective, also asks us to challenge these constructs.

Much of what shakes up or falls away for you during the course of 2020 may be around both the physical societal structures that you've grown accustomed to, as well as your mentality surrounding them. Think about traditional habits you fulfil out of obligation, rather than true desire.

In a year 5, part of the change for you may be in exploring what parts of this pre-defined set-up do and do not work. Whether they be around marriage, religion, traditional schooling or any other aspect we take for granted. It is both healthy and encouraged to allow yourself to question the powers and structures that be. What is their place in you, and what is yours within them? There are no right or wrong answers, just thoughts for consideration.
Power Cards

The Hierophant isn’t the only pertinent card in the tarot deck to describe a Year 5. For each personal year number, the suit cards may also carry a message to relate back to the themes related to your specific year. Below, we’ll explore the 4-5s and the insight they hold for 2020.

5 of Wands: Knowing that “challenge” is possible this year, it makes sense that we would explore this 5 of Wands at its face value. Here we are greeted with a sense of conflict, which may be happening internally or externally. The message here is not to become lost within it. Chaos can quickly turn to confusion and so try to take a more objective bird’s eye view.

5 of Cups: No matter the climate, it can be difficult to focus on the good that does exist or the opportunities that are present. In the 5 of Cups, we typically see an individual with their back turned, lamenting over 3 spilled cups. What they don’t see though are the two full and upright cups behind them. During your Personal Year 5, it will be as important as ever to keep things in perspective and honour the good that is.

5 of Swords: Keep your eyes on your own lane in 2020. Everyone is travelling their unique path, in their unique way, and so it is important that you refrain from comparing your journey to anyone else’s. Assume intentions are good where interpersonal aspects are concerned and keep focused on you.

5 of Pentacles: In what ways are you making life more difficult than it needs to be? What mentalities are keeping you back or slowing you down? A 5 year may feel challenging, but it can also bring about momentous transformation where our thought patterns are concerned. During the course of 2020, commit yourself to breaking free from these habits and instead see the possibilities all around you.
Secondary Archetype: Temperance

Assuming this year may bring about certain changes which can be perceived as a challenge, it will be especially important to ensure you’re striking a balance in all things. Light and dark, momentum and stasis, action and reflection etc. Because a 5 year carries a transformative vibration, it’s best not to have an all or nothing attitude. Everything in moderation. If you’re feeling as if you’ve been running on fumes and your energy is wavering, it’s time to take a self-care time-out. On the other hand, if you’ve been keeping yourself in hibernation mode and neglecting the outside world, it could be time to get out there again! Spiritual as well as Earthly needs must be met, with neither taking precedence over the other. If you can maintain this harmony within yourself, you’ll be better equipped to deal with any changes as they unfold.

Integrate Your Number Further By...

★ Carrying a small pouch with the suggested crystals.
★ Paying attention to when your number shows up in sequence or in synchronistic ways.
★ Noticing if any of the relevant tarot cards for your number make an appearance in a reading.
★ Researching the primary and secondary archetype further, gaining a firm understanding of their aspects, both light and shadow.
Animal Insight

For each personal year, I worked with my partner to provide a collective message as extra insight. To do this, I pulled one card from the Animal Spirit oracle to which Tim (starstreamoulistic.com) and I translated below. Year 5’s, your 2020 animal aid is Crocodile.

Knowing when to act and when to retreat may be the key to success this year. Being able to discern the difference will come down to self awareness, which can be achieved by taking the time to reflect and meditate, especially if you feel you don’t have the time to do either. Any important act should come from an inspired and aligned space. So if you’re feeling uncertain, Crocodile is encouraging you to take pause and build up your strength before reacting. You are not at a standstill this year, you are simply working from a place of wisdom that understands that divine timing dictates all things.

