



OAHPERD 2016-2017

Sarah (Headrick) Dill

Sarah Dill is a graduate from the University of Central Oklahoma. Teaching physical education and health to her PreK-4th grade students is her absolute passion. Sarah was most recently named the 2016-2017 Deer Creek Elementary Teacher of the Year! She loves finding new ways to engage her students and fellow teachers to get them excited about being active. Sarah also believes that it is very important to practice what you preach so she is constantly active with her student as well trying to set an example of how to be active in her everyday life. She also teaches the students about how we need to fuel our bodies when we are active, she puts on an afterschool sports club two days a week where students not only learn how and what we should be eating but also ways to be active and healthy throughout our entire lives. Sarah has been a part of OAHPERD for the last 6 years which includes her time as a member in college. She currently is the head of her schools Safe School/Health and Wellness Committee. In her spare time she loves to run various ½ marathons, mud runs, traveling, and anything that has to do with the outdoors.