



**RECOGNIZE TO RECOVER**

Presented By THORNE

# CONCUSSION TESTING & MANAGEMENT PROCESS

## **1 BASELINE ALL ATHLETES DURING FIRST NATIONAL TEAM CAMP**

- [impacttestonline.com/customercenter](http://impacttestonline.com/customercenter)

## **2 EDUCATE SELF ON U.S. SOCCER CONCUSSION PROTOCOLS**

## **3 EMERGENCY ASSESSMENT OF ATHLETE**

## **4 STABILIZE ATHLETE**

## **5 TRANSPORT ATHLETE (IF NEEDED)**

- Ambulance
- Car

## **6 EVALUATE ATHLETE FOR CONCUSSION**

- On Field — Immediately remove athlete from participation if concussion is suspected

## **7 CONTACT PARENTS**

## **8 CONTACT U.S. SOCCER MEDICAL STAFF BY EMAIL**

- Hughie O'Malley
- Anton Rill
- Dr Ruben Echemendia

## **9 TRAINING ROOM EVALUATION**

- SCAT3 Form

## **10 GRADED RETURN TO PLAY**

- Step 1

## **11 IMPACT CONCUSSION POST INJURY TEST (AFTER SYMPTOM FREE FOR 24 - 48 HOURS)**

## **12 CONSULT NEUROPSYCHOLOGIST AND PHYSICIAN**

## **13 IF NEUROPSYCH EVAL IS BACK TO BASELINE**

## **14 GRADED RETURN TO PLAY**

- Steps 2 - 4

## **15 CONSULT PHYSICIAN**

## **16 GRADED RETURN TO PLAY**

- Steps 5 - 7

## **17 CONSULT PHYSICIAN**

## **18 RETURN TO PLAY**