Message from Crocodile: “Sometimes lying in wait is the best thing to do; I teach the lesson of waiting under the surface, gathering your strength, and knowing when to strike. Anyone can act, but only the wise know when to act with inspired instinct.”
Personal Year 6
Harmony / Responsibility / Commitment

“I’ve said it before and I’ll say it again, gratitude is always possible, and feeling good starts at home.” – Emma Wright

Primed For: Giving and Receiving
Qabalistic Keyword: Vau - Nail
Cosmic Influence: Sun
Located Within: Heart
Crystal Companions: Rose Quartz, Aquamarine, Blue Lace Agate
Tarot Cards: The Lovers, The Devil, 6 of Coins, 6 of Swords, 6 of Wands, 6 of Cups

A 6 year can be described as a point in our 9 year cycle where matters of family, home and domestic matters take centre stage. This is not necessarily the most exciting year of the 9, but it can be incredibly rewarding nonetheless.

Practically speaking, 2020 may be a time where you are called to give of yourself or care for others. You may feel a deeper inclination to organize, nest or create an environment that is conducive to your own needs as much as those closest to you. Personal Year 6s are about strengthening bonds, leading with compassion and appreciating what we have.

With all of this bond strengthening will come some degree of responsibility, especially where family (however this looks) and commitments are concerned. You might find that you are suddenly the person everyone is turning to for help or a shoulder to cry on; to provide shelter or other necessities when needed most (literally or figuratively).
There is a somewhat sacrificial vibe that a 6 year can hold, and so balance will be critical when it comes to harmonizing the needs of others with the needs of self. Spending time recharging your own batteries will be important in this powerfully heart-centered personal year.

And most of all, a 6 year is a point in the cycle where we have the capacity to begin to transform even the most stubborn personal relationships. Regardless of the challenge, if you meet others where they are and commit yourself to evolution, you can expect to see some miraculous turnarounds. With a 6 year, you gain what you give - be charitable and kind where you can, and when it comes time that you require something, you’ll be sure to have the support you need.

**A Personal Year 6 in a Collective Year 4**

This may be a year where other’s needs are evident, and giving of self is required. However, in the context of a collective year 4, creating boundaries will be just as important. Our tarot Archetypes this year are The Lovers and The Devil, and sometimes there can be a fine line between the two. In fact, we often don't even realize we've made the transition from one to the other until it’s much too late. What starts out balanced could turn toxic, so make sure with all the emphasis on altruism, you’re being just as focused on self. It is possible to be both firm and loving; giving but requiring in return.
Simple Ritual

At the end of the day, give a heart-felt thank you to something in your life that you feel immense gratitude for. If you can’t think of a specific, a general “thank you” will do (often this is more powerful anyway).

Prompt

What are the key relationships in my life that I wish to nurture fully this year? Use a journal or the space below to record your response. You may also wish to draw a card to help work through your response!
Primary Archetype: The Lovers

We can get by on our own, sure, but we can truly grow with the support of others. And like The Lovers, matters involving close relationships and other interpersonal dynamics may be front and centre. Unlike The Lovers though, a year 6 doesn’t necessarily have to be about the passionate or romantic connections in our lives!

Regardless, we must consider where we stand in relation to those ties, and seek to create as much harmony and peace as we can. In addition, we must also demand a certain level of respect and understanding from others to ensure an equal give and take. If a relationship is toxic or harmful on any level, then you need to do yourself a favour and release yourself from it.

6 years have an energy conducive of giving, but that doesn’t mean you need to be a martyr or put up with behaviour that is unsavory. In every relationship, we have a choice. We can choose how to treat others and we can choose how we allow others to treat us. This year, make sure you’re choosing both wisely to get the most not just out of those connections, but everything that 2020 has to offer.
Power Cards

The Lovers isn’t the only pertinent card in the tarot deck to describe a year 6. For each personal year number, the suit cards may also carry a message to relate back to the themes related to your specific year. Below, we’ll explore the 4 - 6s and the insight they hold for 2020.

6 of Wands: Finding harmony within your closest relationships will truly propel you forward this year. It will be important to work with others and hear their needs, as much as your own. Representing only your own interest this year will not get you ahead. Rally around your supporters and you will be ushered to certain victory.

6 of Cups: A sense of nostalgia may be present as you navigate a 6 year. Look to the past to find comfort and inspiration for how you’d like to approach the year ahead. This may mean exploring traditions, reminiscing over memories or even connecting with family with whom you’ve been out of touch.

