



OAHPERD 2016-2017

Suzanne Cyrus, JRHFH Coordinator

Suzanne teaches 1st & 2nd grade Physical Education at Jenks West Elementary and serves her district as a Health and Wellness Facilitator. She earned her BS in HPER from the University of Arkansas and then began her Master's Degree at the University of Oklahoma in Therapeutic Recreation. She served as a YWCA Program Director and then as a social worker before beginning her teaching career in 1985. She was a classroom teacher and taught all elementary grade levels from 1st-5th, until 1999 when she was **promoted** to a Physical Educator. She completed requirements for and achieved her National Board Certification in 2005 in Early/Middle Childhood Physical Education. She has been the Jump Rope for Heart Coordinator for Jenks West Elementary the last 15 years and has raised over **\$239,000** for the American Heart Association. She is a member of OAHPERD, serving on the Council for the past 3 years, and a member of SHAPE America.

Over the past five years she's introduced the concept of Action Based Learning Physical Education classes and labs, to increase student learning, in her district at both the elementary and secondary levels. Students in these programs have shown increased academic scores, increased attendance rates, and decreased discipline referrals. She is an Action Based Learning Certified Trainer and has presented numerous presentations at the local, state, and national levels.

Suzanne serves as a Physical Activity Specialist with the Tulsa County Wellness Partnership and is a member of the Governor's Council on Physical Fitness and Sports. She is a Tulsa Model Trainer for Teacher Leader Effectiveness (TLE) and an Oklahoma School Health Index Trainer for the CDC. She serves on the State Department of Education's TLE Working Group #2 for Teachers of Non-Tested Grades and Subjects making final Student Academic Growth recommendations to the TLE Commission. Suzanne has been a Harwelden Arts Institute Teacher for the past 14 years.

Suzanne is married to Mark, who recently retired from public education after 34 years as a teacher, coach, and administrator. She enjoys spending time with her 3 children and her daughter-in-law as well as cooking, reading, snow skiing, 4-wheeling, and gardening.