Advocating for humane policies for families affected by substance use

Model flowchart for a CAPTA compliant notification.

1. CAPTA states: “affected by substance abuse or withdrawal symptoms resulting from prenatal drug exposure or a Fetal Alcohol Spectrum Disorder.”
2. A positive drug test at birth alone is not evidence of existing or future abuse or maltreatment. Such evidence would include violence toward the infant, or unwillingness to meet infants’ basic needs.
3. Mandatory reporter requirements can conflict with ethical guidelines: reporters should limit the information to the minimum required, can include positive information, and should safeguard patient confidentiality.
4. May include: regular use of alcohol, tobacco, cocaine, PCP, marijuana, methamphetamines, benzodiazepines, irregular use of alcohol, tobacco, cocaine, PCP, marijuana, methamphetamines, benzodiazepines, misuse of prescribed OTC medication, use as directed of OTC medications, misuse of non-prescribed medications, use of prescribed medications including buprenorphine or methadone.
5. Plan of Safe Care can be a standard discharge instruction for newborns, and must be voluntary. It is not a “safety plan” from child protective services. Tracking yes/no is adequate.
6. We recommend that notifications be made to a different person, phone number or online system than Reports of Abuse.

Collect Non Identifying Data:
Zipcode of newborn’s residence
Birth parent’s Age
Parents’ Race
Parents’ Ethnicity
Newborn’s Race
Newborn’s Ethnicity
How affected

Collect answers:
Was the family offered information or resources related to substance use?
Was the family offered support or resources related to housing or child care or food?
Was the family offered discharge information about newborn safety?
Did the family use any services offered?
Does the family have a Plan of Safe Care?

---

1. Infant is identified as being affected
2. Aside from being affected is there evidence that the infant is also abused or maltreated?
3. Yes
4. No or unsure
5. Prepare a CAPTA notification
6. Make CAPTA notification

Follow the mandatory reporter requirements.