6 of Swords: The 6 of Swords often features an individual being rowed from choppy waters to calmer shores. Allow yourself to be supported as required, this year. There is no shame in asking for help or accepting it when offered. You do not have to travel alone, and there are lots of people around you who will help you pack, carry your bags, and steer you straight (figuratively or literally speaking).

6 of Pentacles: Give and take will be especially important this year. You may find you are on the giving end of most of it, whether that be your time, compassion, energy or otherwise. On the other hand, like the 6 of Swords, also know when to take the help that’s offered. Also keep in mind that harmony doesn’t necessarily mean an absolute equal give and take. We can only give what is on our means and cannot expect any more of others either. Striking the right balance will be critical to the success of the year ahead.
Secondary Archetype: The Devil

In the context of a Personal Year 6, The Devil may represent a need to let go of certain attachments that are leading to a lack of harmony and balance, either externally or internally. These could be relationships that have run their course, jobs in a toxic environment, addictions or a need to control or manipulate. The Devil ensures that you won’t get anywhere this year by working against the greater good, or for purely personal gain. You must be transparent, honest and lead with integrity. Examine any habits this year that are counterproductive and make it a priority to do better. Get honest with yourself and those around you, and seek authentic support and connections that build you up. Settling for anything less than that simply won’t do if you want to get the most of the year ahead.

Integrate Your Number Further By...

★ Carrying a small pouch with the suggested crystals.
★ Paying attention to when your number shows up in sequence or in synchronistic ways.
★ Noticing if any of the relevant tarot cards for your number make an appearance in a reading.
★ Researching the primary and secondary archetype further, gaining a firm understanding of their aspects, both light and shadow.
Animal Insight

For each personal year, I worked with my partner to provide a collective message as extra insight. To do this, I pulled one card from the Animal Spirit oracle to which Tim (starstreamsooulistic.com) and I translated. Year 6’s, your 2020 animal aid is Hummingbird.

In a year that may require a degree of altruism or the giving of self, it will be important to keep your own energy flowing. To do this, Hummingbird teaches us to find our sources of nourishment and ensure we’re returning to them often. Self-care is necessary if we are to be an effective source of support for those around us. Look to your own mood as a gauge for how well you are doing. Compassion, openness and positivity are all markers of a person who is taking the time to fill their well first.

**Message from Hummingbird:** "My realm is not the physical or the spiritual; it is the place that lies between. I flutter in wait in the space between consciousness and sleep, and dazzle you with inspiration from the Great Beyond when you least expect. Pay close attention to the messages of love that I carry on my tiny wings.”
Personal Year 7
Inspiration / Introspection / Spirituality

“Your visions will become clear only when you can look into your own heart. Who looks outside, dreams; who looks inside, awakes.” – C.G. Jung

Primed For: Connecting with Self
Qabalistic Keyword: Zayin - Sword
Cosmic Influence: Neptune
Located Within: Crown
Crystal Companions: Amethyst, Celestite, Selenite
Tarot Cards: The Chariot, The Tower, 7 of Coins, 7 of Swords, 7 of Wands, 7 of Cups

There are some years in the 9 year cycle where you’ll be called to act boldly, make big moves, and work in conjunction with the crowd. 7’s, this is not that year. I like to regard a Personal Year 7 as a 12 month study of self. It doesn’t mean there won’t be gains and tangible shifts, but the transformations will begin within.

Spirituality, whatever that means to you, may also be a significant component to 2020. This could look like refining your practice, reflecting on your belief systems or even exploring new concepts. That’s not to say that every Personal Year 7 will conclude with a spiritual awakening, but the potential to ignite all kinds of abilities from a metaphysical/personal development perspective are well within your reach this year - if you so desire.

7 years are ultimately about getting that much closer to your own personal truth. This is not the year to follow the crowd or conform to a system just because it appears to be gaining popularity. Understanding self will be a critical undertaking in order to ensure you’re moving through the remaining 3 years in this cycle with clarity, insight and integrity.
Remember, we cannot understand what drives and motivates others until we’ve developed the ability to reflect on what moves us. We cannot outwardly practice empathy if we cannot empathize with self. We cannot see clearly what is in front of us until we seek to understand the reality within. Listen closely to your inner guide - you are your own best compass as you navigate the next 12 months ahead.

**A Personal Year 7 in a Collective Year 4**

Foundation, stability and structure are the basis of a year 4. In the context of a reflective year 7, this may translate to the need to really build (or rebuild) the personal practices that will shape the years to come. This may mean developing a really strong meditation routine. Or making an effort to journal daily. Or even getting more consistent to ground, which may be especially important as you continue to open yourself up, spiritually speaking.
Simple Ritual

Start or end each day with a 5-15 minute meditation. If you are struggling to get comfortable with this practice, begin with guided meditations or incorporate inspired sounds.

Prompt

How can I remain faithful in my truth when self-doubt or outside noise permeates? Use a journal or the space below to record your response. You may also wish to draw a card to help work through your response!
Primary Archetype: The Chariot

Focus, drive, steadfast determination, victory and momentum are all words that could describe the energy and essence of The Chariot. On first glance, this card looks as if it may represent very Earthly matters - gaining ground and making moves. But, if you examine the imagery, you'll see the Charioteer is actually moving away from the material world and not toward it. In the context of a Personal Year 7, this is especially relevant.

Similar to the Magician, The Chariot commands, and while they have tools at their disposal to create what they desire, they must also rely strongly on their own instincts. While force is never suggested, it is important that you heed the advice of this archetype and keep your eye on the prize. This may be in relation to moving closer to your truth, getting more acquainted with your personal brand of spirituality or even making changes where your personal/physical life is concerned. But any external changes happen first internally, lead by our own understanding of self and pursued with an authentic vision and desire.

And finally, The Chariot understands it requires some degree of discipline and control when things like self-doubt, external pressure or even outdated mentalities attempt to distract from the sidelines. It is one thing to acknowledge or understand their place, but it is another to fall for their influence.
Power Cards

The Chariot isn’t the only pertinent card in the tarot deck to describe a year 7. For each personal year number, the suit cards may also carry a message to relate back to the themes related to your specific year. Below, we’ll explore the 4 - 7s and the insight they hold for 2020.

7 of Wands: There may be circumstances over the course of 2020 that require you to stand firm to protect the work you’re doing. Perhaps even people in your environment who question your motives, needs or desires. The 7 of Wands says you should defend what you are rightfully trying to accomplish this year. Just make sure you are seeking to understand those impulses (to defend) as much as you’re acting on them!

7 of Cups: Personal Year 7s are markedly more introspective than other years. For this reason, you may have the opportunity to explore your visions, insights, dreams or fantasies, and even push the boundaries of this exploration. What you want to materialize outwardly will start first as an idea. Being able to indulge in the details of these thoughts will help give them form.

7 of Swords: The 7 of Swords is a reminder that when it comes to your needs this year, you may be required to get creative about how you find time for self-care. If you’re being pulled in multiple directions, continue to look for those opportunities to steal a moment here or a minute there. Maybe that means ducking out of a party early, or cancelling plans last minute. It may not seem like much at the time, but it will add up to huge gains by the end of the year if you’re doing so mindfully and respectfully.

7 of Pentacles: And finally, 7 years are not necessarily ones where everything gets accomplished and final results are formed. Rather, seeds are planted and our inner worlds are nourished and through this process, we learn patience to see our plans and projects through. Focus on the long-term game, not short-term results.
Secondary Archetype: The Tower

As you work to get closer to your core, truth and other facets of self, you may find that other structures no longer fit this new paradigm. There may not be a literal fall of a tower in your world, but the coming undone of former beliefs or ways of being may occur. The good news is that through this process, there will be a lot of opportunities for healing and release. Know that what is shaking apart and washing away wasn’t designed to stand the test of time anyway. 2020 is a period to reevaluate who you are, what you stand for and conversely, what you can no longer stand by. Resisting this necessary overhaul will be difficult at best and futile at worst. Rather than cling to what is no longer working, have faith that what you are newly discovering about yourself and others will lead to the most fruitful way forward.

Integrate Your Number Further By...

★ Carrying a small pouch with the suggested crystals.
★ Paying attention to when your number shows up in sequence or in synchronistic ways.
★ Noticing if any of the relevant tarot cards for your number make an appearance in a reading.
★ Researching the primary and secondary archetype further, gaining a firm understanding of their aspects, both light and shadow.
Animal Insight

For each personal year, I worked with my partner to provide a collective message as extra insight. To do this, I pulled one card from the Animal Spirit oracle to which Tim (starstreamsonlistic.com) and I translated below. Year 7’s, your 2020 animal aid is Stingray.

The Stingray pushes you out of the comfort zone this year, encouraging you to find your confidence and build that backbone. As you come closer into connection with yourself, there will be opportunities to let go of what isn't working while adopting new paradigms. This is a difficult process because it will not only challenge what you used to know, it may also create a sense of discomfort for those around you. But, your desire to grow will be a guiding force these next 12 months and should take precedence over the expectations of others. It doesn’t need to be a painful process though. Ask spirit to provide you strength and then trust your new found vision.

**Message from Stingray:** "It is not change that defines us, but our ability to work with it; I teach swiftness and decisive action in the face of transformation, and I bring the ability to flow with the current and to allow yourself to be carried forward by the momentum you’ve created.”
Personal Year 8
Effort / Causality / Empowerment

“Continuous effort— not strength or intelligence – is the key to unlocking our potential.” – Winston Churchill

Primed For: Success
Qabalistic Keyword: Cheth - Fence
Cosmic Influence: Mercury
Located Within: Solar Plexus
Crystal Companions: Green Aventurine, Tiger’s Eye, Jade
Tarot Cards: Strength, The Star, The 4 Aces, 8 of Coins, 8 of Swords, 8 of Wands, 8 of Cups

After a reflective and introspective Personal Year 7, 2020 stands to switch things up. This is because an 8 year is all about reaping what you sow as opposed to reflecting and internalizing.

A Personal Year 8 speaks to hard work, effort and skill. It’s energy is one that will show you over and over that what you put time and focus into, will grow. It is a powerful year and one where you could have a lot of control over outcomes. Many people may find that they make huge strides from a career or financial perspective. Raises, promotions, acknowledgement and reward are all possible - but you also have to be really clear on your vision and most importantly, be willing to do the work.

Because it is so possible to manifest quickly in an 8 year, that clarity and vision will be key. The general sense of this time period is that whatever you’re fixed on, is what will take form. If you’re focused on something that doesn’t thrill you, you’re wasting the potential that this year has to offer. Take the pursuit that is most worthy of your time and energy, commit to its outcome and take the plunge! It may take a lot of hard work and consistency, but the effort will pay off.
Ultimately, a Personal Year 8 is about doing, making and achieving; whatever that looks like for you. Maybe there is a project you’d love to see come to fruition, or a goal you’d be keen to fulfill. Whatever it is, this year is about taking all of the skills and resources at your disposal and making it happen! A Personal Year 8 will, if you allow it, show you just how powerful you are. So set a goal, make a plan, and see it through! Whatever you want can be achieved with a little tenacity, a lot of effort and ongoing perseverance. It’s all in your hands, literally and figuratively.

**A Personal Year 8 in a Collective Year 4**

How can you get the most from your endeavors this year and see the most success? Adopt the attributes of the Emperor (the primary Archetype of a year 4); confidence, clarity and strength. As long as you’re being diplomatic, true to your vision and venturing forth with authenticity, those around you will be more than willing to support your efforts. Leadership may also be an important theme which means, you may find yourself in that authority seat but it also means being discerning about who you give the reins to.
Simple Ritual

The early bird catches the worm, as they say - set your alarm to get up in time to watch the sunrise.

Prompt

Knowing that I can achieve anything this year with consistency and effort, what is one thing I’d like to accomplish before the year is up? Use a journal or the space below to record your response. You may also wish to draw a card to help work through your response!
Primary Archetype: Strength

8 Years are about making things happen. For this reason, Strength makes for a perfect archetype. It is also a reminder that breaking through barriers, overcoming obstacles or achieving your goals doesn’t need to be a matter of applying brute force. You may find you get ahead further and faster by working with the current rather than against it. This means learning to make allies out of your obstacles, whether they be people or other structures. It may also mean leading with a softer approach. Yes, it is a “power” year - but that doesn't mean you need to power your way through it!

And most of all, understanding how much strength, stamina and fortitude you truly possess is fundamental for getting the most of the year ahead. You have what it takes to ride out the storms, gain the upper hand and reap the rewards you seek. Anything is possible, but nothing will occur without effort and consistency on your part. Understanding your own personal role in achieving everything you want from 2020 is critical. The good news is, you have everything you need to get where you want to go. The bad news is, the only one responsible for those results is you. Spend time getting clear about your focus early in the year and then apply the effort required to make it so. Anything is possible.
Power Cards

Strength isn’t the only pertinent card in the tarot deck to describe a year 8. For each personal year number, the suit cards may also carry a message to relate back to the themes related to your specific year. Below, we’ll explore the 4 - 8s and the insight they hold for 2020.

8 of Wands: There is a lot of energy and momentum depicted in the 8 of Wands, and that is precisely what this year is all about! This card suggests that standing still may not be an option, and opportunities that you could never have foreseen a year ago, suddenly appear with ease. Take stock at what is available and weigh your options thoughtfully. Movement is good - just make sure it’s in the right direction!

8 of Cups: As far as movement goes this year, some of the biggest leaps may not be toward your goals, but away from those things that are no longer working. The 8 of Cups is a reminder that for everything new we seek, we must be willing to also close the door on what doesn’t serve. Examine what is holding you back and make as much effort to cut ties with this as you make to explore what is new and shiny.

8 of Swords: In the 8 of Swords, we typically see an individual bound, eyes blindfolded and surrounded by swords. She appears to be trapped, but one could also interpret this as more a feeling than a physical manifestation. In what ways are you holding yourself back in 2020? You must open your eyes and adjust your expectations because more is possible than you think.

8 of Pentacles: And of course, the 8 of Pentacles is here to remind us that nothing of value occurs without hard work and effort. Especially in a Personal Year 8, you must be willing to put in the time. In 2020, you reap what you sow - make sure you’re nurturing the right garden.
Secondary Archetype: The Star

This can truly be your year to shine. If you’re willing to put in the effort, you can expect that the work you do and the contributions you make will be noticed and will be rewarded. Often, a Personal Year 8 can have a sort of spotlight effect. In this spotlight, if we have something to show, we can use our platform to share it with the world. Think about what you’re working on, what you wish to highlight and how you want to do that. All eyes may be on you in 2020 and so you will want to make good use of that attention. If you can approach this in an authentic and genuine way, you can expect that those listening will be open to your message.

Integrate Your Number Further By...

- Carrying a small pouch with the suggested crystals.
- Paying attention to when your number shows up in sequence or in synchronistic ways.
- Noticing if any of the relevant tarot cards for your number make an appearance in a reading.
- Researching the primary and secondary archetype further, gaining a firm understanding of their aspects, both light and shadow.
Animal Insight

For each personal year, I worked with my partner to provide a collective message as extra insight. To do this, I pulled one card from the Animal Spirit oracle to which Tim (starstreamsoilistic.com) and I translated below. Year 8's, your 2020 animal aid is **Cobra**.

![Animal Spirit Oracle Card]

Anything is possible in a year 8 with a bit of effort and consistency, and with that, Cobra asks that you remain humble in this process. You will achieve more by taking a novice approach and working with the assumption that there is always more to learn. Others may be an incredible source of support and looking for a strong mentor may be worth your consideration. The Cobra is wise enough to know that it doesn’t know it all; so take your time, study intently, ask for help and be open to the invaluable input of those around you.

**Message from Cobra:** “The fool is convinced of his knowledge, but the wise man is well aware of its limits. When I slither into your life, I teach you to accept the unknown and remain cool in the face of challenge. Remember - though there is always more to learn, all the wisdom of the universe lies dormant within, waiting for the right force to awaken it.”
Personal Year 9

Completion / Reflection / Release

“I must let go of the life I’ve planned, so as to accept the one that is waiting for me.” – Kumar Anupam

Primed For: Closing Chapters

Qabalistic Keyword: Teth - Serpent

Cosmic Influence: Pluto

Located Within: Throat

Crystal Companions: Kyanite, Malachite, Blue Topaz

Tarot Cards: The Hermit, The Moon, 9 of Coins, 9 of Swords, 9 of Wands, 9 of Cups

Take a deep breath, because this 9 year cycle is now coming to a close. Those in a 9 year need to spend equal amounts of time reflecting and planning. I often think of these 12 months as a period where decluttering is of utmost importance. This could be quite literal, if you’ve been hanging onto objects that have run their course, but most likely this will entail decluttering the bigger parts of our lives i.e mindsets, relationships, patterns and ways of being in the world.

Because your next personal year (in 2021) will be a year 1, you must be absolutely critical in what you allow to come forward. And unfortunately, not everything is going to make the cut. That toxic relationship? Say goodbye. The habits or mentalities that are bringing you down? Make peace and part ways. I recognize that removing these elements is not a simple as a wave and a walk in another direction. This process of removal will take getting really honest, being really clear, and making some scary decisions.
But gaining this clarity is key - because as you wrap 2020 and embark on 2021, the goal should be to determine what will come with you and continue to grow, and what needs to remain behind. On the other hand, a 9 year is also about wrapping up projects or loose ends so if there is something which has been lingering that you don’t want to see hanging on for the next 9 years, bring it to a close now!

9 years can be heavy, but they can also be deeply satisfying - like a sturdy sign of relief. It may be helpful to liken this year to the energy of moving house. What are you taking with you? What are you donating to charity? And, what are you chucking in the trash? You can only carry so much now - let it be the stuff that will really empower and inspire you forward!

**A Personal Year 9 in a Collective Year 4**

Even though we're wrapping up the end of a cycle, a collective year 4 still places emphasis on foundation. For this reason, it wouldn't be a bad idea to already start thinking about how you'd like your next journey around the numbers to look. With all that releasing, there may still be opportunities to find things you'd like to grow. And remember, you're in charge of this process. The Emperor (the archetype for a year 4) sits firmly on their throne and in their own knowing. While being mindful of the crowd has its place, ultimately you are the one driving this ship and closing this particular chapter. Trust your process.
Simple Ritual

Decide on one small thing or habit which you tend to do daily and remove it from your practice. It doesn’t matter what it is, as long as it serves some benefit (even minor) and is simple enough that you will be successful.

Prompt

If I could release one thing before the year wraps, what would it be and why am I choosing to release it? Use a journal or the space below to record your response. You may also wish to draw a card to help work through your response!
Tarot Cards

Primary Archetype: The Hermit

9 years are all about getting really clear about what is going to make the cut as you embark on a new cycle. And, The Hermit is a reminder that all the answers we have regarding this process of refinement, will ultimately come from within. A 9 year means getting in touch with your personal truths and and being okay with saying “this isn’t working for me”. While a Personal Year 9 isn’t a totally introverted one, The Hermit is still an excellent archetype because it implies that you need nothing but your own inner knowing to navigate the next 12 months.

It is also a reminder that these journeys that we’re on, through our 9 year cycle and otherwise, are ours and ours alone. While input from others can be appreciated, it shouldn’t be the final word. Only you can say what the focus should be, where you are headed, how you’re going to get there and what will be allowed to share space as you make that transition.

Trust yourself above all else. You have been with yourself every step of the way thus far, so it should go without saying that you have more clarity about this ride than anyone else. Lean on that when things get challenging or unclear. Whether the answer is immediately available to you or you need to do a bit more digging, you know. You know what needs to stay behind, you know what needs to come forward and you know the best way to make that happen.
Power Cards

The Hermit isn’t the only pertinent card in the tarot deck to describe a Year 9. For each personal year number, the suit cards may also carry a message to relate back to the themes related to your specific year. Below, we’ll explore the 4 - 9s and the insight they hold for 2020.

9 of Wands: The 9 of Wands typically features an individual who clings to a single wand, seemingly for dear life, while a stack of 8 stand behind them. This begs the question, what are you holding onto despite the fact that it may not be serving you in the way it should? The 9 of Wands says let go! If it’s meant for you, it will be yours, no clinging required.

9 of Cups: The 9 of Cups is a reminder that through the process of all this reflection and refinement, there must also be room for fun. In addition, there is a sense here that the wishes you make in a 9 year, have the ability to take shape during your next 9 year cycle. So, dream big!

9 of Swords: What is keeping you up at night? What is a source of anxiety and fear? It’s time to examine the mentalities that are causing strife internally and seek resolution. Lean on your inner knowing and a strong support system to help bring whatever issues are bubbling below the surface to light.

9 of Pentacles: Similar to the Hermit, the 9 of Pentacles is a reminder that while we may have companionship as we travel, ultimately this journey is ours. You may find that you are needing to trust, more and more, your own instincts above anyone else’s. Focus on you, your growth, your independence and what it means to live an abundant and fulfilling life by your own standards.
Secondary Archetype: The Moon

An exploration of what lives below the surface may be on the menu for your Personal Year 9, and part of this may be getting to know your own shadows. Because we need to be diligent about what comes forward and what stays behind, this will also be relevant where mentalities, beliefs and self-speak are concerned. We all have shadows; parts of ourselves that we may not understand or even like, but part of working through these aspects is not necessarily about ridding of them altogether. The most important thing you can do with the darker parts is to simply seek to know them and understand their motivation. Letting them manifest without this awareness is where things can get sticky. Spend time getting to know the parts of yourself that confuse or even scare you. As you move into your new cycle, the shadows may still exist, but they won’t be able to run the show. Like the 9 of Swords, we need to bring some of this to light in 2020 so that we can enter 2021 with a greater sense of peace.

Integrate Your Number Further By...

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★ Researching the primary and secondary archetype further, gaining a firm understanding of their aspects, both light and shadow.
Animal Insight

For each personal year, I worked with my partner to provide a collective message as extra insight. To do this, I pulled one card from the Animal Spirit oracle to which Tim (starstreamsooulistic.com) and I translated below. Year 9’s, your 2020 animal aid is Bat.

I couldn’t think of a better animal aid for a year 9 than Bat, as it truly is a master of moving on. Reflection is a deeply personal and sometimes confusing process, but Bat is all about finding clarity in the dark. This particular energy wastes no time on those things which have run their course and it asks you to do the same. Much in the way that the dark moon closes us out of one cycle, so too does Bat help us end chapters to open new doors. Have enough faith in yourself to turn your back to these things that have served their time, and then face forward boldly to the future which awaits.

Message from Bat: “Most think of the sixth sense as the ability to peer into the world of the unseen, but I teach the ability to look deep within. After all, our perception is but a translation of the information we take in through our senses. The truth isn’t something to be found out there - it can only be discovered within.”  

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A Tarot/Oracle Spread

Now that you've had a chance to get acquainted with your place in the 9 year cycle as well as the energies of the collective, you may want to explore further with the spread below. **Tip:** Note any instance where your year’s cards showed up!

1. In what way(s) will my personal year number impact me specifically in 2020?

2. How can I use the energy available to my greatest benefit?

3. In what way(s) will I be challenged this year?

4. How can I best navigate this?

5. Ultimately, what is it I have to look forward to over the course of this new year?
Conclusion

I believe in both destiny and will, so I hope this guidebook has provided you equal parts insight and encouragement. Understanding a particular climate is just one small piece of an enormous puzzle. Your Personal Year Number is meant to provide you with some general guidance and a place to reflect, but what you do with that information and how you proceed is always up to you.

I hope you’ve enjoyed reading about your personal year and the collective. This new year - new decade even, is a clean slate, a fresh start and most importantly - yours. How will you make the most of it?

Wishing you all the best in 2020 and beyond!

With love,
Julia

For personalized insight, find available services @ spiralseatarot.com/services
Connect on Instagram @ spiralseatarot
Or via email @ spiralseatarot@gmail.com